"Lord I Call..." - Tone 4

Reader: In the Fourth Tone, Lord, I call upon You, hear me!

Lord, I call upon You, hear me!

Hear me, O Lord!

Lord, I call upon You, hear me!

Receive the voice of my prayer,

Let my prayer arise in Your sight as incense, and <u>let</u> the lifting <u>up</u> of my hands

be an evening sacrifice!//



Reader: (Reads text from service book)

v. (10) Bring my soul out of prison, that I may give thanks to Your name!

We glorify Your Resurrection on the third day, O Christ God,

by always honoring Your life-creating Cross;

by it You have renewed the corrupted nature of man

O almighty One.

By it You have renewed our entrance to heaven,//

for You are good and the Lover of man.



v. (9) The righteous will surround me; for You will deal bountifully with me.

You loosed the Tree's verdict of disobedience, O Savior,

by being voluntarily nailed to the tree of the Cross.

By descending to Hades, O almighty God,

You broke the bonds of death.

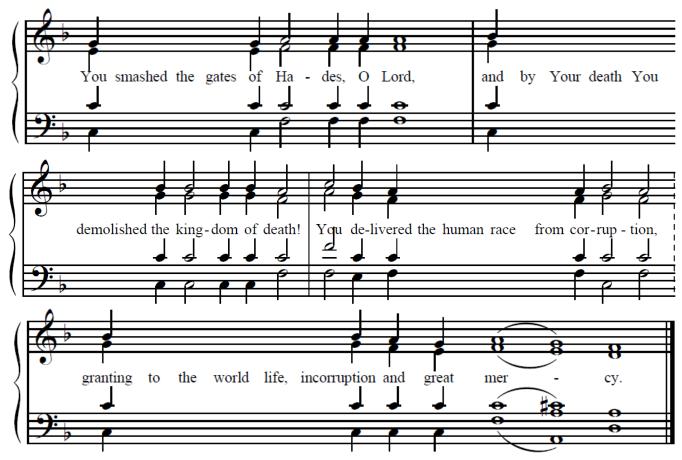
Therefore, we adore Your Resurrection from the dead, singing in joy://

"Glory to You, O all powerful Lord!"



v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!

You smashed the gates of <u>Ha</u>des, O Lord, and by Your death You demolished the <u>king</u>dom of death. <u>You</u> delivered the human race from cor<u>rup</u>tion,// granting the world life, incorruption and great <u>mer</u>cy.



v. (7) Let Your ears be attentive to the voice of my supplications!

Come, O people,

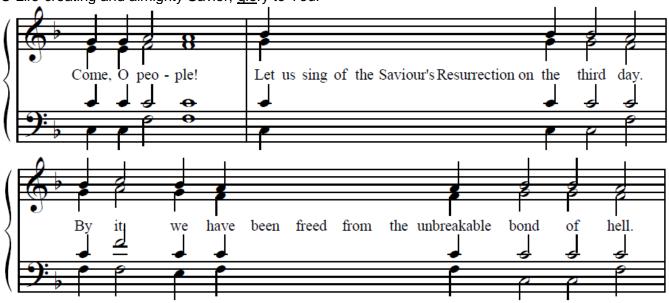
let us sing of the Savior's Resurrection on the third day!

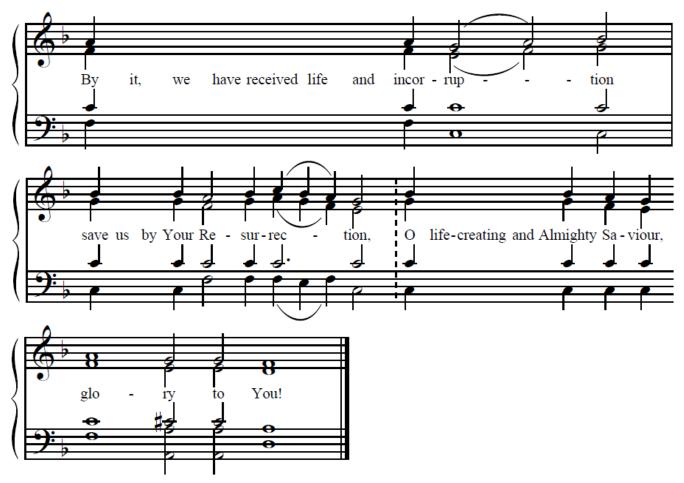
By it, we have been freed from the unbreakable bond of hell.

By it, we have received life and incorruption.

Save us by Your Resurrection!//

O Life-creating and almighty Savior, glory to You!





v. (6) In the Fourth Tone, If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.

(for St. Anastasia)

You bore the torturing of your body with patience,

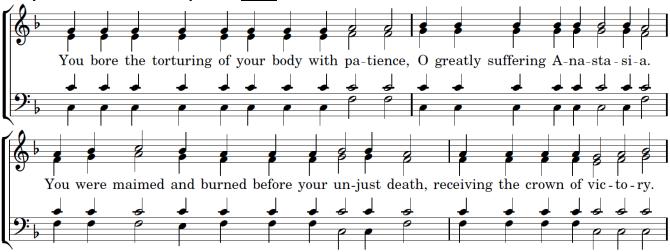
O greatly-suffering Anastasia.

Tone 4

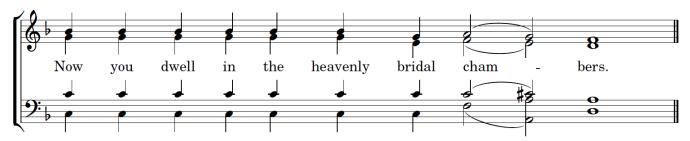
You were maimed and burned before your unjust death,

receiving the crown of victory.//

Now you dwell in the heavenly bridal-chambers.



(As one valiant among the martyrs)



v. (5) For Your Name's sake I wait for You, O Lord. My soul has waited for Your word; my soul has hoped on the Lord.

You are manifested to those who celebrate your memory as a treasure of virginity, an enclosed paradise, a holy offering, and a sacred wall.

You are a living icon, a bride of Christ,

a model for those who lead the ascetic life,

the adornment of martyrs and a fountain springing with waters of healing,//



v. (4) From the morning watch until night, from the morning watch, let Israel hope on the Lord!

Come, let us all zealously praise in songs

the adornment of martyrs,

the flowering of virgins and greatest jewel of monastics:

the greatly-suffering Anastasia, the <u>boast</u> of Rome, a most pleasing and unde<u>filed</u> <u>sac</u>rifice, an unshakable foundation of <u>piety</u>,//



v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

Tone 8

(for Ven. Abramius)

(Oh, most glorious wonder)

O <u>god</u>ly-minded Father A<u>bra</u>mius, being an imitator of Abraham in the <u>spir</u>it, you became an <u>exile</u> in your <u>native</u> land. Denying yourself the de<u>sires</u> of the flesh, and shutting your body within a <u>tiny</u> hut, you made your mind take <u>wing</u> to <u>Heaven</u>,// whose citizenship you <u>clear</u>ly gained.



v. (2) Praise the Lord, all nations! Praise Him, all peoples!

O venerable Father Abramius,

bearing his name, you possessed a soul like Abraham's;

strengthened by divine faith you endured temptations;

through love you were united to God;

adorned with the brilliance of virtues you inherited the Promised Land.//

Therefore we joyfully celebrate your memory.





v. (1) For His mercy is confirmed on us, and the truth of the Lord endures forever.

O venerable Father Abramius,

you drew up and brought into the saving presence of God

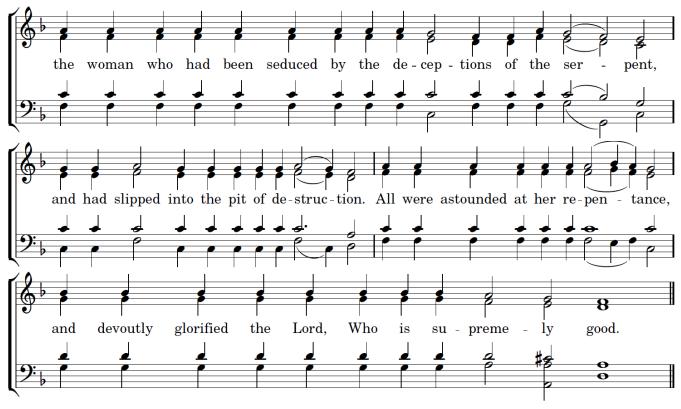
the woman who had been seduced by the deceptions of the serpent,

and had slipped into the pit of destruction.

All were astounded at her repentance,//

and devoutly glorified the Lord, Who is supremely good.





Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.

Tone 4

(Theotokion – Dogmatikon)

The Prophet David was a Father of the Lord

Through you, O Virgin.

He foretold in songs the One Who worked wonder in you:

"At Your right hand stood the Queen," Your Mother, the mediatrix of life,

since God was freely born of her without a father.

He wanted to renew His fallen image, made corrupt in passion,

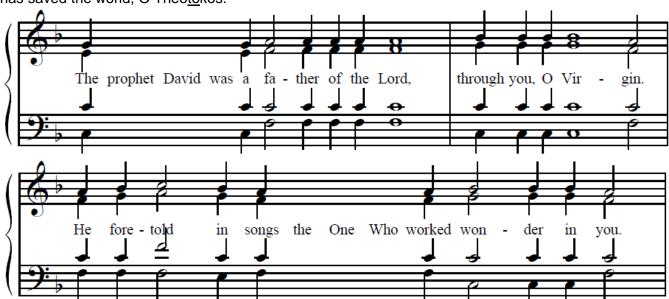
so He took the lost sheep upon His shoulder

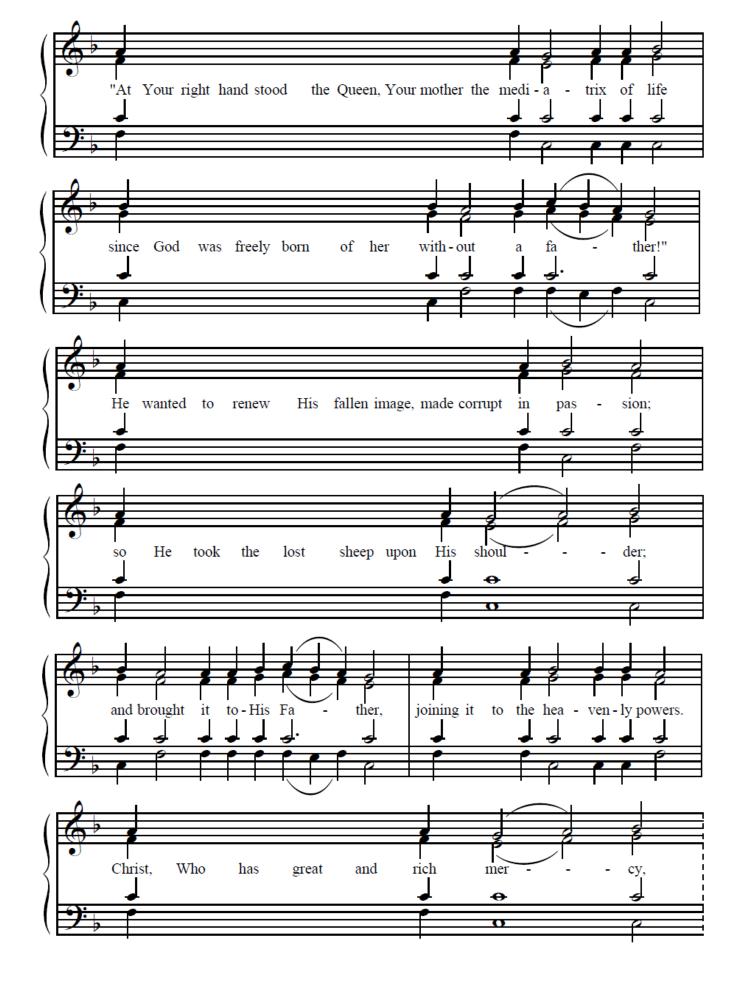
and brought it to His Father,

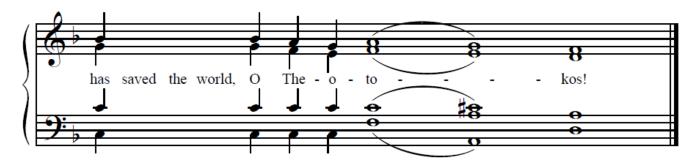
joining it to the heavenly pow'rs.

Christ who has great and rich mercy//

has saved the world, O Theotokos.







Priest: Wisdom! Let us attend!

People: O Gladsome Light ... (p. 16)

Aposticha - Tone 4

By ascending the Cross, O Lord,

You have annulled our ancestral curse.

By descending to hell, You have freed the eternal prisoners,

granting incorruption to the human race.//

Therefore in songs we glorify Your life-creating and saving Resurrection.



v. The Lord is King; He is robed in majesty!

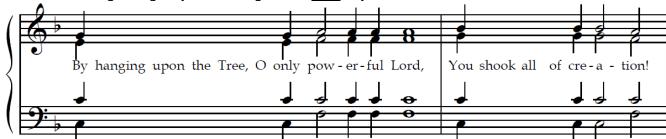
By hanging upon the tree, O only powerful Lord,

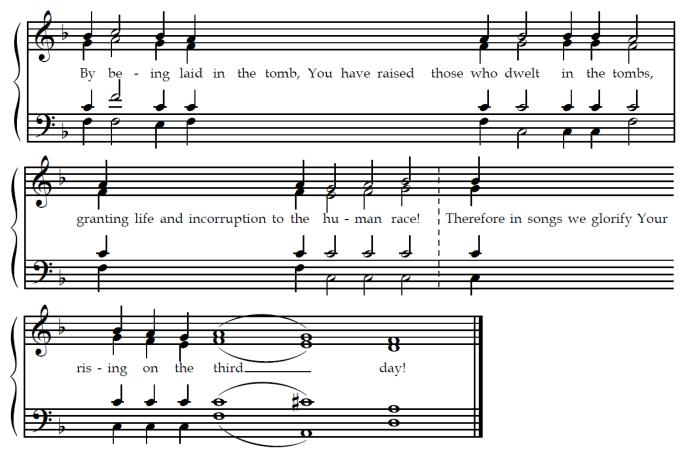
You shook all of creation.

By $\underline{\text{be}}$ ing laid in the tomb You have raised those who $\underline{\text{dwelt}}$ in the tombs,

granting life and incorruption to the human race.//

Therefore in songs we glorify Your rising on the third day.





v. For He has established the world, so that it shall never be moved.

The lawless people, O Christ,

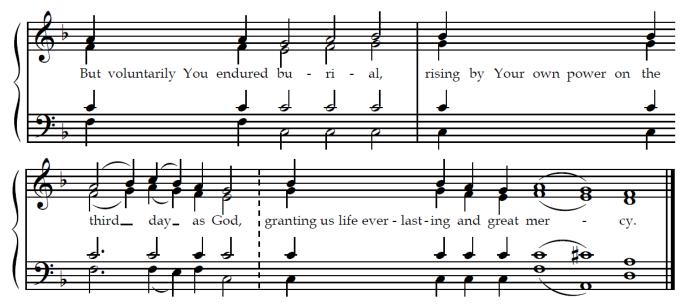
handed You over to Pilate, condemned to be crucified,

thus proving themselves ungrateful before their Benefactor.

But voluntarily You endured burial,

rising by Your own power on the <u>third</u> day as God,// granting us life everlasting and great <u>mer</u>cy.





v. Holiness befits Your house, O Lord, forevermore!

With tears the women reached Your tomb,

searching for You, but not finding You.

They wept with wailing and lamented:

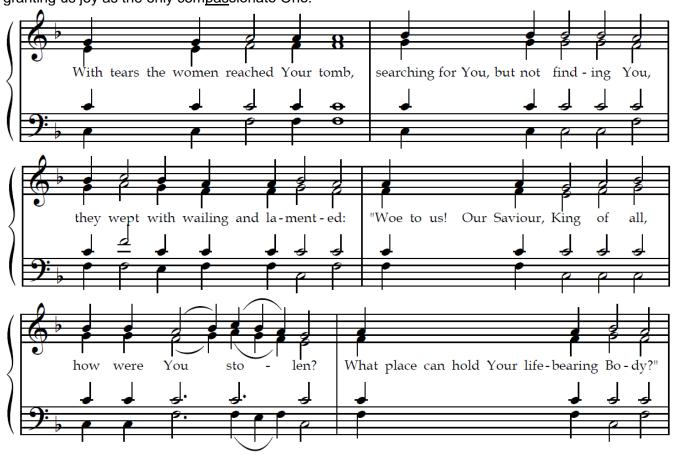
"Woe to us! Our Savior, King of all,

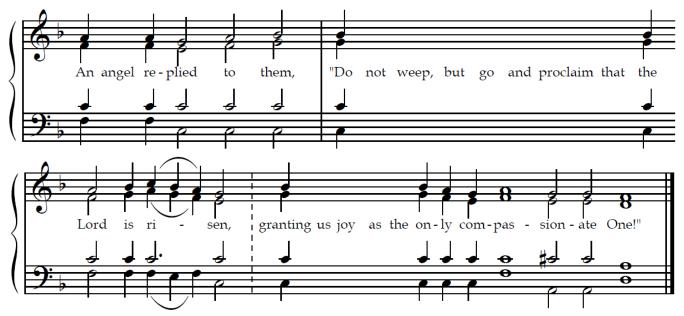
how were You stolen?

What place can hold Your life-bearing body?"

An Angel replied to them:

"Do not weep but go and proclaim that the <u>Lord</u> is <u>risen</u>,// granting us joy as the only compassionate One!"





Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.

(Theotokion – Tone 4)

Look on the entreaties of your servants, O Blameless One!

Stop all the terrible attacks against us,

freeing us from every affliction,

for we have only you as our sure and firm anchor!

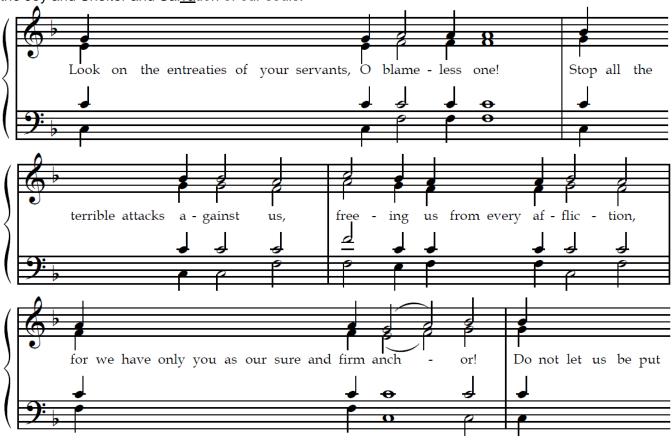
do not let us be put to shame, O Lady

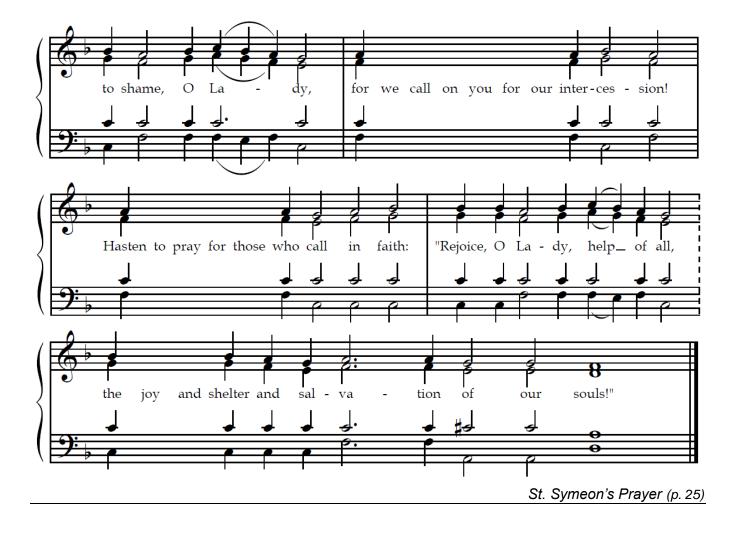
for we call on you for our intercession!

Hasten to pray for those who <u>call</u> in faith:

"Rejoice, O Lady, Help of all://

the Joy and Shelter and Salvation of our souls!"





Tone 4 Troparion (Resurrection)

(Resurrectional Troparion – Tone 4)

When the women Disciples of the Lord learned from the Angel

the joyous message of Your Resurrection,

they cast away the ancestral curse

and elatedly told the Apostles:

"Death is overthrown!

Christ our God is risen,//

granting the world great mercy!"



Glory to the Father, and to the Son, and to the Holy Spirit,

Tone 4 Troparion (St. Anastasia)

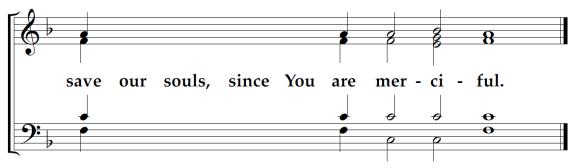
(Troparion for Anastasia – Tone 4)

Your lamb Anastasia calls out to You, O Jesus, in a loud voice:

"I love You, my Bridegroom, and in seeking You I endure suffering.

In baptism I was crucified so that I might reign in You,

and I died so that I might <u>live</u> with You.



now and ever, and unto ages of ages. Amen.

Tone 4 **Resurrectional Dismissal Theotokion**

(Resurrection Dismissal Theotokion – Tone 4)

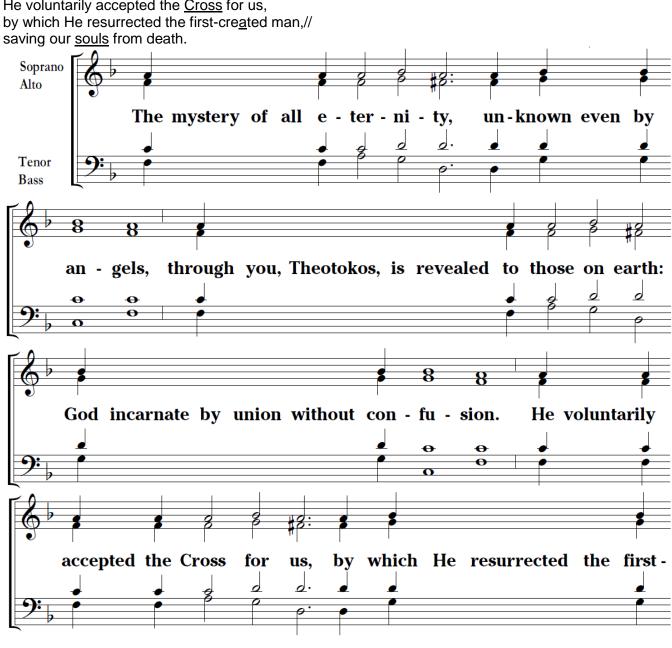
The mystery of all eternity,

unknown even by Angels,

through you, Theotokos, is revealed to those on earth:

God incarnate by union without confusion.

He voluntarily accepted the Cross for us,





Then, the dismissal (p. 26)

Tone 4 **Troparion** (Resurrection)

(Resurrectional Troparion – Tone 4)

When the women Disciples of the Lord learned from the Angel

the joyous message of Your Resurrection,

they cast away the ancestral curse

and elatedly told the Apostles:

"Death is overthrown!

Christ our God is risen,//

granting the world great mercy!"



Troparion

(Troparion for Anastasia – Tone 4)

Tone 4

Your lamb Anastasia calls out to You, O Jesus, in a loud voice:

"I love You, my Bridegroom, and in seeking You I endure suffering.

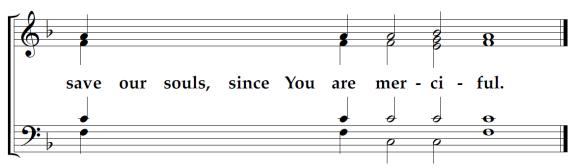
In baptism I was crucified so that I might reign in You,

and I died so that I might live with You.

Accept me as a pure sacrifice,

(St. Anastasia)





Tone 8 **Troparion** (Ven. Abramius)

(Troparion for Abramius – Tone 8)

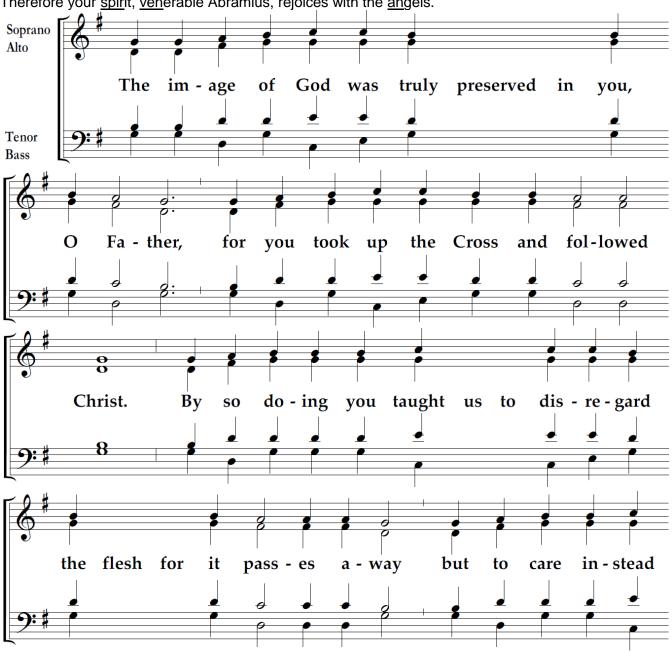
The image of God was truly preserved in you, O Father,

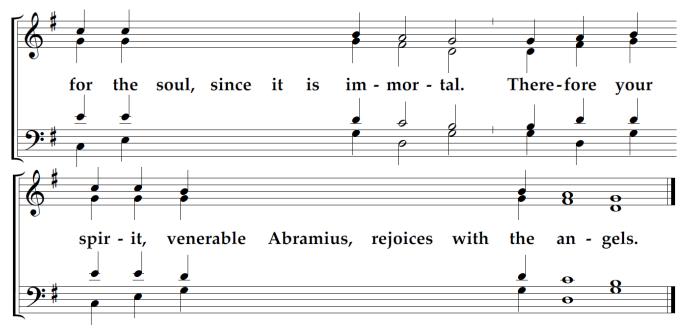
for you took up the Cross and followed Christ.

By so doing, you taught us to disregard the flesh for it passes away;

but to care instead for the soul, for it is immortal.//

Therefore your spirit, venerable Abramius, rejoices with the angels.





Tone 3 Kontakion (St. Anastasia)

(Kontakion for Anastasia – Tone 3)

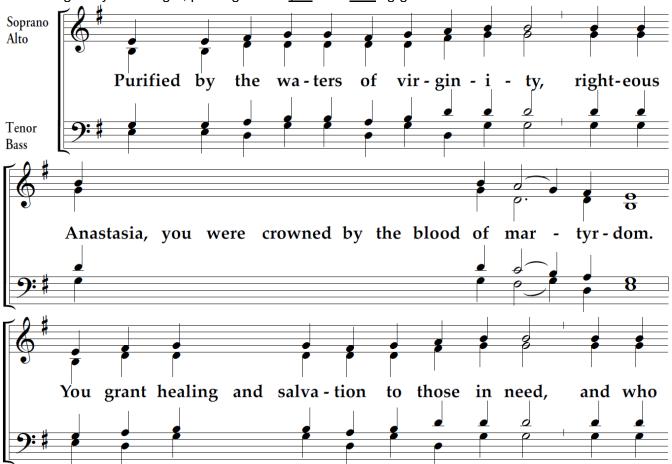
Purified by the waters of virginity,

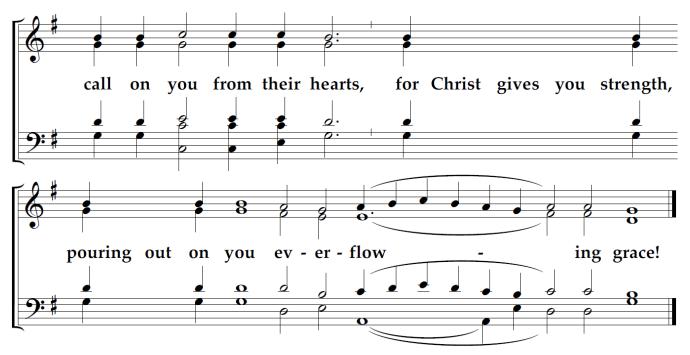
righteous Anastasia, you were crowned by the blood of martyrdom.

You grant healing and salvation to those in need,

and who call on you from their hearts,//

for Christ gives you strength, pouring out on you ever-flowing grace.





Glory to the Father, and to the Son, and to the Holy Spirit,

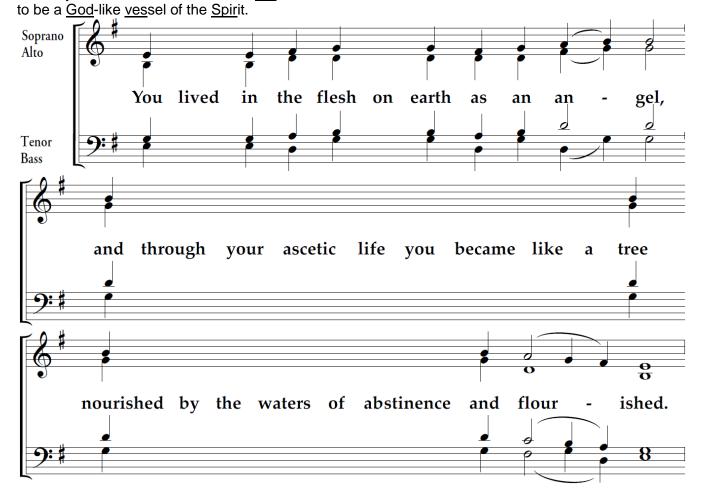
Tone 3 Kontakion (Ven. Abramius)

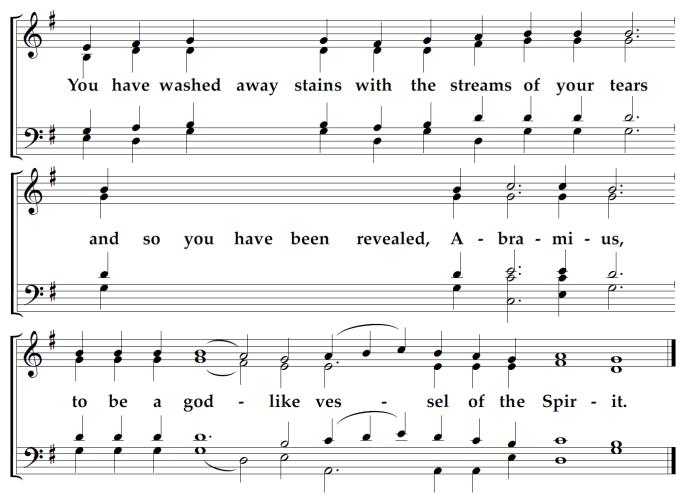
(Kontakion for Abramius – Tone 3)

You lived in the <u>flesh</u> on earth as an <u>angel</u>,

and through your ascetic life you became like a tree nourished by the waters of abstinence and flourished.

You washed away stains with the <u>streams</u> of your tears and so you have been revealed, O A<u>bra</u>mius,//





now and ever, and unto ages of ages. Amen.

Tone 4 Kontakion (Resurrection)

(Resurrectional Kontakion – Tone 4)

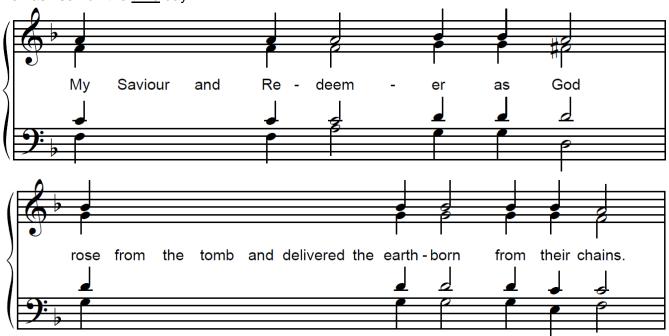
My Savior and Redeemer as God

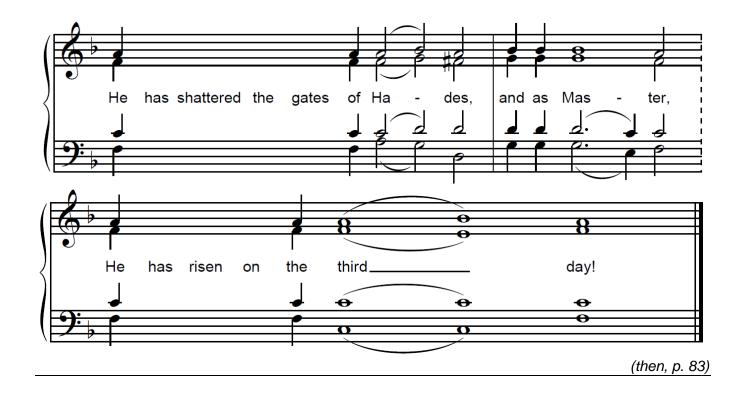
rose from the tomb and delivered the earth-born from their chains.

He has shattered the gates of Hades,

and as Master,//

He has risen on the third day!





Prokeimenon, Tone 4

Deacon: Let us attend! Priest: † Peace to all!

Reader: And with your spirit!

Deacon: Wisdom!

Reader: The Prokeimenon, in the 4th Tone: O Lord, how manifold are Your works; in wisdom have You

made them all.

People: O Lord, how manifold are Your works; in wisdom have You made them all.

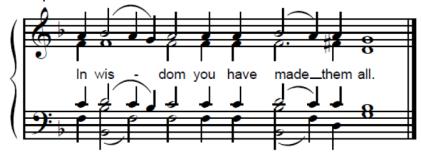


Reader: Bless the Lord, O my soul! O Lord, my God, You are very great!

People: O Lord, how manifold are Your works; in wisdom have You made them all.



Reader: O Lord, how manifold are Your works; ... People: ... in wisdom have You made them all.



Deacon: Wisdom!

Epistle – (203) Galatians 2:16-20

Reader: The Reading from the Epistle of the Holy Apostle Paul to the Galatians.

Deacon: Let us attend!

Reader: Brothers and sisters, knowing that no one is justified by the works of the law but through faith in Jesus Christ, we believed in Christ Jesus, so that we might be justified by faith in Christ, and not by the works of the law, because no one will be justified by the works of the law. But if, even though we desired to be justified in Christ, we were found to be sinners, does that mean that Christ is a servant of sin? Certainly not! Indeed, if I build up again those things which I once destroyed, I show that I am breaking the law. For I, through the law, died to the law, so that I might live to God. I have been crucified with Christ, and it is no longer I who live, but Christ who lives in me. I now live this life in the flesh, but I live it by faith in the Son of God, who loved me and who gave himself up for me.

Priest: † Peace to you who read!

Alleluia: Tone 4

Reader: And to Your spirit. In the 4th Tone: Alleluia, Alleluia, Alleluia!

People: Alleluia! Alleluia! Alleluia!

Reader: Go forth, prosper and reign, for the sake of meekness, righteousness and truth!

People: Alleluia! Alleluia! Alleluia!

Reader: For You love righteousness, and hate iniquity.

People: Alleluia! Alleluia! Alleluia!

Gospel - (38) Luke 8:26-39

Priest: The reading from the Holy Gospel according to St. Luke.

People: Glory to You O Lord, Glory to You.

Priest: At that time, Jesus reached the country of the Gadarenes, which is opposite Galilee.

When Jesus stepped ashore, a man from the town who had had demons for a long time came to meet him. This man wore no clothes, and he did not live in a house, but in the tombs. When he saw Jesus, he cried out and fell down before him. With a loud voice, he said, "What do you want from me, Jesus, you Son of the Most High God? I beg you, do not torment me!"

(For Jesus commanded the unclean spirit to come out of the man). The unclean spirit had often seized the man and he was kept under guard, bound with chains and fetters. But he had been breaking the chains and was driven by the demon into deserted places.

Jesus asked him, "What is your name?"

He replied, "Legion," for many demons had entered into him. And he begged Jesus not to command them to go into the abyss. Now there was a large herd of swine feeding on the mountain, and the demons begged him that he would allow them to enter into those pigs; and Jesus allowed them. The demons came out from the man and entered into the pigs. Then the herd rushed down the steep bank into the lake and the swine were drowned. When the people who fed the pigs saw what had happened, they fled and told the story in the city and in the countryside.

Then people went out to see what had happened. They came to Jesus and found the man from whom the demons had gone out. He was sitting at Jesus' feet, clothed and in his right mind; and they were afraid. Those who had seen it told the people how the demon-possessed man had been delivered. All the people of the surrounding country of the Gadarenes asked Jesus to depart from them, because they were extremely afraid. So he got into the boat and went back. The man from whom the demons had gone out begged to go with Jesus, but Jesus sent him away, saying: "Return to your house and proclaim what great things God has done for you." So the man went on his way, proclaiming throughout the whole city what great things Jesus had done for him.

People: Glory to You O Lord, Glory to You.

Sermon (then p. 89)