

"Lord I Call..." – Tone 6

Reader: In the Sixth Tone, Lord, I call upon You, hear me!

Lord, I call upon You, hear me!

Hear me, O Lord!

Lord, I call upon You, hear me!

Receive the voice of my prayer,

when I call upon You!//

Hear me, O Lord!

Let my prayer arise

in Your sight as incense,

and let the lifting up of my hands

be an evening sacrifice!//

Hear me, O Lord!

The musical score is written for piano and voice. It consists of five systems of music. Each system has a piano part on the left and a vocal part on the right. The piano part is in the key of D major (one sharp) and 4/4 time. The vocal part is in the same key and time. The lyrics are written below the vocal notes. The score includes various musical notations such as treble and bass clefs, key signatures, time signatures, and various note values (quarter, eighth, and half notes). The lyrics are: "Lord, I call upon You, hear me. Hear me, O Lord! Lord, I call upon You, hear me; re - ceive the voice of my prayer when I call u - pon You. Hear me, O Lord! Let my prayer a - rise in Your sight as in - cense, and let the lifting up of my hands be an evening sac - ri - fice. Hear me, O Lord!"

Reader: (Reads text from service book)

v. (10) *Bring my soul out of prison, that I may give thanks to Your name!*

Possessing victory over Hades, O Christ,  
since You are free among the dead,  
You ascended the Cross  
raising with Yourself those who sat in the shades of death.//  
Drawing life from Your light, O Almighty Savior, have mercy on us!

Possessing victory over Ha - des, O Christ, since You are free a-mong the dead,

You a-scend - ed the Cross raising with Yourself those who sat in the shades of death!

Drawing life from Your light, O Almighty Saviour, have mer - cy on us!

v. (9) *The righteous will surround me; for You will deal bountifully with me.*

Today Christ tramples on death,  
for He is risen as He said!  
Let us all sing this song,  
for He has granted joy to the world:  
"O Light unapproachable, O Fountain of life!//  
O Savior Almighty, have mercy on us!"

Today Christ tram - ples on death, for He is ri - sen as He said!

Let us all sing this song, for He has granted joy to the world:

Let us all sing this song, for He has granted joy to the world.

"O Light unapproachable, O Fountain of Life! O Saviour Almighty, have

mercy on us!"

*v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!*

Where shall we sinners flee from You, for You are in all creation?

In heaven You dwell!

In Hades You trampled on death!

In the depths of the sea?

Even there is Your hand, O Master!

To You we flee, and falling before You, we pray://

"O You Who rose from the dead, have mercy on us!"

Where shall we sinners flee from You Who are in all cre - a - tion?

In hea - ven You dwell! In Hades You tram - pled on death!

In the depths of the sea? Even there is Your hand, O Ma - ster!

To You we flee, and falling be - fore You, we pray:

"O You Who rose from the dead, have mer - cy on us!"

*v. (7) Let Your ears be attentive to the voice of my supplications!*

In Your Cross, we glory, O Christ.  
 We sing and glorify Your Resurrection.  
 For You are our God, //  
 and we know no other than You.

In Your Cross we glo - ry, O Christ! We sing and glorify Your resur-rec - tion!

For You are our God and we know no o - ther than You!

*v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.*

We will always bless the Lord  
 by singing of His Resurrection!  
 for He endured the Cross, //  
 trampling down death by death.

We will always bless the Lord by singing of His Resur-rec - tion  
for He en-dured the Cross trampling down death by death!

*v. (5) For Your name's sake I have waited for You, O Lord, my soul has waited for Your word; my soul has hoped on the Lord.*

Glory to Your might, O Lord,  
for You overthrew the prince of death!  
By Your Cross renewing us, //  
granting us life and incorruption.

Glory to Your might, O Lord, for You overthrew the prince of death.  
By Your Cross re-new - ing us, granting us life and incor-rup - tion.

*v. (4) In the Second Tone, From the morning watch until night, from the morning watch, let Israel hope on the Lord!*

## **Tone 2**

*(from the Lenten Triodion)*

*(With what crowns)*

What hymns of praise shall we sing to honor the holy bishop?  
He is the trumpet of theology, the flaming mouthpiece of grace,  
the chosen vessel of the Spirit, the unshakeable pillar of the Church,  
the great joy of the inhabited earth,  
the river of wisdom, the candlestick of the Light, //  
the shining star that has made all creation bright.

What hymns of praise shall we sing to honor the holy bishop?

He is the trumpet of theology, the flaming mouthpiece of grace,

the chosen vessel of the Spirit, the unshakeable pillar of the Church,

the great joy of the inhabited earth, the river of wisdom, the candlestick of the Light,

the shining star that has made all creation bright.

*v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.*

What hymns of praise shall we sing to honor the holy bishop?  
 He is the trumpet of theology, the flaming mouthpiece of grace,  
 the chosen vessel of the Spirit, the unshakeable pillar of the Church,  
 the great joy of the inhabited earth,  
 the river of wisdom, the candlestick of the Light, //  
 the shining star that has made all creation bright.

What hymns of praise shall we sing to honor the holy bishop?

He is the trumpet of theology, the flaming mouth - piece of grace,  
the chosen ves - sel of the Spirit, the un-shake-able pil - lar of the Church,  
the great joy of the inhab - i - ted earth, the river of wisdom, the can - dlestick of the Light,  
the shining star that has made all cre - a - tion bright.

*v. (2) Praise the Lord, all nations! Praise Him, all peoples!*

What garlands of song shall we weave for the holy bishop?  
He is the champion of true worship, the foe of ungodliness,  
the fervent defender of the faith,  
the great guide and teacher, the well-tuned harp of the Spirit,  
the golden tongue, the fountain flowing with healing for the faithful, //  
the great and wonderful Gregory.

What garlands of song shall we weave for the holy bish - op?  
He is the champion of true worship, the foe of un - god - li - ness,

the fer - vent de - fend - er of the faith,  
the great guide and teacher, the well - tuned harp of the Spir - it,  
the golden tongue, the fountain flowing with healing for the faith - ful,  
the great and won - der - ful Greg - o - ry.

*v. (1) For His mercy is abundant towards us; and the truth of the Lord endures for ever.*

How shall we who dwell on earth praise the holy bishop?  
He is the Church's teacher, the herald of the Uncreated Light,  
the initiate of the Trinity's heavenly mysteries,  
the adornment of the monastic life,  
renowned alike in action and contemplation://  
Gregory, the pride of Thessalonica.

How shall we who dwell on earth praise the holy bish - op?  
He is the Church's teacher, the herald of the Un - cre - a - ted Light,



the in - i - tiate of the Trinity's heavenly mysteries, the adornment of the monas-tic life,

renowned alike in action and contemplation: Gregory, the pride of Thessa-lo - ni - ca.

*In the Sixth Tone, Glory to the Father, and to the Son, and to the Holy Spirit;*

**Tone 6**

*(from the Lenten Triodion)*

O thrice-blessed saint, most holy father,  
 good shepherd, disciple of Christ the Chief Shepherd.  
 Like Him you gave your life for your sheep.  
 By your intercessions, O God-bearing Father Gregory,//  
 may great mercy be granted to our souls!

O thrice - blessed saint, most holy fa - ther,

good shepherd, disciple of Christ the Chief Shep - herd.

Like Him you gave your life for your sheep.

By your intercessions, O God - bearing Father Greg - o - ry,  
may great mercy be grant - ed to our souls!

*In the Same Tone, now and ever, and unto ages of ages. Amen.*

Who will not bless you, O most holy Virgin?  
Who will not sing of your most pure childbearing?  
The only-begotten Son shone timelessly from the Father,  
but from you He was ineffably incarnate.  
God by nature yet Man for our sake,  
Not two persons but One known in two natures.  
Entreat Him, O pure and all-blessed Lady,//  
to have mercy on our souls!

Who will not bless you, O Most Holy Vir - gin? Who will not sing of your

most pure child - bear - ing? The only-begotten Son shone timelessly from the Fa - ther,

but from you, He was ineffably in - car - nate! God by nature, yet man for our sake!

Not two persons, but one known in two na - - - tures!

Entreat Him, O pure and all-blessed La - dy, to have mer - cy on our souls!

*Priest:* Wisdom! Let us attend!

*People:* O Gladsome Light ... (p. 16)

## Aposticha – Tone 6

Your Resurrection, O Christ our Savior,  
the Angels in heaven sing!  
Enable us on earth//  
to glorify You in purity of heart!

Your Resurrection, O Christ our Sav - iour, the angels in hea - ven sing!

Enable us on earth to glorify You in pu - ri - ty of heart!

*v: The Lord is King; He is robed in majesty!*

Destroying the gates of hades,  
breaking the chains of death,  
You resurrected the fallen human race as almighty God!//  
O Lord, Who rose from the dead, glory to You!

Destroying the gates of Ha - des; break - ing the chains of death;

You resurrected the fallen human race as Al - migh - ty God!

O Lord, Who rose from the dead, glo - ry to You!

*v: For He has established the world, so that it shall never be moved.*

Desiring to return us to Paradise,

Christ was nailed to the Cross and placed in a tomb.  
 The Myrrhbearing Women sought Him with tears, crying,  
 "Woe to us, O Savior!  
 How do You deign to descend to death?  
 What place can hold Your life bearing body?  
 Come to us as You promised!  
 Take away our wailing and tears!"  
 Then the Angel appeared to them:  
 "Stop your lamentations!  
 Go, proclaim to the Apostles:  
 'The Lord is risen,//  
 granting us purification and great mercy!'"

Desiring to return us to Pa - ra - dise, Christ was nailed to the Cross  
 and placed in a tomb. The myrrh-bearing women sought Him with tears,  
 cry - ing, "Woe to us, O Sav - iour! How do You deign to  
 de-scent to death? What place can hold Your life-bearing Bo - dy?  
 Come to us as You pro - mised! Take away our wail - ing and tears!"

Then the angel ap-peared to them: "Stop your lamen - ta - tions!

Go, proclaim to the a - pos - tles: The Lord is ri - sen,

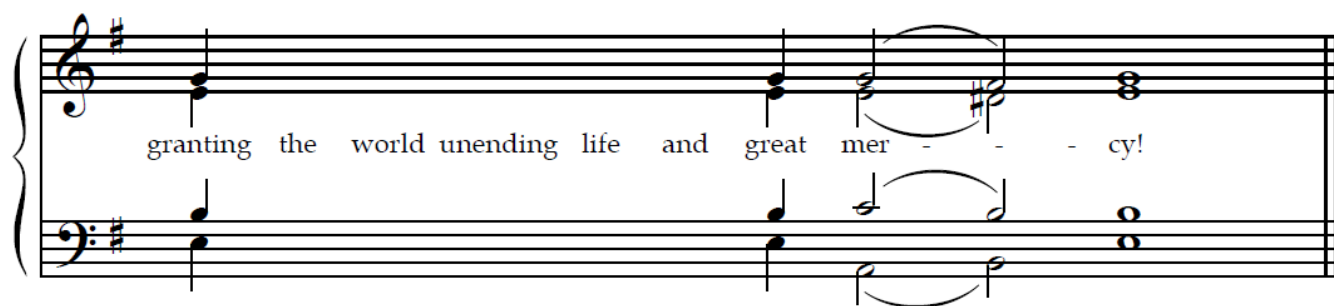
granting us purification and great mer - cy!"

*v: Holiness befits Your house, O Lord, forevermore!*

Having been crucified as You willed,  
 by Your burial You captured death, O Christ,  
 and rose on the third day as God in glory,//  
 granting the world unending life and great mercy!

Having been crucified as You willed by Your burial You cap-tured death, O Christ,

and arose on the third day as God in glo - - - ry,

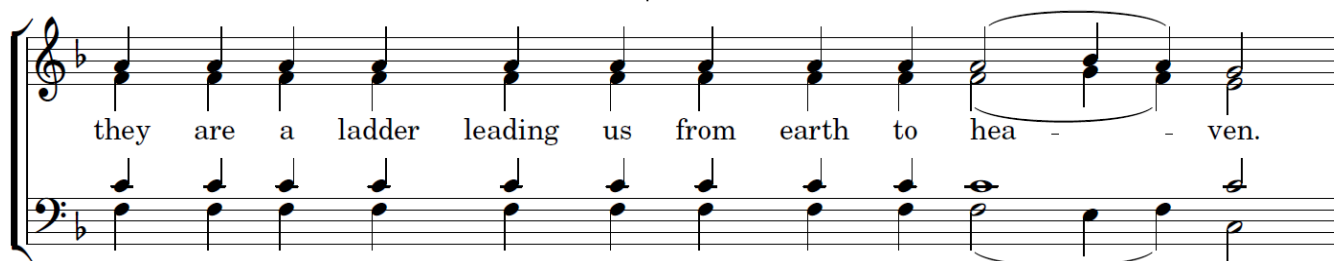
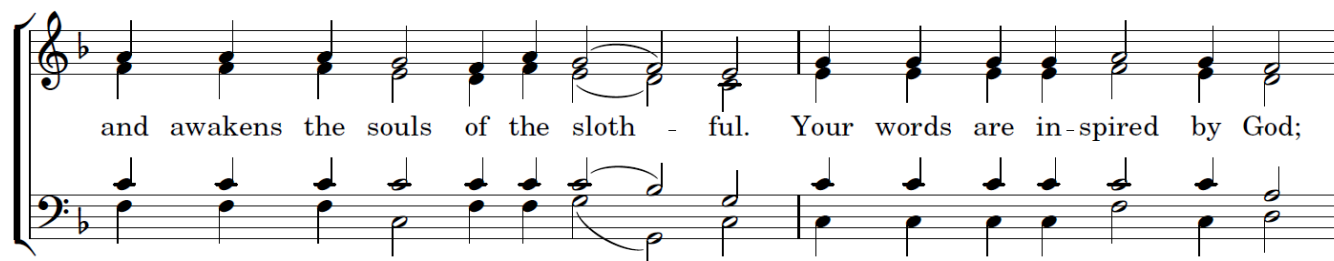
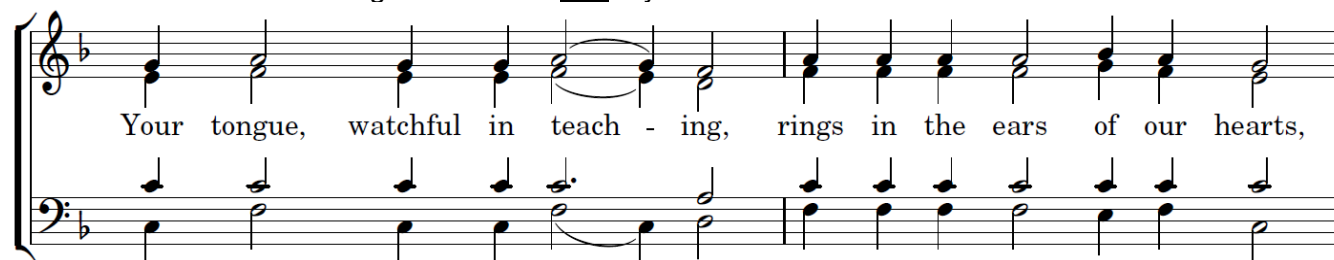


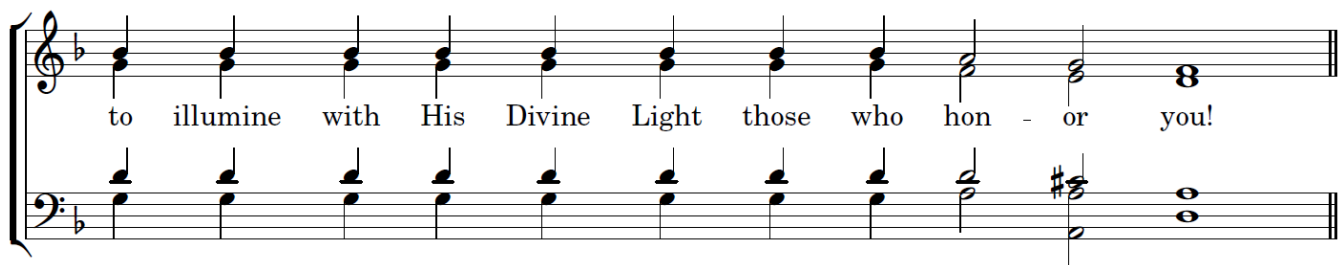
*Glory to the Father, and to the Son, and to the Holy Spirit;*

**Tone 8**

*(from the Lenten Triodion)*

Your tongue, watchful in teaching,  
rings in the ears of our hearts,  
and awakens the souls of the slothful.  
Your words are inspired by God;  
they are a ladder leading us from earth to heaven.  
O Gregory, pride of Thessalonica,  
do not cease to intercede before Christ our God//  
to illumine with His Divine Light those who honor you!





now and ever, and unto ages of ages. Amen.

# **Tone 8**

*(Theotokion)*

O unwedded Virgin,

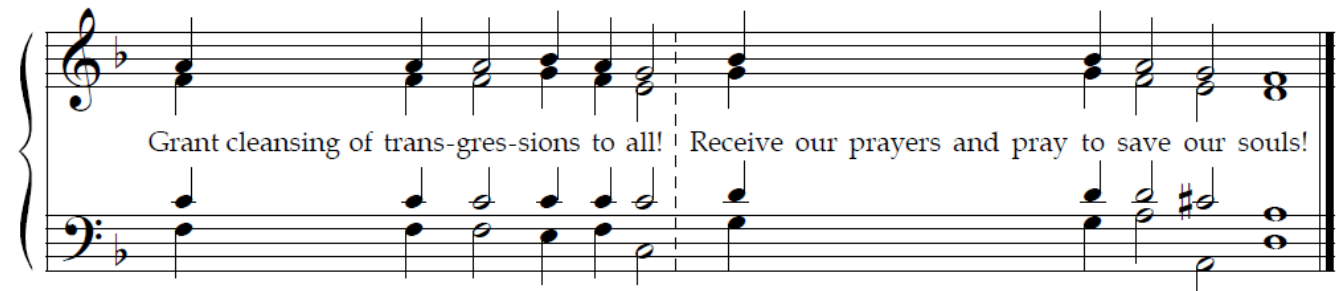
Who ineffably conceived God in the flesh!

O Mother of God most high!

Accept the cries of your servants, O blameless one!

Grant cleansing of transgressions to all!//

Receive our prayers and pray to save our souls!



Then, St. Symeon's Prayer (p. 25)



(at Great Vespers)

Tone 6

Troparion

(Resurrection)

(Resurrectional Troparion – Tone 6)

The angelic powers were at Your tomb;  
the guards became as dead men.

Mary stood by Your grave,  
seeking Your most pure body.

You captured Hades,  
not being tempted by it.

You came to the Virgin, granting life.//

O Lord, Who rose from the dead, glory to You.

The angelic powers were at Your tomb; The guards be-came as dead men.

Ma - ry stood by Your grave, seek-ing Your most pure Bo - dy.

You cap-tured Ha - - des, not be - ing temp - ted by it.

You came to the Vir - gin, grant - ing life.

O Lord, Who rose from the dead:— Glo - ry to You!

Glory to the Father, and to the Son, and to the Holy Spirit,

**Tone 8**

**Troparion**

(St. Gregory Palamas)

(Troparion for St. Gregory – Tone 8)

O light of Orthodoxy, teacher of the Church, its confirmation,  
O ideal of monks and invincible champion of theologians,  
O wonderworking Gregory, glory of Thessalonica and preacher of grace, //  
always intercede before the Lord that our souls may be saved!

Soprano  
Alto  
Tenor  
Bass

O light of Or-tho-dox-y, teacher of the Church, its  
con-fir-ma-tion, O i-deal of monks and in-vincible champion  
of the-o-lo-gians, O won-der-work-ing Gregory, glory  
of Thessalonica and preach-er of grace, al-ways in-ter-cede  
be-fore the Lord that our souls may be saved.

now and ever, and unto ages of ages. Amen.

**Tone 8****Resurrectional Dismissal Theotokion**

(Resurrection Dismissal Theotokion – Tone 8)

For our sake You were born of the Virgin and endured crucifixion, O Good One, destroying death by death

revealing the Resurrection as God. Do not despise the work of Your hand!

Reveal Your love for man, O Merciful One and accept the Theotokos praying for us, //  
and save the despairing people, O our Savior!



For our sake You were born of the Virgin and endured  
crucifixion, O Good One, de-destroy-ing death by death! Re-veal-ing the Re-sur-  
rec-tion as God, do not despise the work of Your hand!  
Re-veal Your love for man, O Merciful One, and accept the  
The-o-to-kos pray-ing for us! And save the despairing people, O our Sa-viour!

*Then, the dismissal (p. 26)*

**(at the Divine Liturgy)**

**Tone 6**

**Troparion**

*(Resurrection)*

*(Resurrectional Troparion – Tone 6)*

The angelic powers were at Your tomb;  
the guards became as dead men.

Mary stood by Your grave,  
seeking Your most pure body.

You captured Hades,  
not being tempted by it.

You came to the Virgin, granting life.//

O Lord, Who rose from the dead, glory to You.

The angelic powers were at Your tomb; The guards be-came as dead men.

Ma - ry stood by Your grave, seek-ing Your most pure Bo - dy.

You cap-tured Ha - - des, not be - ing temp - ted by it.

You came to the Vir - gin, grant - ing life.

O Lord, Who rose from the dead:— Glo - ry to You!

**Tone 8****Troparion***(St. Gregory Palamas)**(Troparion for St. Gregory – Tone 8)*

O light of Orthodoxy, teacher of the Church, its confirmation,  
 O ideal of monks and invincible champion of theologians,  
 O wonderworking Gregory, glory of Thessalonica and preacher of grace, //  
 always intercede before the Lord that our souls may be saved!

Soprano  
Alto

O light of Or-tho-dox-y, teacher of the Church, its

Tenor  
Bass

con-fir-ma-tion, O i-deal of monks and in-vincible champion

of the-o-lo-gians, O won-der-work-ing Gregory, glory

of Thessalonica and preach-er of grace, al-ways in-ter-cede

be-fore the Lord that our souls may be saved.

be-fore the Lord that our souls may be saved.

8

*Glory to the Father, and to the Son, and to the Holy Spirit,***Tone 8****Kontakion***(St. Gregory Palamas)**(Kontakion for St. Gregory – Tone 8)*

Holy and divine instrument of wisdom,  
 joyful trumpet of theology,

together we sing your praises, O God-inspired Gregory.  
 Since you now stand before the Original Mind, guide our minds to Him, O Father,//  
 so that we may sing to you: "Rejoice, preacher of grace!"

Soprano  
Alto

Tenor  
Bass

Ho - ly and di - vine instrument of wis - dom, joy - ful

trum - pet of the - ol - o - gy, to - geth - er we sing your

praises, O God - inspired Greg - o - ry. Since you now stand be - fore

the Original Mind, guide our minds to Him, O Fa - ther,

so that we may sing to you: "Rejoice, preach - er of grace."

*now and ever, and unto ages of ages. Amen.*

#### Tone 4

#### Kontakion

*(from the Lenten Triodion)*

*(Kontakion from the Triodion – Tone 4)*

Now is the time for action!

Judgment is at the doors!

So let us rise and fast,

offering alms with tears of compunction and crying:

"Our sins are more in number than the sands of the sea;

but forgive us, O Master of all, //

so that we may receive the incorruptible crowns!"

Soprano  
Alto

Tenor  
Bass

Now is the time for ac - tion! Judg - ment is at  
the doors! So let us rise and fast, offering alms with tears  
of compunction and cry - ing: "Our sins are more in number  
than the sands of the sea; but forgive us, O Mas - ter of All,  
so that we may receive the in - cor - rupt - i - ble crowns."

**Tone 5****Prokeimenon**

*Priest:* Let us attend! †Peace to all!

*Reader:* And with your spirit!

*Priest:* Wisdom!

*Prokeimenon, Tone 5*

*Reader:* The Prokeimenon, in the 5<sup>th</sup> Tone: You, O Lord, shall protect us and preserve us from this generation forever.

*Choir:* You, O Lord, shall protect us and preserve us from this generation forever.

You, O Lord, shall protect us and preserve us from this

*Reader:* Save me, O Lord, for there is no longer any that is godly!

*Choir:* You, O Lord, shall protect us and preserve us from this generation forever.

ge - ne - ra - - - tion for - e - - - ver.

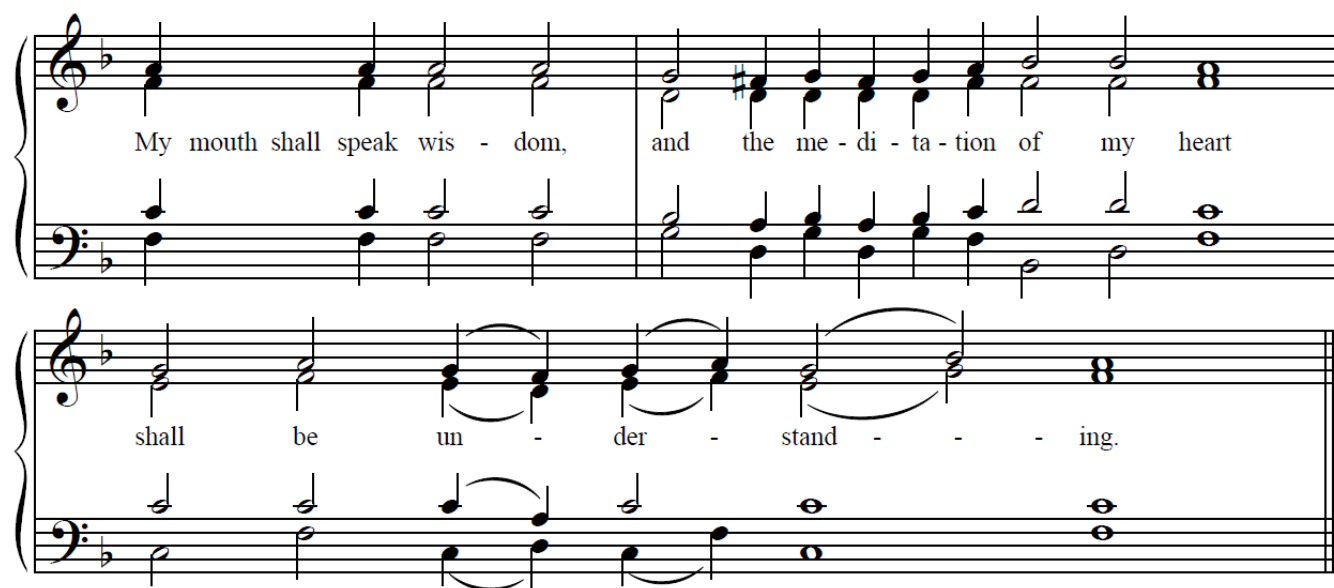
**Tone 1****Prokeimenon**

*(St. Gregory Palamas)*

*Reader:* In the First Tone, My mouth shall speak wisdom, the meditation of my heart shall be understanding.

*Choir:* My mouth shall speak wisdom, the meditation of my heart shall be understanding.





Deacon: Wisdom!

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**Epistle: (304) – Hebrews 1:10-2:3 and (318) – Hebrews 7:26-8:2 (St. Gregory Palamas)**

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**Reader:** The Reading from the Epistle of the Holy Apostle Paul to the **Hebrews**.

**Deacon:** Let us attend!

**Reader:** *In the beginning, You, Lord, laid the foundation of the earth.*

*The heavens are the works of your hands.*

*They will perish, but you continue.*

*They all will grow old as a garment,*

*As a mantle, you will roll them up, and they will be changed;*

*but you are the same.*

*Your years will not fail.*

Indeed, to which of the angels did he ever say,

*Sit at my right hand,*

*until I make your enemies the footstool of your feet?*

Are the angels not all ministering spirits, sent out to serve for the sake of those who will inherit salvation?

Therefore, we should pay greater attention to the things that we were taught, for fear that we may drift away. Certainly, if the word spoken through angels proved reliable and every transgression and disobedience received a just penalty, how will we escape if we neglect so great a salvation! It was first announced by the Lord himself, and it is confirmed to us by those who heard him.

Brothers and sisters, such a high priest was fitting for us: holy, blameless, undefiled, separated from sinners and made higher than the heavens. He does not need, like those former high priests, to offer up sacrifices daily, first for his own sins and then for the sins of the people. Instead, he did this once for all, when he offered himself up. For the law appoints as high priests men who have weaknesses, but the word of the oath which came after the law appoints forever a Son who has been perfected.

The point of what we are saying is this: we have such a high priest, who sat down at the right hand of the throne of the Majesty on high, a servant of the sanctuary and of the true tabernacle, which the Lord has set up, and not man.

**Priest:** † Peace to you who read.

**Reader:** **And to Your spirit.** In the 1<sup>st</sup> Tone: Alleluia! God gives vengeance unto me, and subdues people under me.

**Choir:** Alleluia! Alleluia! Alleluia!

**Reader:** He magnifies the salvation of the King and deals mercifully with David, His anointed, and his seed forever.

**Choir:** Alleluia! Alleluia! Alleluia!

**Reader:** In the Second Tone, the mouth of the righteous shall meditate wisdom, and his tongue shall speak of judgment.

**Choir:** Alleluia! Alleluia! Alleluia!

*Priest:* The reading from the Holy Gospel according to St. **Mark**.

*Choir:* Glory to You O Lord, Glory to You.

*Priest:* At that time Jesus returned to Capernaum, it was heard that he was in the house. Immediately, many people gathered so that there was no more room, not even around the door. As Jesus was preaching the word to them, four men came, carrying a paralytic to him. Since they could not come near Jesus because of the crowd, they removed the roof where he was. When they had broken it up, they let down the mat which the paralytic was lying on. Seeing their faith, Jesus said to the paralytic, "Son, your sins have been forgiven you."

But there were some of the scribes sitting there, and they reasoned in their hearts, "Why does this man speak blasphemies like that? Who can forgive sins except God alone?"

Immediately, Jesus perceived in his spirit that they were reasoning within themselves in this way. He asked them, "Why do you reason these things in your hearts? Which is easier, to tell the paralytic, 'Your sins have been forgiven,' or to say, 'Arise, take up your bed, and walk?' But so that you may know that the Son of Man has authority on earth to forgive sins" – he said to the paralytic – "I tell you, arise and take up your mat, and go to your house!"

At once, the man arose and took up the mat, and went out in front of everyone. The people were all amazed and glorified God, saying, "We have never seen anything like this!"

The Lord said: I am the gate! Anyone who enters in by me will be saved, and go in and out, and will find pasture. The thief only comes to steal, kill, and destroy. I came so that people may have life, and have it in abundance. I am the good shepherd! The good shepherd lays down his life for the sheep. The one who is a hired hand, not a shepherd, and who does not own the sheep, leaves the sheep and flees when he sees the wolf coming. Then the wolf snatches the sheep and scatters them.

The hired hand flees because he is a hired hand and does not care for the sheep. I am the good shepherd! I know my own, and I am known by my own; even as the Father knows me, and I know the Father. I lay down my life for the sheep. I have other sheep, which are not of this fold. I must bring them also, and they will hear my voice. And there will be one flock – one shepherd.

*Choir:* Glory to You O Lord, Glory to You.

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**Sermon**

**(then p. 89)**

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*(Instead of "It is truly meet...", we sing the following)*

### Hymn to the Theotokos

All of creation rejoices in you, O Full of Grace:  
the assembly of Angels and the race of men.

O sanctified temple and spiritual paradise,  
the glory of virgins,  
from whom God was incarnate and became a Child –  
our God before the ages.

He made your body into a throne,  
and your womb He made more spacious than the heavens.

All of creation rejoices in you, O Full of Grace.

Glory to you!

All of creation re - joices in you, O Full of Grace,

the assembly of angels and the race of men.

O sanctified temple and spiritual par - a - dise, the glory of vir - gins,

from whom God was incarnate and be - came a child

our God before the a - ges. He made your body in - to a throne,

and your womb He made more spacious than the hea - vens.

All of creation re - joi - ces in you, O Full of Grace, — Glo - ry to you!

## Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! The righteous shall be in everlasting remembrance. He shall not fear evil tidings. Alleluia, Alleluia, Alleluia!

The musical score is written for a two-part setting (Soprano and Bass) in G major. The first system contains the lyrics: "Praise the Lord from the heav - ens! Praise Him in the high - est!". The second system contains: "The right - eous shall be in ev - er - last - ing re -". The third system contains: "mem - brance! He shall not fear — e - vil ti - dings!". The music consists of simple, homophonic chords, primarily using half and quarter notes.

1. Blessed is the man who fears the Lord, who greatly delights in His commandments!
2. His descendants shall be mighty in the land; the generation of the upright will be blessed.
3. Wealth and riches are in his house; and his righteousness endures forever.
4. Light rises in the darkness for the upright; the Lord is gracious, merciful, and righteous.
5. It is well with the man who deals generously and lends, who conducts his affairs with justice. He will never be moved.
6. His heart is firm, trusting in the Lord. His heart is steady, he will not be afraid, until he sees his desire on his adversaries.
7. He has distributed freely, he has given to the poor; his righteousness endures forever; his horn is exalted in honor.
8. The wicked man sees it and is angry; he gnashes his teeth and melts away; the desire of the wicked man comes to nought.

Al - le - lu - ia, — Al - le - lu - ia, —

This system contains the first two staves of the musical score. The top staff is in treble clef and the bottom staff is in bass clef. Both staves are in the key of B-flat major (two flats). The melody in the top staff consists of eighth and quarter notes, while the bass staff provides a harmonic accompaniment with chords and single notes.

Al - le - lu - ia!

This system contains the third and fourth staves of the musical score. The top staff ends with a double bar line and a repeat sign (8). The bottom staff continues the accompaniment, ending with a double bar line and a repeat sign (8). The lyrics 'Al - le - lu - ia!' are positioned between the two staves.