

"Lord I Call..." – Tone 5

Reader: In the Fifth Tone, Lord, I call upon You, hear me!

Lord, I call upon You, hear me!

Hear me, O Lord!

Lord, I call upon You, hear me!

Receive the voice of my prayer,

when I call upon You!//

Hear me, O Lord!

Let my prayer arise

in Your sight as incense,

and let the lifting up of my hands

be an evening sacrifice!//

Hear me, O Lord!

Lord, I call upon You, hear me. Hear me, O Lord.

Lord, I call upon You hear me. Re-ceive the voice of my prayer

when I call upon You. Hear me, O Lord. Let my prayer a-rise

in Your sight as in - cense, and let the lift - ing up of my hands

be an evening sac - ri - fice. Hear me, O Lord.

Reader: (Reads text from service book)

v. (10) Bring my soul out of prison, that I may give thanks to Your name!

By Your precious Cross, O Christ,
 You have put the devil to shame.
 By Your Resurrection, You have blunted the sting of sin
 and saved us from the gates of death.//
 We glorify You, O only begotten One.

By Your pre - cious Cross, O Christ, You have put the de - vil to shame.

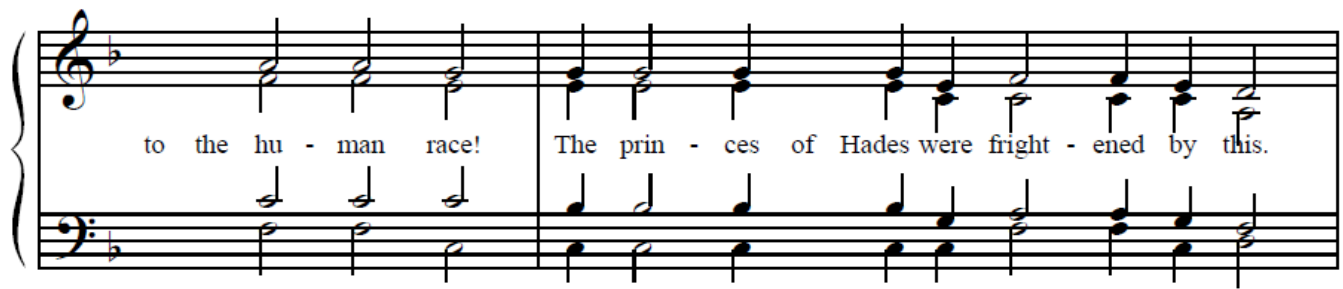
By Your Resur - rec - tion You have blunted the sting of sin and saved us

from the gates of death! We glorify You, O on - ly Be - got - ten One!

v. (9) The righteous will surround me; for You will deal bountifully with me.

Christ was led as a sheep to the slaughter
 in order to grant Resurrection to the human race.
 The princes of Hades were frightened by this,
 for the gates of sorrow were lifted.
 Christ the King of glory had entered,
 saying to those in chains: "Go forth!"//
 And to those in darkness: "Come to the light!"

Christ was led as a sheep to the slaugh - ter in order to grant resurrection



to the hu - man race! The prin - ces of Hades were fright - ened by this.

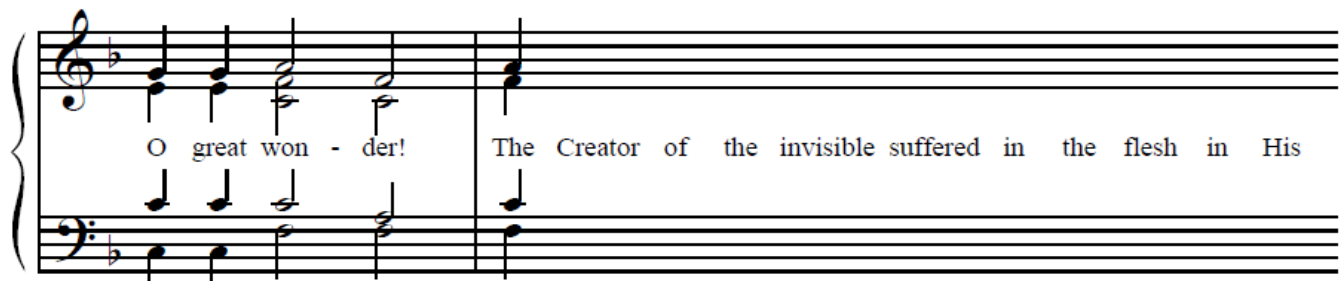


For the gates of sorrow were lift - ed! Christ, the King of glory, had en - tered

say - ing to those in chains, "Go forth!" And to those in dark-ness, "Come to the light!"

v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!

Oh, great wonder!
 The Creator of the invisible suffered in the flesh in His love for man
 and rose again immortal.
Come, O sons of nations,
 let us worship Him,
 Delivered from error by His compassion,//
 we have learned to sing of one God in three Persons!



O great won - der! The Creator of the invisible suffered in the flesh in His



love for man and rose a - gain im - mor - tal! Come, O sons of na - tions

let us wor - ship Him! De - liv - ered from error by His com - pas - sion,

we have learned to sing of one God in three per - sons!

v. (7) Let Your ears be attentive to the voice of my supplications!

We offer You our evening worship,
 O never setting Light,
 Who came in these last days to the world in the flesh;
 Who even descended to Hades to dispel its darkness.
 And Who have revealed the light of Resurrection to the nations.//
 Glory to You, O Lord and Giver of light!

We of - fer You our evening wor - ship. O ne - ver set - ting light

Who came in these last days to the world in the flesh, who e - ven descended to

Hades to dispel its dark - ness, and Who have revealed the light of resurrection

to the na - tions! Glory to You, O Lord and Gi - ver of Light!

v. (6) In the Second Tone, If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.

Tone 2

(for the Feast, by John the Monk)

Our Light that enlightens all comes to be baptized.

The Forerunner sees Him and rejoices in His soul.

His hand trembles as he shows Him to the people:

"Behold, the Redeemer of Israel,

the One Who frees us from corruption."//

O sinless One, Christ our God, glory to You!

Our Light that en - light - ens all comes to be bap - tized.

The Fore - run - ner sees Him and re - joic - es in His soul.

His hand trembles as he shows Him to the peo - ple: "Behold, the Redeemer of Is - ra - el,

the One Who frees us from cor - rup - tion." O sinless One, Christ our God, glor - y to You!

v. (5) For Your Name's sake I wait for You, O Lord. My soul has waited for Your word; my soul has hoped on the Lord.

A servant baptized our Redeemer

and the coming of the Spirit bore witness to Him.

The hosts of Angels saw this and shook with fear.

And the voice of the Father was heard from heaven:

"The One on Whom the Forerunner lays his hand,

He is My beloved Son; I am well pleased in Him."//
O Christ our God, glory to You!

A servant baptized our Re-deem - er and the coming of the Spirit bore wit-ness to Him.

The hosts of Angels saw this and shook with fear.

And the voice of the Father was heard from heav - en:

"The One on Whom the Forerunner lays his hand,

He is My beloved Son; I am well pleased in Him." O Christ our God, glor - y to You!

v. (4) From the morning watch until night, from the morning watch, let Israel hope on the Lord!

The streams of the Jordan received You, their Source,
and the Comforter descended in the form of a dove.

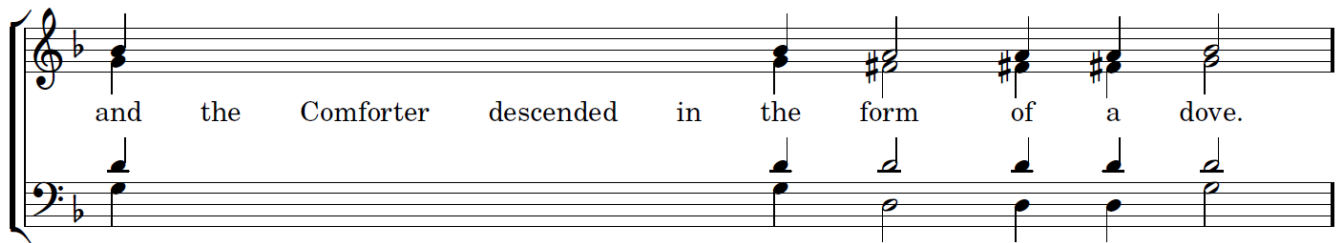
He Who bowed the heavens now bows His head.

The Clay cries aloud to the Potter:

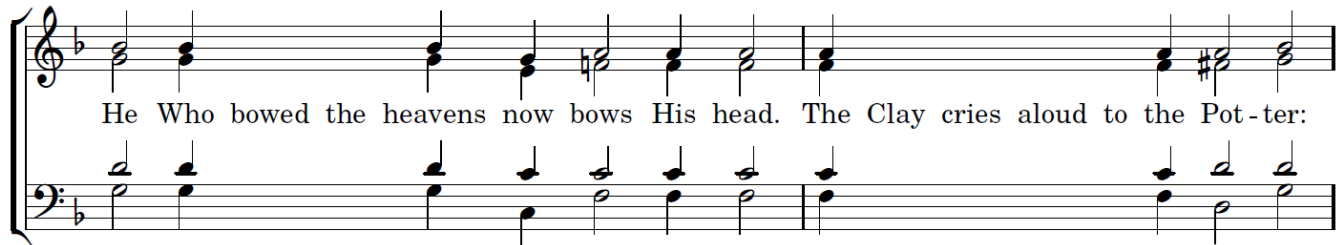
"Why do You command me to do what is beyond me;
for it is I that should be baptized by You?"//

O sinless One, Christ our God, glory to You!

The streams of the Jordan received You, their Source,



and the Comforter descended in the form of a dove.



He Who bowed the heavens now bows His head. The Clay cries aloud to the Pot-ter:

"Why do You command me to do what is be - yond me;

for it is I that should be bap-tized by You?" O sinless One, Christ our God, glor-y to You!

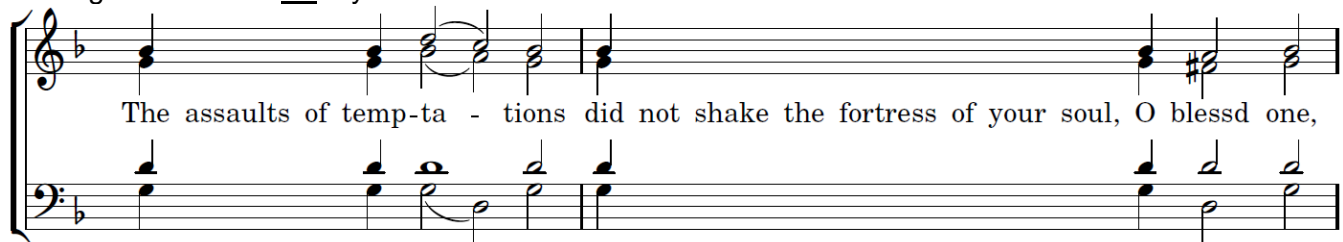
v. (3) In the Fourth Tone, For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

Tone 4

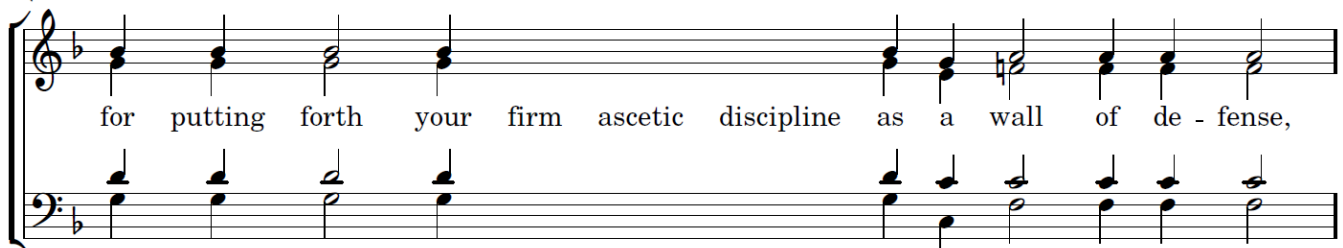
(for St. George)

(As one valiant among the martyrs)

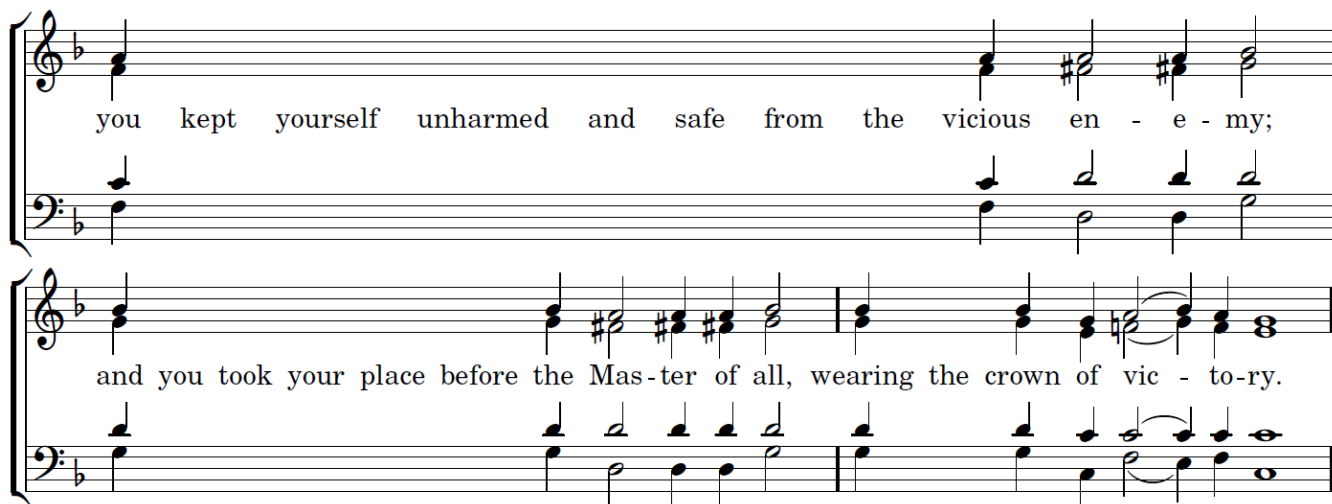
The assaults of temptations
 did not shake the fortress of your soul, O blessèd one,
 for putting forth your firm ascetic discipline as a wall of defense,
 you kept yourself unharmed and safe from the vicious enemy;
 and you took your place before the Master of all, //
 wearing the crown of victory.



The assaults of temp-ta - tions did not shake the fortress of your soul, O blesd one,



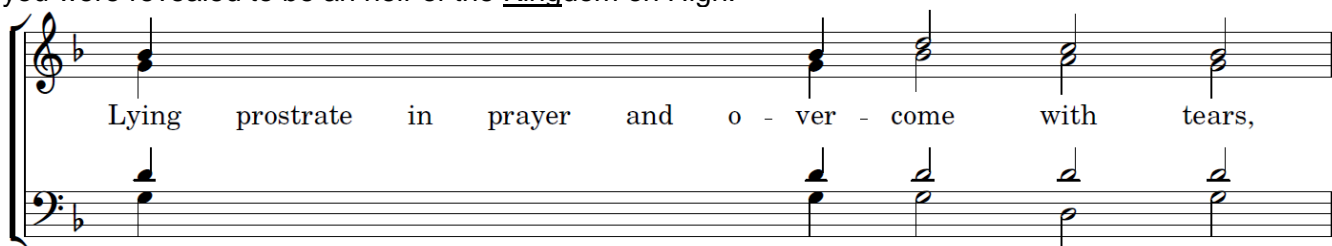
for putting forth your firm ascetic discipline as a wall of de - fense,



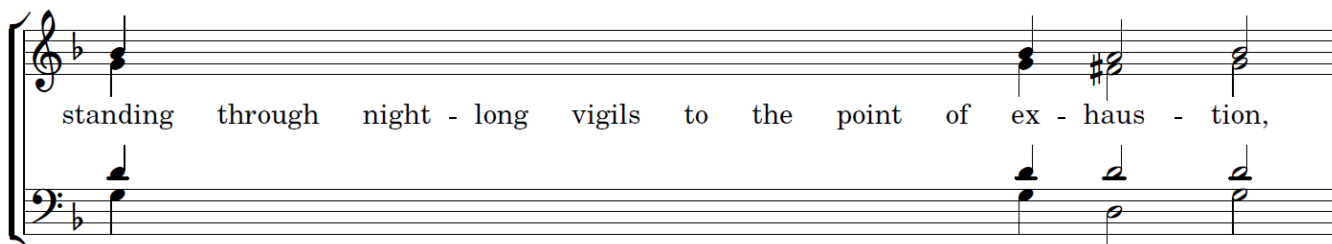
you kept yourself unharmed and safe from the vicious en - e - my;
and you took your place before the Mas - ter of all, wearing the crown of vic - to - ry.

v. (2) Praise the Lord, all nations! Praise Him, all peoples!

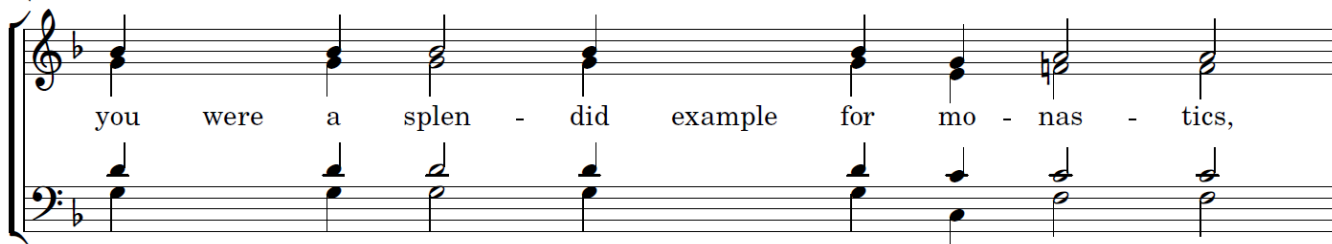
Lying prostrate in prayer and overcome with tears,
standing through night-long vigils to the point of exhaustion,
you were a splendid example for monastics,
a rule for them to follow and the highest crown of praise.
And having mastered every virtue, O most wise Father,
through your ascetic labors, //
you were revealed to be an heir of the Kingdom on High.



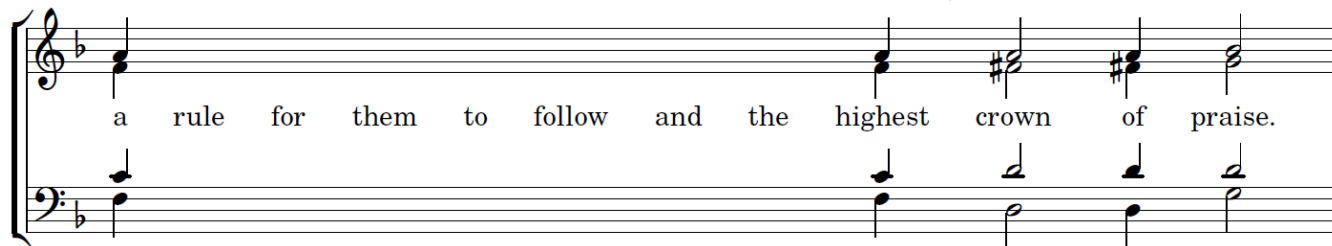
Lying prostrate in prayer and overcome with tears,



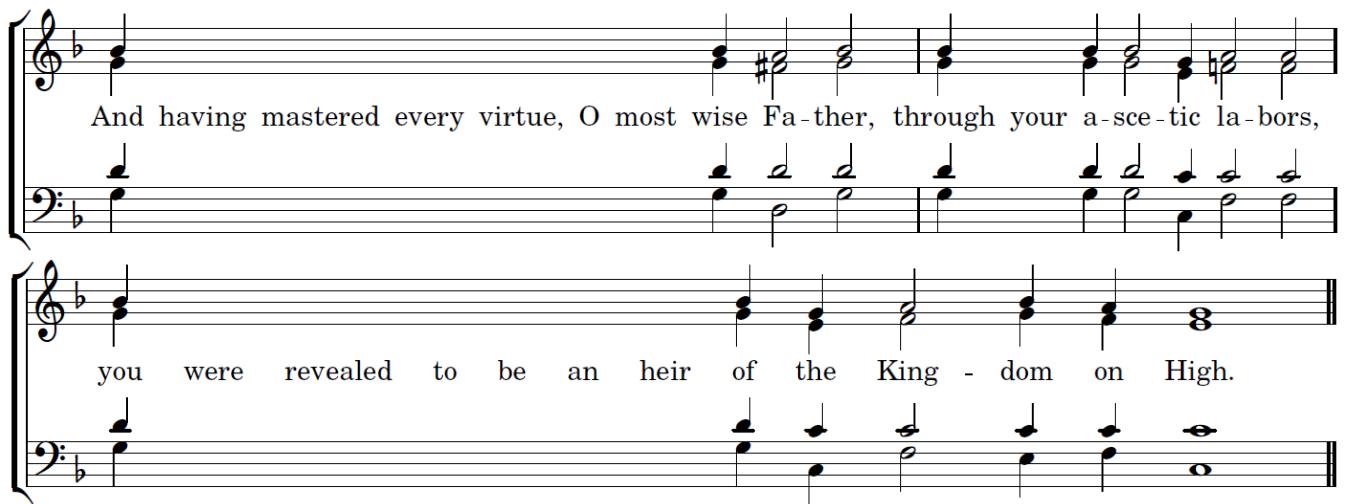
standing through night - long vigils to the point of ex - haus - tion,



you were a splen - did example for mo - nas - tics,



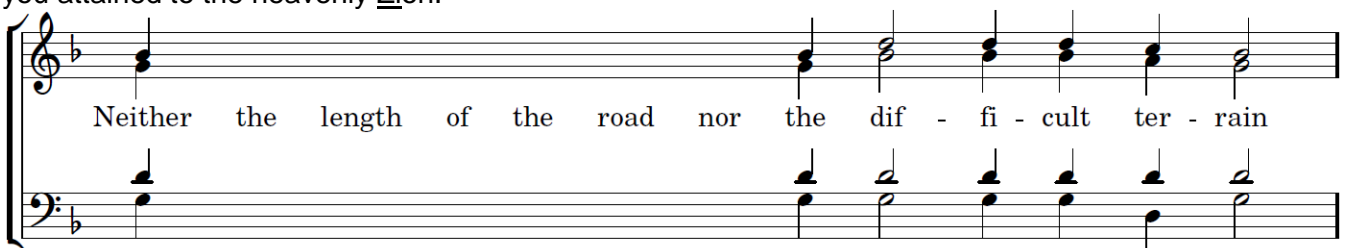
a rule for them to follow and the highest crown of praise.



And having mastered every virtue, O most wise Fa-ther, through your a-sce-tic la-bors,
 you were revealed to be an heir of the King - dom on High.

v. (1) For His mercy is confirmed on us, and the truth of the Lord endures forever.

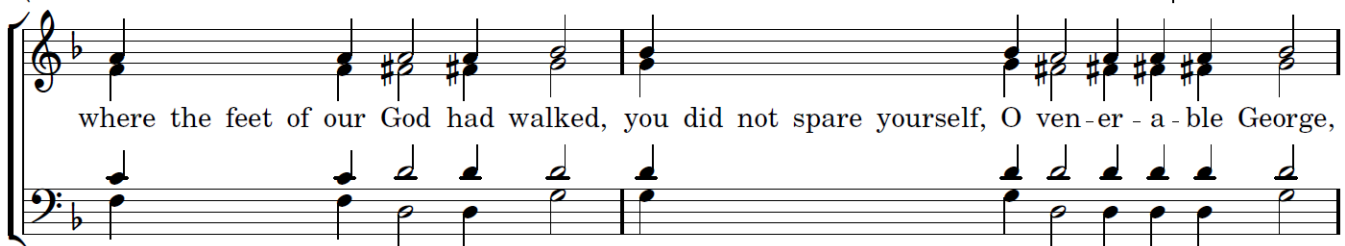
Neither the length of the road nor the difficult terrain
 could weaken the fervor of your journey to God.
 For having joyfully visited the places
 where the feet of our God had walked,
 you did not spare yourself, O venerable George,
until, through ascetic deeds and labors, //
 you attained to the heavenly Zion.



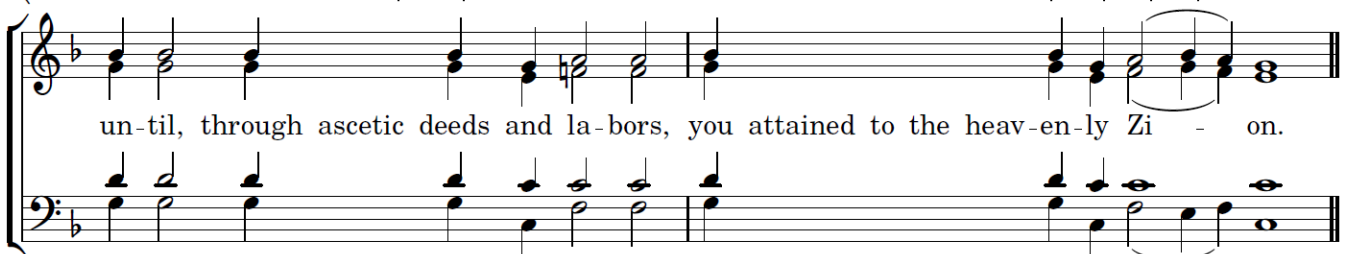
Neither the length of the road nor the dif - fi - cult ter - rain



could weaken the fervor of your jour-ney to God. For having joy-ful-ly visited the plac-es



where the feet of our God had walked, you did not spare yourself, O ven-er - a - ble George,



un-til, through ascetic deeds and la-bors, you attained to the heav-en-ly Zi - on.

In the First Tone, Glory to the Father, and to the Son, and to the Holy Spirit;

Tone 1

(for the Feast)

He Who covers the heaven with clouds

is Himself covered today by the streams of Jordan;
He Who takes away the sin of the world
is cleansed, that I may be made clean.
The Only-begotten Son of the Most High Father
receives from above the testimony of the consubstantial Spirit.
Let us cry aloud to Him://
"O Christ our God, You have made Yourself manifest and have saved us! Glory to You!"

The musical score is written for two voices (Soprano and Bass) and piano accompaniment. It consists of six systems of music. Each system has a vocal line with lyrics and a piano accompaniment line. The key signature is one flat (B-flat major or D minor). The lyrics are: "He Who covers the heaven with clouds is Himself covered today by the streams of Jordan; He Who takes away the sin of the world is cleansed, that I may be made clean. The Only begotten Son of the Most High Father receives from above the testimony of the consubstantial Spirit. Let us cry aloud to Him: 'O Christ our God, You have made Yourself manifest and have saved us! Glory to You!'".

In the Fifth Tone, now and ever, and unto ages of ages. Amen.

Tone 5

(Theotokion – Dogmatikon)

In the Red Sea of old,
a type of the Virgin Bride was prefigured.

There Moses divided the waters;
 here Gabriel assisted in the miracle.
 There Israel crossed the sea without getting wet,
 here the Virgin gave birth to Christ without seed.
 After Israel's passage, the sea remained impassable;
 after Emmanuel's birth, the Virgin remained a Virgin.
 O ever-existing God, Who appeared as Man, //
 O Lord, have mercy on us!

In the Red Sea of old, a type of the Virgin Bride was pre - fig - ured.

There Mo - ses divided the wa - ters; here Ga - briel assisted in the

mir - a - cle. There Israel crossed the Sea with - out get - ting wet;

here the Virgin gave birth to Christ with - out seed. After Is - rael's passage the

Sea remained im - pass - i - ble; after Emmanuel's birth the Virgin remained a vir - gin.

O E - ver - existing God, Who ap - peared as Man, O Lord have

The first system of the musical score consists of two staves. The upper staff is in treble clef with a key signature of one flat (B-flat). The lower staff is in bass clef with the same key signature. The lyrics are written below the notes. A dashed vertical line is placed between the words "as Man," and "O Lord".

mer - cy on us!

The second system of the musical score consists of two staves. The upper staff is in treble clef with a key signature of one flat. The lower staff is in bass clef with the same key signature. The lyrics are written below the notes. The system ends with a double bar line.

Priest: Wisdom! Let us attend!

People: O Gladsome Light ... (p. 16)

Aposticha – Tone 5

We magnify You in songs of praise,
O incarnate Christ and Savior.
By accepting the Cross and death for our sake,
as the Lord and Lover of man,
You overthrew the gates of Hades,//
and arose on the third day, saving our souls.

We mag - nify You in songs of praise, O incarnate Christ and Sa - viour!

By ac - cept - ing the Cross and death for our sake,

as the Lord and Lov - er of Man, You overthrew the gates of Ha - des,

and arose on the third day, sav - ing our souls!

v. The Lord is King; He is robed in majesty!

By being pierced in the side, O Lover of man,
You have poured out drops of life and salvation for all.
By accepting death in the flesh, You have granted us immortality.
You have freed us by being placed in the tomb,
and have resurrected us with Yourself in glory, as God.//
Glory to You, O Lord and Lover of man!

By being pierced in the side, O Lov - er of Man, You have poured out drops
of life and sal - va - tion for all. By ac - cept - ing death in the flesh, You
have granted us im - mor - ta - li - ty. You have freed us by being placed in
the tomb, and have resurrected us with Yourself in glo - ry as God!
Glory to You, O Lord, and Lov - er of Man!

v. For He has established the world, so that it shall never be moved.

Your crucifixion and descent into Hades are awesome, O Lover of man.

You have captured it, releasing the ancient prisoners.

You have opened Paradise and given it to us.

Grant us purification of sins,
who glorify Your Resurrection on the third day!

Make us worthy of Paradise//
and save us, O Lover of man!

Your cru - ci - fi - xion and descent into Hades are awesome, O Lov - er of Man!

You have captured it releasing the ancient pri - son - ers! You have opened

paradise and gi - ven it to us! Grant us purifi - ca - tion of sins,

who glorify Your Resurrection on the third day! Make us worthy of Par - a - dise

and save us, O Lov - er of Man!

v. Holiness befits Your house, O Lord, forevermore!

For our sake, You accepted death in the flesh,
 to rise from the dead on the third day.
Heal us from our earthly passions,
 and restore us from our evil transgressions://
 and save us, O Lover of man!

For our sake, You accepted death in the flesh, to rise from the dead on the third day!

Heal us from our earth-ly pas - sions, and re-store us from our evil trans-gres-sions;

and save us, O Lov - er of Man!

*Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.
Amen.*

Tone 2

(for the Feast, by Anatolios)

John saw You coming to him in the Jordan, O Christ God,
and he said: "You have no unclean-ness, O Lord,
why do You come to Your servant?
In whose Name will I baptize You?
In the Name of the Father?
But in Yourself You bear the Father.
In the Name of the Son?
But You Yourself are the Son incarnate.
In the Name of the Holy Spirit?
But by Your breath You can give the Spirit to the faithful."//
O God Who shone forth, have mercy on us!

John saw You coming to him in the Jordan, O Christ God,

and he said: "You have no un-clean-ness, O Lord, why do You come to Your ser-vant?"

In whose Name will I bap - tize You? In the Name of the Fa - ther?

But in Your - self You bear the Fa - ther. In the Name of the Son?

But You Yourself are the Son in - car - nate. In the Name of the Ho - ly Spir - it?

But by Your breath You can give the Spirit to the faith - ful."

O God Who shone forth, have mer - cy on us!

St. Symeon's Prayer (p. 25)

(at Great Vespers)

Tone 5

Troparion

(Resurrection)

(Resurrectional Troparion – Tone 5)

Let us, the faithful, praise and worship the Word,
co-eternal with the Father and the Spirit,
born for our salvation from the Virgin;
for He willed to be lifted up on the Cross in the flesh,
to endure death,
and to raise the dead//
by His glorious Resurrection.

Let us, the faithful praise and wor - ship the Word, co-eternal with the Father

and the Spi - rit, born for our salvation from the Vir - gin;

for He willed to be lifted up on the Cross in the flesh, to en-dure death,

and to raise the dead by His glo - ri - ous Re-sur-rec - tion!

*Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages.
Amen.*

Tone 1

Troparion

(Feast)

(Troparion for the Feast – Tone 1)

When You, O Lord, were baptized in the Jordan,

the worship of the Trinity was made manifest.
 For the voice of the Father bore witness to You,
 calling You His Beloved Son;
 and the Spirit in the form of a dove
 confirmed the truthfulness of His word.
 O Christ our God, You have revealed Yourself//
 and have enlightened the world, glory to You!

Soprano
Alto

Tenor
Bass

When You, O Lord, were baptized in the Jor-dan, the

Detailed description: This system shows the vocal parts for Soprano, Alto, Tenor, and Bass. The Soprano and Alto parts are written on a single staff with a treble clef. The Tenor and Bass parts are written on a single staff with a bass clef. The music is in a key with one flat (B-flat) and a common time signature. The lyrics are: "When You, O Lord, were baptized in the Jor-dan, the".

worship of the Trinity was made man-i - fest, for the voice_ of

Detailed description: This system continues the vocal parts from the first system. The lyrics are: "worship of the Trinity was made man-i - fest, for the voice_ of".

the Fa-ther bore wit-ness to You, and called You His be-loved

Detailed description: This system continues the vocal parts. The lyrics are: "the Fa-ther bore wit-ness to You, and called You His be-loved".

Son, and the Spir - it, in the form of a dove, confirmed the

Detailed description: This system concludes the vocal parts. The lyrics are: "Son, and the Spir - it, in the form of a dove, confirmed the".

truth-ful-ness of His word. O Christ_ our God, You have re-vealed

Your - self and have enlightened the world, glo - ry to You!

Then, the dismissal (p. 26)

(at the Divine Liturgy)

Tone 5

Troparion

(Resurrection)

(Resurrectional Troparion – Tone 5)

Let us, the faithful, praise and worship the Word,
co-eternal with the Father and the Spirit,
born for our salvation from the Virgin;
for He willed to be lifted up on the Cross in the flesh,
to endure death,
and to raise the dead//
by His glorious Resurrection.

Let us, the faithful praise and wor - ship the Word, co-eternal with the Father
and the Spi - rit, born for our salvation from the Vir - gin;
for He willed to be lifted up on the Cross in the flesh, to en-dure death,
and to raise the dead by His glo - ri - ous Re-sur-rec - tion!

Tone 1

Troparion

(Feast)

(Troparion for the Feast – Tone 1)

When You, O Lord, were baptized in the Jordan,
the worship of the Trinity was made manifest.
For the voice of the Father bore witness to You,

calling You His Beloved Son;
 and the Spirit in the form of a dove
 confirmed the truthfulness of His word.
 O Christ our God, You have revealed Yourself//
 and have enlightened the world, glory to You!

Soprano
Alto

When You, O Lord, were baptized in the Jordan, the

Tenor
Bass

worship of the Trinity was made manifest, for the voice of

the Father bore witness to You, and called You His beloved

Son, and the Spirit, in the form of a dove, confirmed the

truthfulness of His word. O Christ our God, You have revealed

Your - self and have enlightened the world, glo - ry to You!

Tone 4

Kontakion

(St. George)

(Kontakion of the Saint – Tone 4)

You have appeared as a brilliant light
 and have illumined with divine rays those who cry to you, O George.
 Pray for us to Christ the Master,
 Who appeared in the waters//
 to illumine those born on earth!

Soprano
Alto

Tenor
Bass

You have appeared as a bril - liant light and have

illumined with divine rays those who cry to you, O

George. Pray for us to Christ the Mas - ter,

Who appeared in the wa - ters to illumine those

born on earth!

Glory to the Father, and to the Son, and to the Holy Spirit;

Tone 4

Kontakion

(Feast)

(Kontakion of the Feast – Tone 4)

Today You have shone forth to the world, O Lord,
and the light of Your countenance has been marked on us.

Knowing You, we sing Your praises.

You have come and revealed Yourself, //

O unapproachable Light.

Soprano
Alto

Tenor
Bass

To-day You have shown forth to the world, O Lord,

and the light of Your countenance has been marked on us.

Know-ing You, we sing Your prais - es. You have come and

re - vealed Your - self, O un - ap - proach - a - ble Light.

now and ever, and unto ages of ages. Amen.

Tone 5

Kontakion

(Resurrection)

(Resurrectional Kontakion – Tone 5)

You descended into Hades, O my Savior,

shattering its gates as Almighty,
 resurrecting the dead as Creator,
 and destroying the sting of death.
 You have delivered Adam from the curse, O Lover of Man, //
 and we all cry to You: "O Lord, save us!"

You descend-ed into Hades, O my Sa-viour, shattering its gates as Al-might-y;
 re-sur-rec-ting the dead as Cre-a-tor,
 and des-troy-ing the sting of death, You delivered Adam from the curse,
 O Lo-ver of Man, and we all cry to You: O Lord, save us!

(then, p. 83)

Tone 1

Prokeimenon

(Sunday After)

Prokeimenon, Tone 1

Priest: Let us attend! † Peace to all!

Reader: And with your spirit!

Priest: Wisdom!

Reader: The Prokeimenon, in the 1st Tone: Let Your mercy, O Lord, be upon us as we have set our hope on You!

People: Let Your mercy, O Lord, be upon us as we have set our hope on You, as we have set our hope on You!

Let Your mercy, O Lord, be upon us as we have set our hope on You,

as we have set our hope on You.

Reader: Rejoice in the Lord, O you righteous! Praise befits the just!

People: Let Your mercy, O Lord, be upon us as we have set our hope on You, as we have set our hope on You!

Let Your mercy, O Lord, be upon us as we have set our hope on You,

as we have set our hope on You.

Reader: Let Your mercy, O Lord, be upon us ...

People: ... as we have set our hope on You, as we have set our hope on You!

as we have set our hope on You,

as we have set our hope on You.

Deacon: Wisdom!

Reader: The Reading from the Epistle of the Holy Apostle Paul to the Ephesians.

Deacon: Let us attend!

Reader: Brothers and sisters, grace has been granted to each one of us according to the measure of Christ's gift. Therefore, God says, "When he ascended on high, he led captivity captive, and gave gifts to men." Now what does "he ascended" mean, if not that he first descended into the lower parts of the earth? He who descended is the same one who also ascended far above all the heavens, so that he might fill all things.

He gave some to be apostles, some prophets, some evangelists, some shepherds and teachers, for the perfecting of the saints, for a work of ministry, to build up the body of Christ. This is until we all attain to the unity of the faith and to the knowledge of the Son of God, to maturity, having reached the very fullness of Christ.

Priest: † Peace to you who read!

Tone 5 *(Sunday after the Theophany)*

Alleluia: Tone 5

Reader: And to Your spirit. In the 5th Tone: Alleluia, Alleluia, Alleluia!

People: Alleluia! Alleluia! Alleluia!

Reader: I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation.

People: Alleluia! Alleluia! Alleluia!

Reader: For You have said: "Mercy will be established forever; My truth will be prepared in the heavens."

People: Alleluia! Alleluia! Alleluia!

Gospel: (8) – Matthew 4:12-17

Page 331

Priest: The reading from the Holy Gospel according to St. Matthew.

People: Glory to You O Lord, Glory to You.

Priest: At that time, when Jesus heard that John had been arrested, he withdrew into Galilee. Leaving Nazareth, he came and lived in Capernaum, which is by the sea, in the region of Zebulun and Naphtali, so that what had been spoken through Isaiah the prophet might be fulfilled:

*The land of Zebulun and the land of Naphtali,
toward the sea, beyond the Jordan, Galilee of the Gentiles,
the people who sat in darkness saw a great light,
to those who sat in the region and shadow of death,
to them light has dawned.*

From that time on, Jesus began to preach and to say, "Repent! For the Kingdom of Heaven is at hand."

People: Glory to You O Lord, Glory to You.

Sermon

(then p. 89)

(Instead of "It is truly meet...", we sing:)

Magnify, O my soul, the most-pure Virgin Theotokos,
more honorable than the heavenly hosts.

No tongue knows how to praise you worthily, O Theotokos;
even Angels are overcome with awe praising you.

But since you are good, accept our faith;
for you know our love inspired by God.

You are the defender of Christians, and we magnify you.

Soprano
Alto

Tenor
Bass

Mag - ni - fy, — O my soul, the most pure Vir - gin

The - o - to - kos, more hon'-ra - ble than the hea - ven - ly hosts!

No tongue knows how to praise you worthily, O The - o - to - kos,

even angels are o - ver - come with awe — prais ing you. But since you

are good, ac - cept — our faith; for you know our love — in -

spired by God. You are the defender of Christians, and

The first system of music features a vocal line and a piano accompaniment. The vocal line is written in a treble clef with a key signature of one sharp (F#) and a common time signature. The lyrics are: "spired by God. You are the defender of Christians, and". The piano accompaniment is written in a bass clef with the same key signature and time signature, providing harmonic support for the vocal line.

we mag - ni - fy you.

The second system of music continues the vocal line and piano accompaniment. The vocal line is written in a treble clef with a key signature of one sharp (F#) and a common time signature. The lyrics are: "we mag - ni - fy you.". The piano accompaniment is written in a bass clef with the same key signature and time signature, ending with a double bar line and a fermata over the final note.

Communion Hymns

Praise the Lord from the heavens! Praise Him in the highest! The grace of God has appeared for the salvation of all men. Alleluia! Alleluia! Alleluia!

Praise the Lord from the heavens! Praise Him in the highest!

The grace of God has appeared;

for the salvation of all.

1. Lord my God, I know that I am not worthy, nor sufficient, that You should come under the roof of the house of my soul, for it is entirely desolate and in ruins, and You do not have a worthy place in me to lay Your head.
2. But as You humbled Yourself from on high for our sake, do likewise also for my unworthiness. And as You willed in the cave to lie in a manger of mute animals, take it upon Yourself now to enter the manger of my mute soul and into my soiled body.
3. And as You did not refuse to enter and eat with sinners in the house of Simon the leper, so also deign to enter into the house of my soul, leper and sinner that I am.
4. And as You did not cast out the harlot, a sinner like me, who came and touched You, so have compassion on me the sinner who now comes to touch You.
5. And as You did not abhor the kiss of her sinful and unclean mouth, do not abhor my mouth, more stained and unclean than hers, nor my sordid and unclean and shameless lips, nor my more unclean tongue.
6. But let the fiery coal of Your most pure body and of Your most precious blood bring sanctification, illumination, and strengthening of my lowly soul and body,...
7. ... relief of the burden of my many transgressions, protection against every operation of the devil, an averting and hindering of my mean and evil habits, mortification of my passions, ...

8. ... fulfillment of Your commandments, an increase of Your divine grace, and inheritance of Your kingdom. For it is not with a light heart, Christ my God, that I venture to approach You.
9. But I trust in Your ineffable goodness. May I not become prey to Satan by abstaining for long from Your communion.
10. Therefore, Lord, I pray to You who alone are holy that You sanctify my soul and body, my heart, and my mind, and renewing me wholly, implant in my members fear of You.
11. Do not let Your sanctification be taken from me, but be my help and protector, governing my life in peace.
12. Make me worthy to obtain a place at Your right hand with Your saints, through the prayers and supplications of Your most pure Mother, of Your bodiless ministers and pure angelic powers, and of all Your saints who from the ages have found favor in You. Amen.

