

**"Lord I Call..." – Tone 1**

Reader: In the First Tone, Lord, I call upon You, hear me!

Lord, I call upon You, hear me!

Hear me, O Lord!

Lord, I call upon You, hear me!

Receive the voice of my prayer,

when I call upon You!//

Hear me, O Lord!

Let my prayer arise

in Your sight as incense,

and let the lifting up of my hands

be an evening sacrifice!//

Hear me, O Lord!

Lord, I call upon You, hear me. Hear me, O Lord.

Lord, I call upon You hear me. Re-ceive the voice of my prayer

when I call u-pon You. Hear me, O Lord! Let my prayer a-rise

in Your sight as in - cense, and let the lifting up of my hands

be an eve - ning sac - ri - fice. Hear me, O Lord.

Reader: (Reads text from service book)

v. (10) Bring my soul out of prison, that I may give thanks to Your Name!

**Tone 1***Idiomelon**(from the Lenten Triodion)*

Let us keep a spiritual fast, O brothers!  
 Let us speak no lies or deceit with our tongue!  
 Let us not give each other cause for stumbling,  
 but by repentance let the lamp of our soul shine brightly!!  
 Forgive us our sins in Your love for mankind!

Let us keep a spiritual fast, O brethren!

Let us speak no lies or deceit with our tongue!

Let us not give each other cause for stumbling,

but by repentance let the lamp of our soul shine brightly!

Forgive us our sins in Your love for mankind!

*v. (9) The righteous will surround me; for You will deal bountifully with me.*

Let us keep a spiritual fast, O brothers!  
 Let us speak no lies or deceit with our tongue!  
 Let us not give each other cause for stumbling,  
 but by repentance let the lamp of our soul shine brightly!!  
 Forgive us our sins in Your love for mankind!

Let us keep a spiritual fast, O brethren!

Let us speak no lies or de - ceit with our tongue!

Let us not give each other cause for stum - bling,

but by repentance let the lamp of our soul shine bright - ly!

Forgive us our sins in Your love for man - kind!

*v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!*

**Tone 1** *(to the Martyrs)*

O Martyrs, truly worthy of praise,  
 although you were dishonored on earth,  
 the heavens received you.

The gates of Paradise opened to you,  
 and now you enjoy the Tree of Life!!

Entreat Christ to grant us peace and His great mercy!

O Mar - tyrs, tru - ly wor - thy of praise, although you

were dis - hon - ored on earth, the heav - ens re - ceived you.

The gates of Par - a - dise o - pened to you,  
and now ye enjoy the Tree of Life.  
Entreat Christ to grant us peace and His great mer - cy!

*v. (7) In the Third Tone, Let Your ears be attentive to the voice of my supplications!*

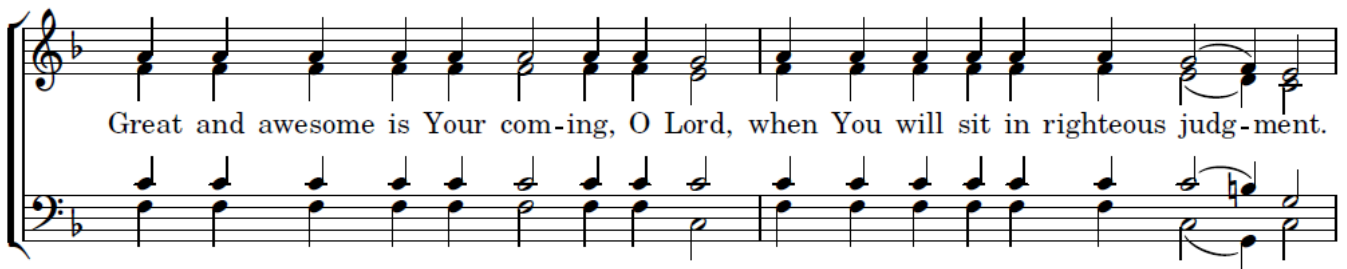
**Tone 3** *(from the Lenten Triodion, by Joseph (Great is the power of Your Cross))*

Through the prayers of Your divine Apostles, O Lord,  
grant us to spend this time of fasting with compunction of heart,  
that being saved we may glorify You, O compassionate One!

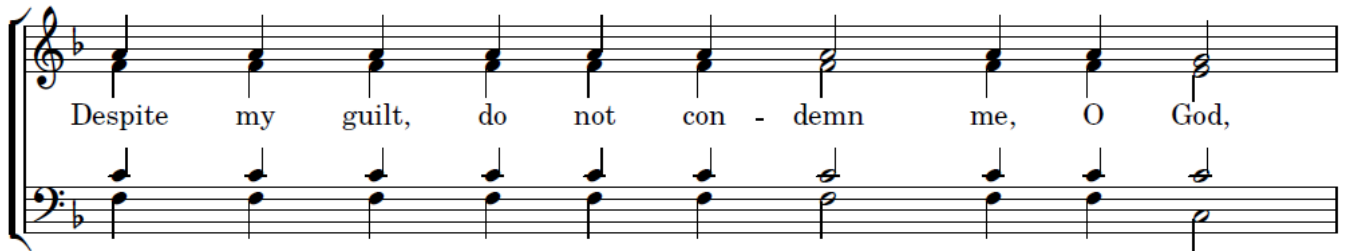
Through the prayers of Your divine A - pos - tles, O Lord,  
grant us to spend this time of fasting with com - punc - tion of heart,  
that being saved we may glorify You, O com - pas - sion - ate One!

*v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.*

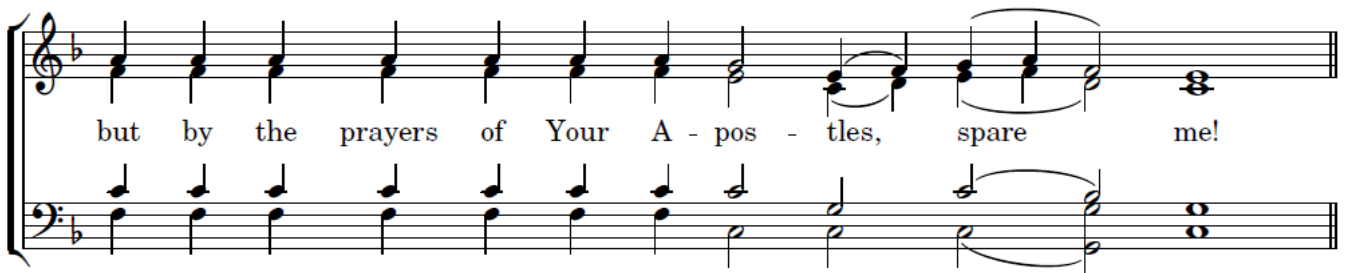
Great and awesome is Your coming, O Lord,  
when You will sit in righteous judgment.  
Despite my guilt, do not condemn me, O God,  
but by the prayers of Your Apostles, spare me!



Great and awesome is Your com-ing, O Lord, when You will sit in righteous judg-ment.



Despite my guilt, do not con - demn me, O God,



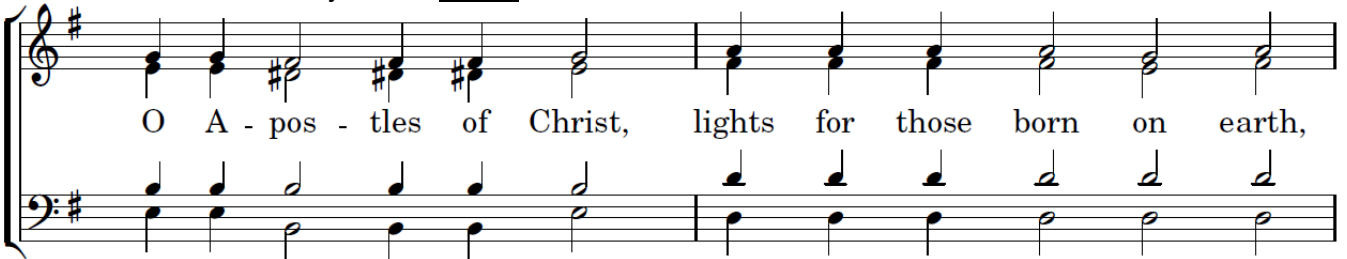
but by the prayers of Your A - pos - tles, spare me!

v. (5) *In the Sixth Tone, For Your Name's sake I wait for You, O Lord. My soul has waited for Your word; my soul has hoped on the Lord.*

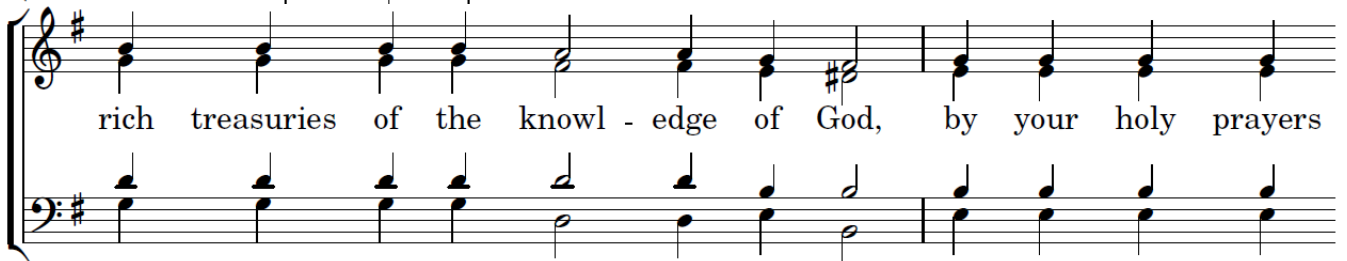
**Tone 6** *(from the Lenten Triodion, by Theodore)*

*(Having placed all their hope)*

O Apostles of Christ,  
 lights for those born on earth,  
 rich treasures of the knowledge of God,  
 by your holy prayers deliver from temptations us, who praise you!  
 Guide us safely through the course of the Fast!  
 Keep our lives in peace,  
 so that we may reach Christ's passion unharmed//  
 and with boldness offer hymns of praise to our God!



O A - pos - tles of Christ, lights for those born on earth,



rich treasures of the knowl - edge of God, by your holy prayers

deliver from temptations us who praise you. Guide us safely  
 through the course of the Fast, and keep our lives in peace,  
 so that we may reach Christ's Pas - sion un - harmed  
 and with boldness offer hymns of praise to our God.

*v. (4) In the First Tone, From the morning watch until night, from the morning watch, let Israel hope on the Lord!*

**Tone 1** *(from the Menaion, for St. Nicephorus)* *(Joy of the Heavenly Hosts)*

The streams of your wisdom were drawn from the spiritual clouds,  
 pouring forth a fountain of Orthodoxy upon the world.  
 We the faithful draw forth the sweetness from them,  
 and we turn from the outpourings of heresy//  
 as from the bitter waters of Marah.

Soprano  
 Alto

The streams of your wisdom were drawn from the spir - it - ual clouds,

Tenor  
 Bass

pouring forth a fountain of Orthodoxy up - on the world. We the

faith - ful draw forth the sweet - ness from them, and we turn from

the out-pour - ings of her - e - sy // as from the bitter waters of

Ma - rah.

*v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.*

The streams of your wisdom were drawn from the spiritual clouds,  
 pouring forth a fountain of Orthodoxy upon the world.  
 We the faithful draw forth the sweetness from them,  
 and we turn from the outpourings of heresy//  
 as from the bitter waters of Marah.

Soprano  
Alto

Tenor  
Bass

The streams of your wisdom were drawn from the spir - it - ual clouds,

pouring forth a fountain of Orthodoxy up - on the world. We the

faith - ful draw forth the sweet - ness from them, and we turn from

the out-pour - ings of her - e - sy // as from the bitter waters of

Ma - rah.

*v. (2) Praise the Lord, all nations! Praise Him, all peoples!*

As your most pure body lay in the tomb,  
 it did not decay in any way.  
 It was found to be whole, O most blessed Nicephorus.  
 We bear it forth with zeal.  
 We rejoice, fed by the Orthodox faith, //  
 and we bless you, O divinely-wise one!

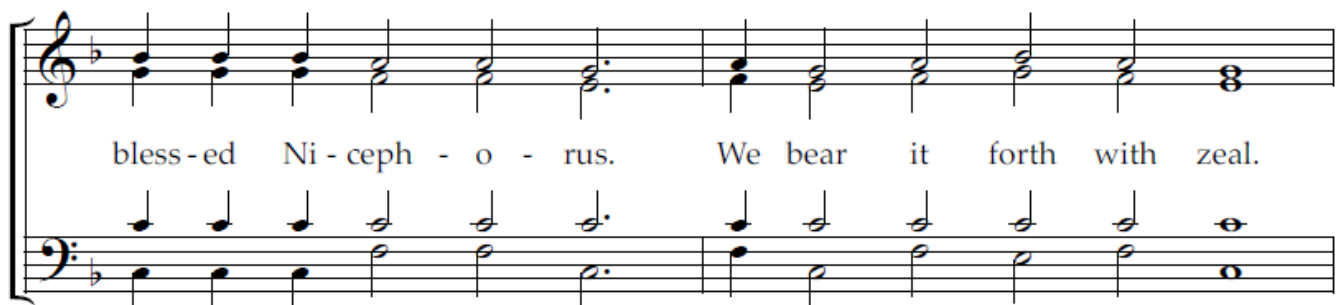
Soprano  
Alto

Tenor  
Bass

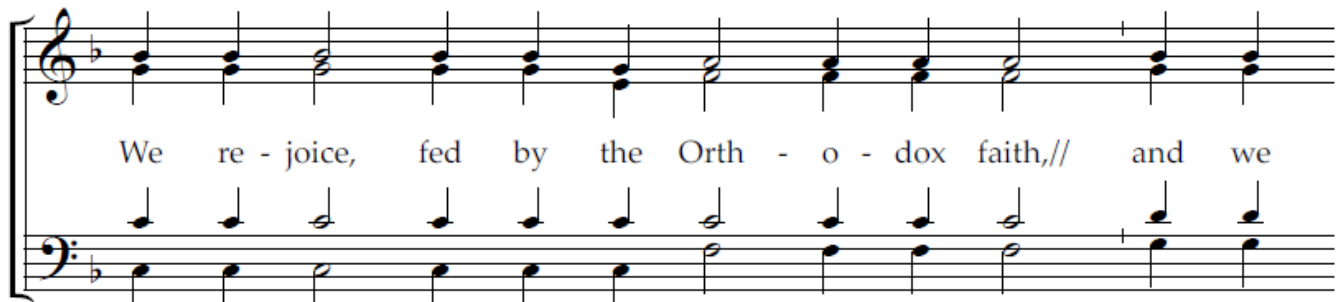
As your most pure bod - y lay in the tomb, it did not

de - cay in a - ny way. It was found to be whole, O most

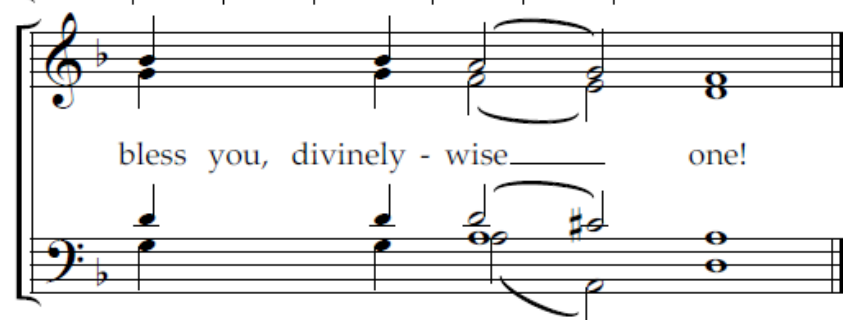




bless - ed Ni - ceph - o - rus. We bear it forth with zeal.



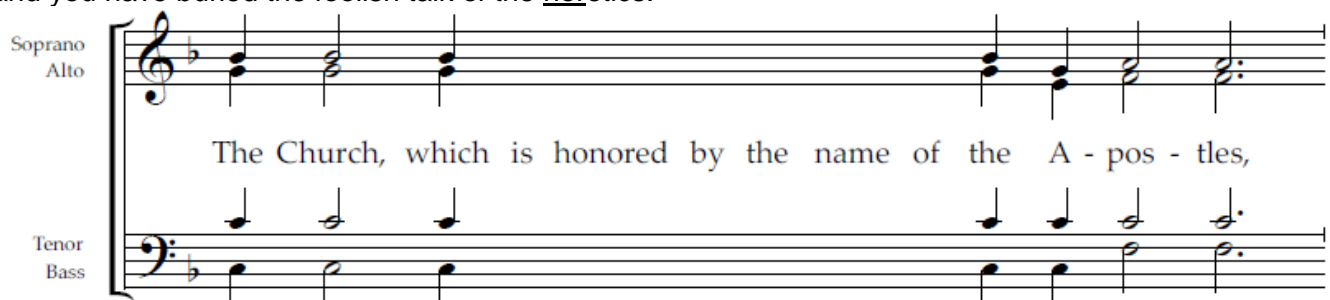
We re - joice, fed by the Orth - o - dox faith, // and we



bless you, divinely - wise one!

*v. (1) For His mercy is confirmed on us, and the truth of the Lord endures forever.*

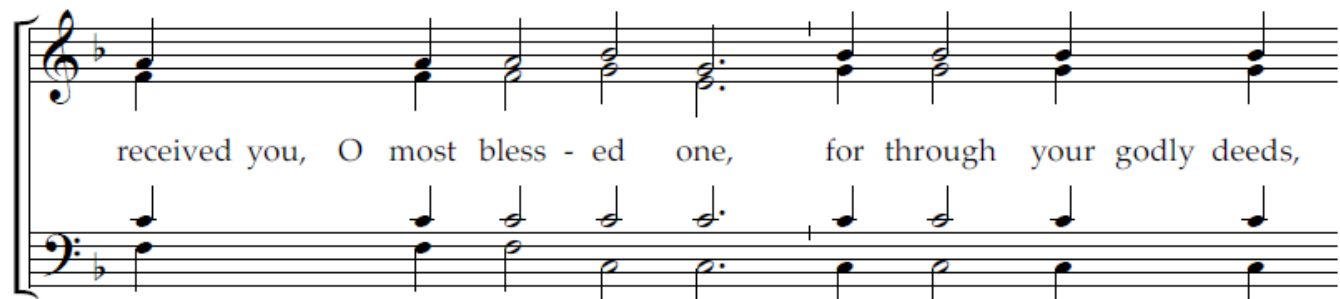
The Church which is honored by the name of the Apostles  
 received you, O most blessed one,  
 for through your godly deeds, you became a temple of God.  
 After your burial you are again buried in a holy manner, //  
 and you have buried the foolish talk of the heretics.



Soprano  
Alto

Tenor  
Bass

The Church, which is honored by the name of the A - pos - tles,



received you, O most bless - ed one, for through your godly deeds,

you became a tem - ple of God. After your burial you are again  
 buried in a ho - ly man - ner, and you have buried the  
 foolish talk of the her - e - tics.

*In the Same Tone, Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.*

**Tone 1** *(Theotokion)*

Tossed on a sea of transgressions,  
 I flee for refuge to the calm harbor of your supplications,  
 and cry out to you, O most pure Theotokos:  
 "Extend your strong right hand to your servant,//  
 and save me, O all-blameless Lady!"

Tossed on a sea of trans - gres - sions,  
 I flee for refuge to the calm harbor of your sup - pli - ca - tions,

and cry out to you, O most pure The - o - to - kos:

"Extend your strong right hand to your s>er-vant, and save me, O all-blameless La - dy!"

*Priest:* Wisdom! Let us attend!  
*Choir:* O Gladsome Light ...

**Tone 6 Prokeimenon**

*Deacon:* Let us attend! *Priest:* † Peace to all!

***Reader:* And to your spirit.**

*Deacon:* Wisdom!

***Reader:* The Prokeimenon is in the 6<sup>th</sup> Tone. Be glad in the Lord, and rejoice, O you righteous!**

*Choir:* Be glad in the Lord, and rejoice, O you righteous!

Be glad in the Lord, and re - joice, O You right - - - eous.

***Reader:* Blessed is he whose transgression is forgiven.**

*Choir:* Be glad in the Lord, and rejoice, O you righteous!

Be glad in the Lord, and re - joice, O You right - - - eous.

***Reader:* Be glad in the Lord, ...**

Choir: ... and rejoice, O you righteous!



Deacon: Wisdom!

**Reader: The reading from the First Book of Moses called Genesis (4:16-26)**

Deacon: Let us attend!

### ***The Holy Doors are closed.***

**Reader:** Cain went away from the presence of the LORD and settled in the land of Nod, east of Eden. Cain knew his wife, and she conceived and bore Enoch. When he built a city, he called the name of the city after the name of his son, Enoch. To Enoch was born Irad, and Irad fathered Mehujael, and Mehujael fathered Methushael, and Methushael fathered Lamech. And Lamech took two wives. The name of the one was Adah, and the name of the other Zillah. Adah bore Jabal; he was the father of those who dwell in tents and have livestock. His brother's name was Jubal; he was the father of all those who play the lyre and pipe. Zillah also bore Tubal-cain; he was the forger of all instruments of bronze and iron. The sister of Tubal-cain was Naamah. Lamech said to his wives: "Adah and Zillah, hear my voice; you wives of Lamech, listen to what I say: I have killed a man for wounding me, a young man for striking me. If Cain's revenge is sevenfold, then Lamech's is seventy-sevenfold." And Adam knew his wife again, and she bore a son and called his name Seth, for she said, "God has appointed for me another offspring instead of Abel, for Cain killed him." To Seth also a son was born, and he called his name Enosh. At that time people began to call upon the name of the LORD.

### ***Holy Doors are opened.***

---

**Tone 1**

**Prokeimenon**

Deacon: Wisdom!

**Reader: The Prokeimenon is in the 1<sup>st</sup> Tone. Let Your mercy, O Lord, be upon us, as we have set our hope on You!**

Choir: Let Your mercy, O Lord, be upon us, as we have set our hope on You, as we have set our hope on You!

Let Your mercy, O Lord, be up-on us as we have set our hope on You.

as we have set our hope on You.

**Reader: Rejoice in the Lord, O you righteous!**

*Choir:* Let Your mercy, O Lord, be upon us, as we have set our hope on You, as we have set our hope on You!

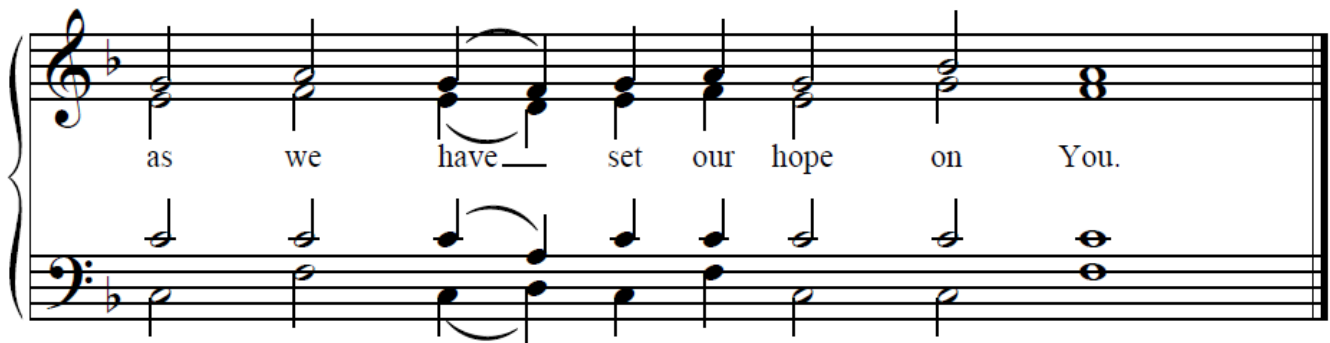
Let Your mercy, O Lord, be up-on us as we have set our hope on You.

as we have set our hope on You.

**Reader: Let Your mercy, O Lord, be upon us, ...**

*Choir:* ... as we have set our hope on You, as we have set our hope on You!

as we have set our hope on You.



**Deacon: Command!**

**Priest, with a lit candle:** Wisdom! Let us attend! The Light of Christ illumines all. **(All prostrate)**

**Reader:** The reading from the Proverbs of Solomon (5:15-6:3)

**Deacon:** Let us attend!

### ***The Holy Doors are closed.***

**Reader:** My son, drink water from your own cistern, flowing water from your own well. Should your springs be scattered abroad, streams of water in the streets? Let them be for yourself alone, and not for strangers with you. Let your fountain be blessed, and rejoice in the wife of your youth, a lovely deer, a graceful doe. Let her breasts fill you at all times with delight; be intoxicated always in her love. Why should you be intoxicated, my son, with a forbidden woman and embrace the bosom of an adulteress? For a man's ways are before the eyes of the LORD, and he ponders all his paths. The iniquities of the wicked ensnare him, and he is held fast in the cords of his sin. He dies for lack of discipline, and because of his great folly he is led astray. My son, if you have put up security for your neighbor, have given your pledge for a stranger, if you are snared in the words of your mouth, caught in the words of your mouth, then do this, my son, and save yourself, for you have come into the hand of your neighbor: go, hasten, and plead urgently with your neighbor.

### ***Holy Doors are opened.***

**Priest (Quietly):** † Peace to you who read.

**Deacon:** Wisdom!

**(Psalm 140 "Let my prayer arise ...")**

**(and the rest of the Liturgy of the Presanctified Gifts)**