"Lord I Call..." - Tone 1

Reader: In the First Tone, Lord, I call upon You, hear me!

Lord, I call upon You, hear me!

Let my prayer arise
in Your sight as incense,

Lord, I call upon You, hear me! and let the lifting up of my hands be an evening sacrifice!//



Reader: (Reads text from service book)

- v. (10) Bring my soul out of prison, that I may give thanks to Your name!
- v. (9) The righteous will surround me; for You will deal bountifully with me.
- v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!
- v. (7) Let Your ears be attentive to the voice of my supplications!
- v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.

Glorious apostles of Christ,

Divinely inspired disciples,

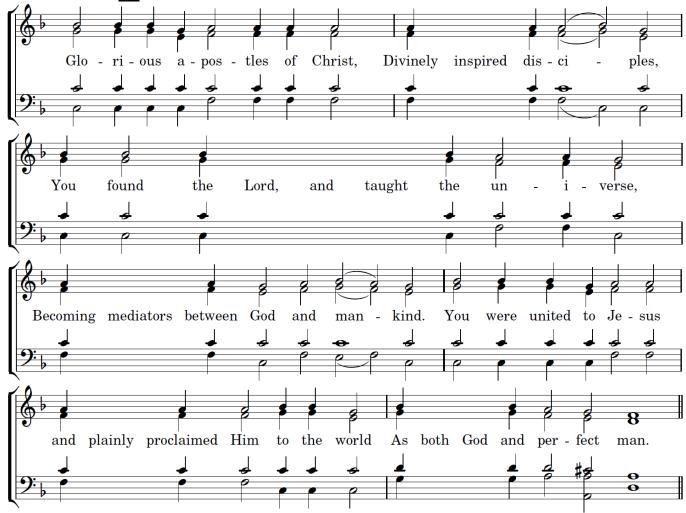
You found the Lord, and taught the universe,

Becoming mediators between God and mankind.

You were united to Jesus

and plainly proclaimed Him to the world//

As both God and perfect man.



v. (5) For Your name's sake I have waited for You, O Lord, my soul has waited for Your word; my soul has hoped on the Lord.

Most wise apostles of Christ,

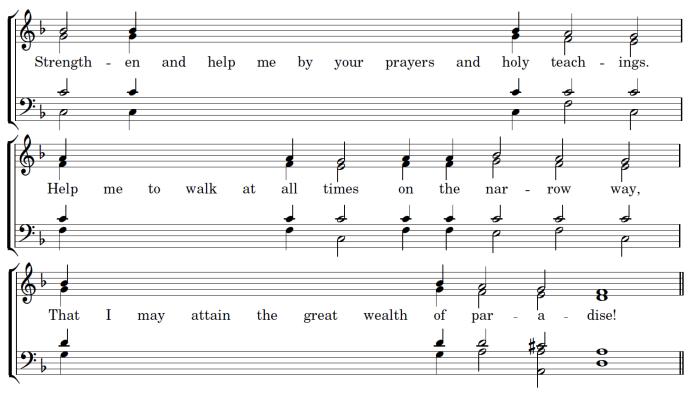
Divinely inspired disciples who taught the <u>universe</u>:

Strengthen and help me by your prayers and holy teachings.

Help me to walk at all times on the narrow way,//

That I may attain the great wealth of paradise!





v. (4) From the morning watch until night, from the morning watch, let Israel hope on the Lord!

I shall extol the company chosen by God:

Peter, the first apostle,

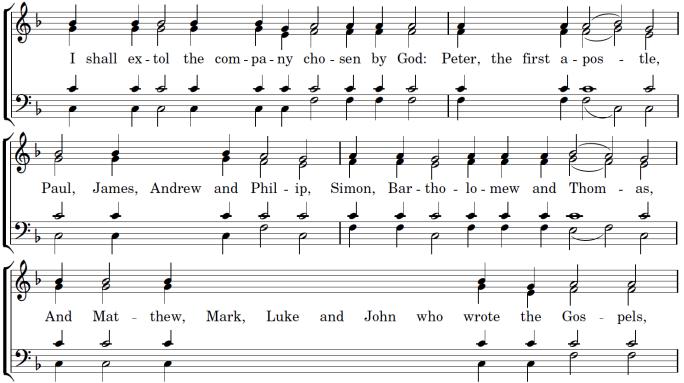
Paul, James, Andrew and Philip,

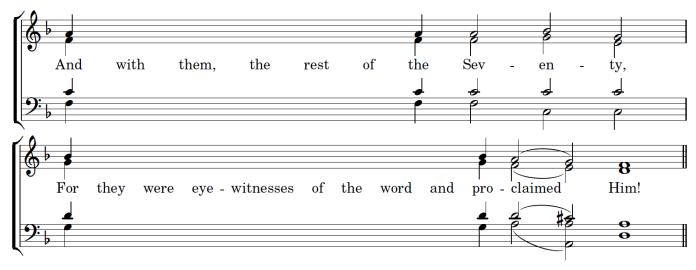
Simon, Bartholomew and Thomas,

And Matthew, Mark, Luke and John who wrote the Gospels,

And with them, the rest of the Seventy,//

For they were eye-witnesses of the word and pro<u>claim</u>ed Him!





v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

Tone 1 (from the Menaion, for St. Ambrose) (Joy of the Heavenly Hosts)

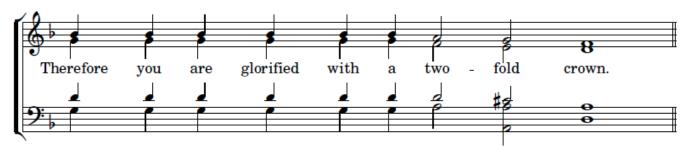
Adorned with virtue, O faithful steward,

you wisely governed both the city and the Church.

The faithful of Milan, inspired by the Holy Spirit,

chose you, their earthly judge, to be their shepherd.//





v. (2) Praise the Lord, all nations! Praise Him, all peoples!

You <u>cleansed</u> your soul and body, O Ambrose, <u>wise</u> in God,

by abstinence and endurance,

by countless vigils and ardent prayers.

Thus, you became a chosen vessel for Christ God,//

equal to the Apostles, with whose gifts you were endowed.



v. (1) For His mercy is confirmed on us, and the truth of the Lord endures forever.

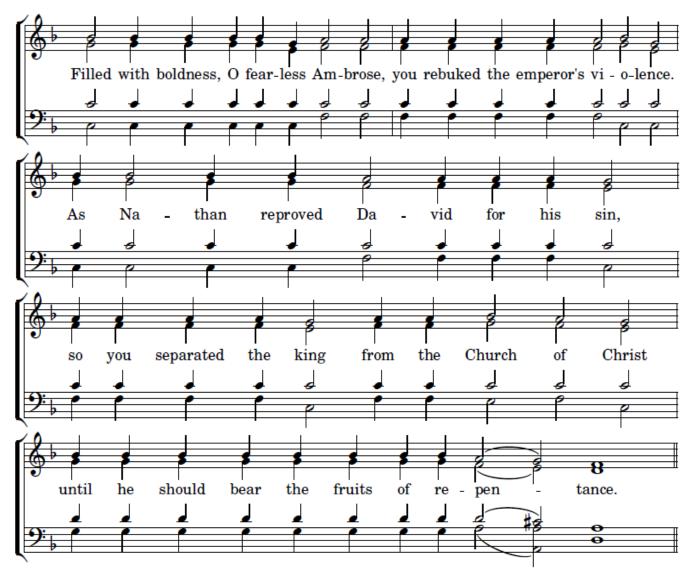
Filled with boldness, O fearless Ambrose,

you rebuked the emperor's violence.

As Nathan reproved David for his sin,

so did you separate the king from the Church of Christ//

until he should bear the fruits of repentance.



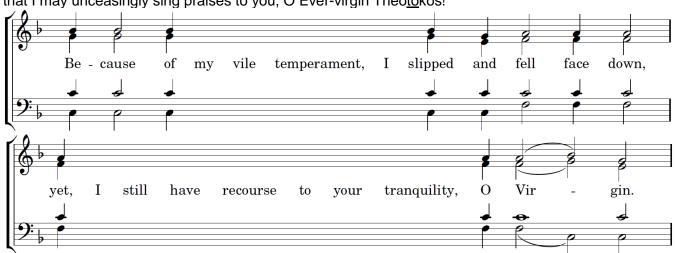
Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.

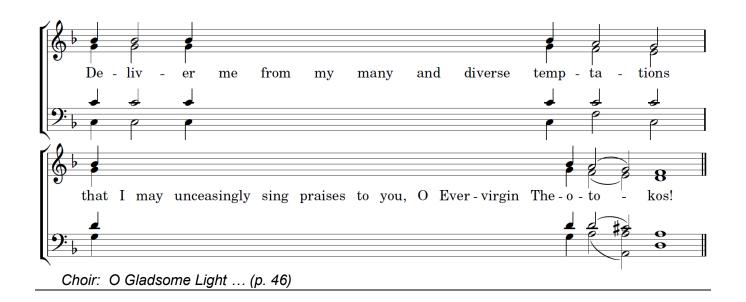
Tone 1 (Theotokion)

Be<u>cause</u> of my vile temperament, I slipped and <u>fell</u> face down, yet, I still have recourse to your tranquility, O Virgin.

Deliver me from my many and diverse temptations//

that I may unceasingly sing praises to you, O Ever-virgin Theotokos!





Aposticha – Tone 1

(Stikhera to the apostles)

Lyre of the apostles,

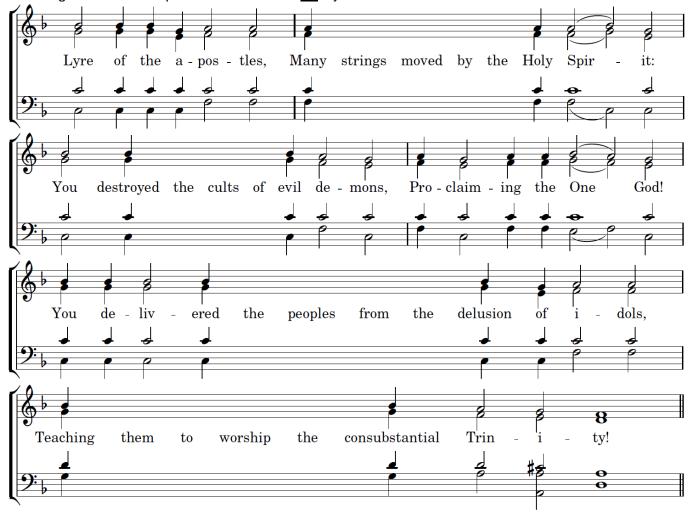
Many strings moved by the Holy Spirit:

You destroyed the cults of evil demons,

Proclaiming the One God!

You delivered the peoples from the delusion of idols,//

Teaching them to worship the consubstantial Trinity!



v. I lift up my eyes to You, enthroned in the heavens! Behold, as the eyes of servants look to the hand of their master, as the eyes of a maid to the hand of her mistress, so our eyes look to the Lord our God, till He has mercy on us.

Let us worthily praise with one accord

Peter and Paul,

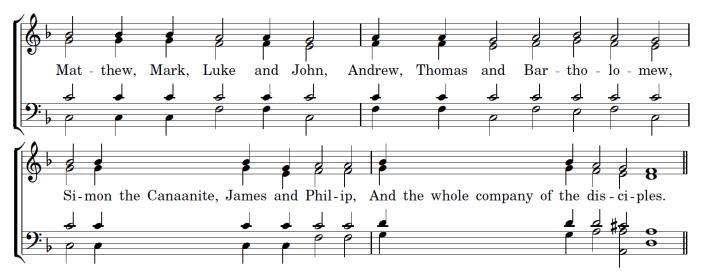
Matthew, Mark, Luke and John,

Andrew, Thomas and Bartholomew,

Simon the Canaanite, James and Philip,//

And the whole company of the disciples.





v. Have mercy on us, Lord, have mercy on us, for we have had our fill of contempt, our soul has been filled to overflowing. Let reproach be for the prosperous, and contempt of the proud.

(To the martyrs)

Martyrs, worthy of praise,

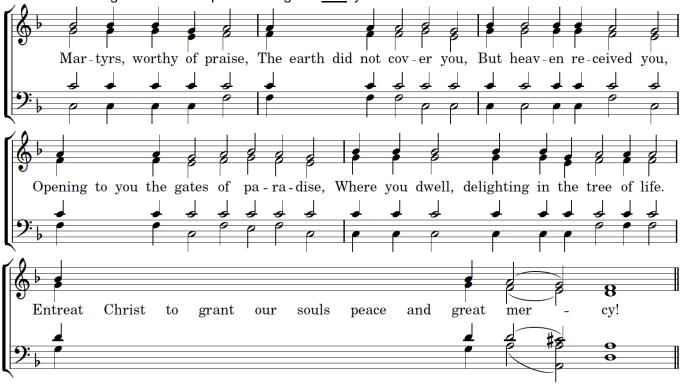
The earth did not cover you,

But heaven received you,

Opening to you the gates of paradise,

Where you <u>dwell</u>, delighting in the <u>tree</u> of life.//

Entreat Christ to grant our souls peace and great mercy!

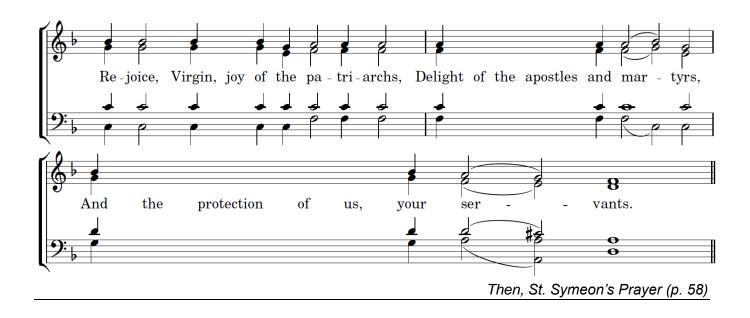


(Theotokion)

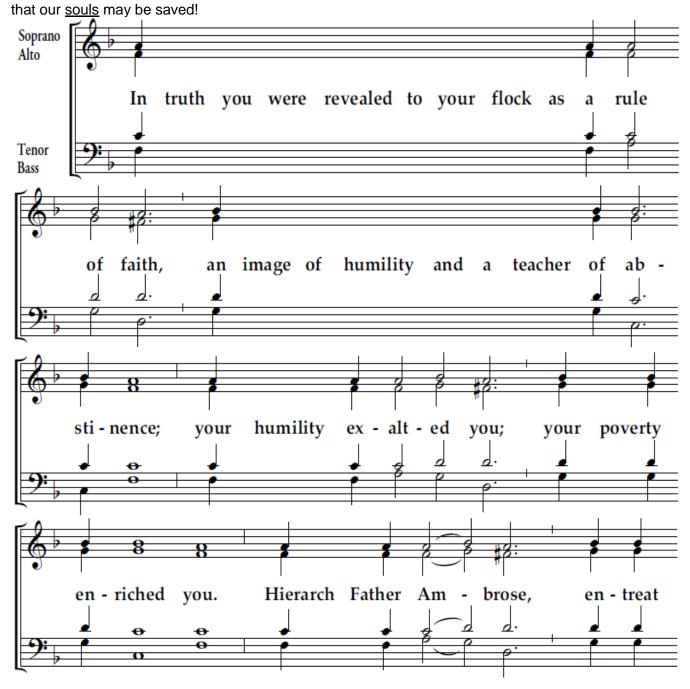
Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

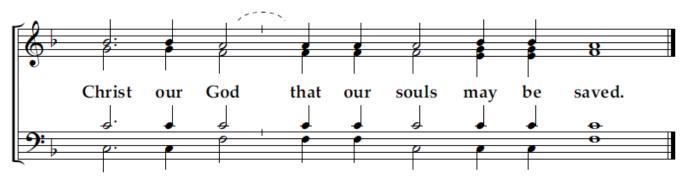
Rejoice, Virgin, joy of the <u>patriarchs</u>, Delight of the apostles and <u>martyrs</u>,//

And the protection of us, your servants.



(Troparion for St. Ambrose – Tone 4)
In truth you were revealed to your flock as a <u>rule</u> of faith, an image of humility and a teacher of <u>ab</u>stinence; your humility ex<u>al</u>ted you; and your poverty en<u>riched</u> you.
O Hierarch Father <u>Am</u>brose, entreat <u>Christ</u> our God//





Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Tone 4

Dismissal Theotokion

The Word of the Father,

Even Christ our God,

Was truly incarnate of you, Virgin Theotokos,

The only pure and blessed one.//

Therefore we ceaselessly magnify you in song!

