

"Lord I Call..." – Tone 1

Reader: In the First Tone, Lord, I call upon You, hear me!

Lord, I call upon You, hear me!

Hear me, O Lord!

Lord, I call upon You, hear me!

Receive the voice of my prayer,

when I call upon You!//

Hear me, O Lord!

Let my prayer arise

in Your sight as incense,

and let the lifting up of my hands

be an evening sacrifice!//

Hear me, O Lord!

Reader: (Reads text from service book)

v. (10) Bring my soul out of prison, that I may give thanks to Your name!

Tone 1

Idiomelon

(from the Lenten Triodion)

Let us keep a spiritual fast, O brothers!

Let us speak no lies or deceit with our tongue!

Let us not give each other cause for stumbling,

but by repentance let the lamp of our soul shine brightly!//
Forgive us our sins in Your love for mankind!

Let us keep a spiritual fast, O brethren!

Let us speak no lies or deceit with our tongue!

Let us not give each other cause for stumbling,

but by repentance let the lamp of our soul shine brightly!

Forgive us our sins in Your love for mankind!

v. (9) The righteous will surround me; for You will deal bountifully with me.

Let us keep a spiritual fast, O brothers!
Let us speak no lies or deceit with our tongue!
Let us not give each other cause for stumbling,
but by repentance let the lamp of our soul shine brightly!//
Forgive us our sins in Your love for mankind!

Let us keep a spiritual fast, O brethren!

Let us speak no lies or de - ceit with our tongue!

Let us not give each other cause for stum - bling,

but by repentance let the lamp of our soul shine bright - ly!

Forgive us our sins in Your love for man - kind!

v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice.

Tone 1

(to the Martyrs)

O Martyrs, truly worthy of praise,
 although you were dishonored on earth,
 the heavens received you.

The gates of Paradise opened to you,
 and now you enjoy the Tree of Life.//

Entreat Christ to grant us peace and His great mercy!

O Mar - tyrs, tru - ly wor - thy of praise, although you

were dis - hon - ored on earth, the heav - ens re - ceived you.

The gates of Par - a - dise o - pened to you,
and now ye enjoy the Tree of Life.
Entreat Christ to grant us peace and His great mer - cy!

v. (7) In the Third Tone, Let Your ears be attentive to the voice of my supplications.

Tone 3

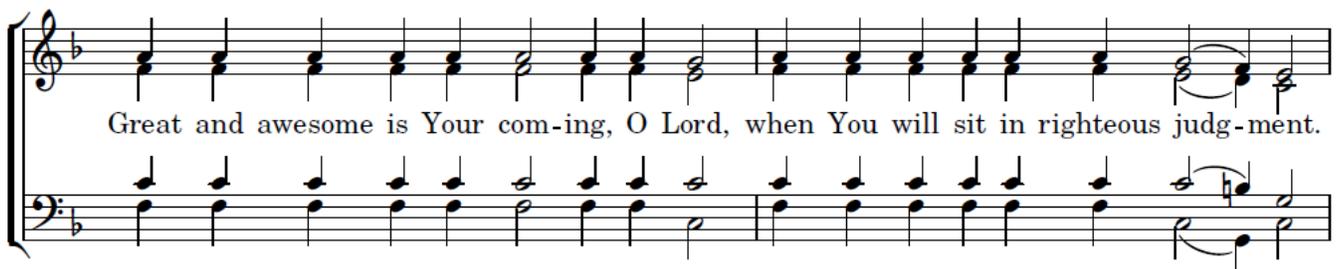
(from the Triodion, by Joseph) (Great is the power of Your Cross)

Through the prayers of Your Apostles, O Lord,
grant us to spend this time of fasting with compunction of heart, //
that being saved we may glorify You, O compassionate One!

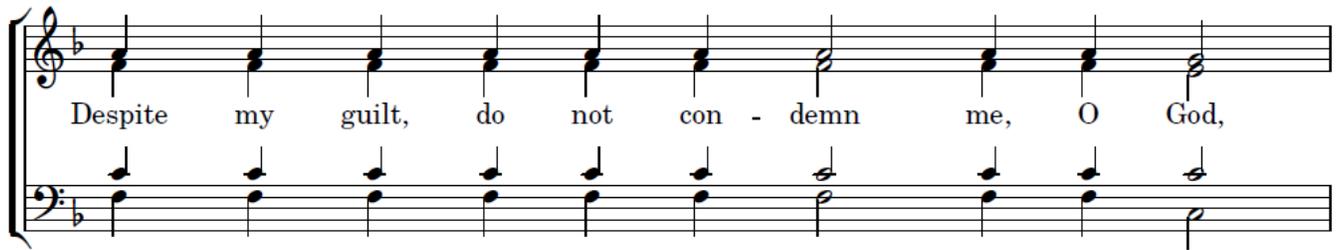
Through the prayers of Your divine A - pos - tles, O Lord,
grant us to spend this time of fasting with com - punc - tion of heart,
that being saved we may glorify You, O com - pas - sion - ate One!

v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.

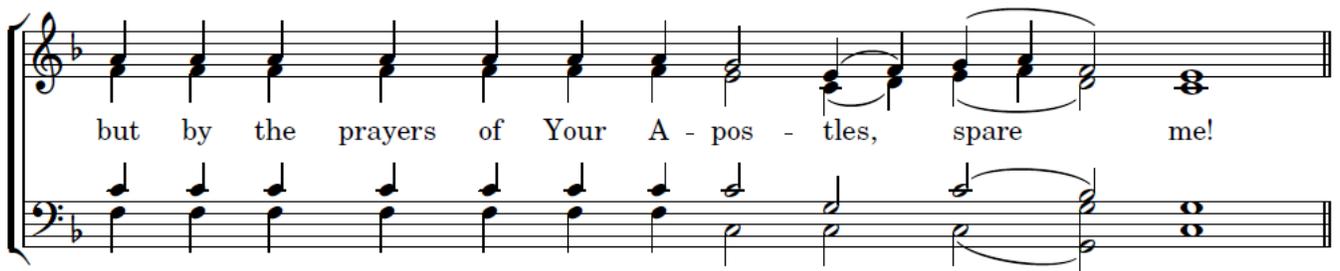
Great and awesome is Your coming, O Lord,
when You will sit in righteous judgment.
Despite my guilt, do not condemn me, O God, //
but by the prayers of Your Apostles, spare me!



Great and awesome is Your coming, O Lord, when You will sit in righteous judgment.



Despite my guilt, do not condemn me, O God,



but by the prayers of Your Apostles, spare me!

v. (5) In the Sixth Tone, For Your name's sake I have waited for You, O Lord, my soul has waited for Your word; my soul has hoped on the Lord.

Tone 6

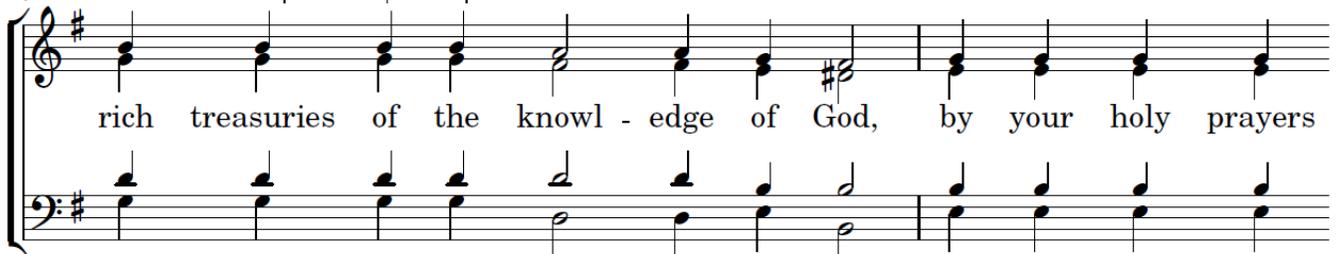
(from the Triodion, by Theodore)

(Having placed all their hope)

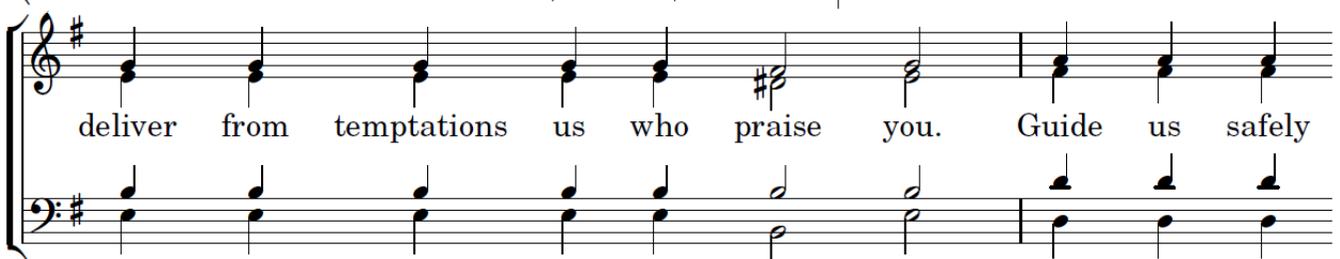
O Apostles of Christ,
 lights for those born on earth,
 rich treasures of the knowledge of God,
 by your holy prayers deliver from temptations us, who praise you!
 Guide us safely through the course of the Fast!
 Keep our lives in peace,
 so that we may reach Christ's passion unharmed//
 and with boldness offer hymns of praise to our God!



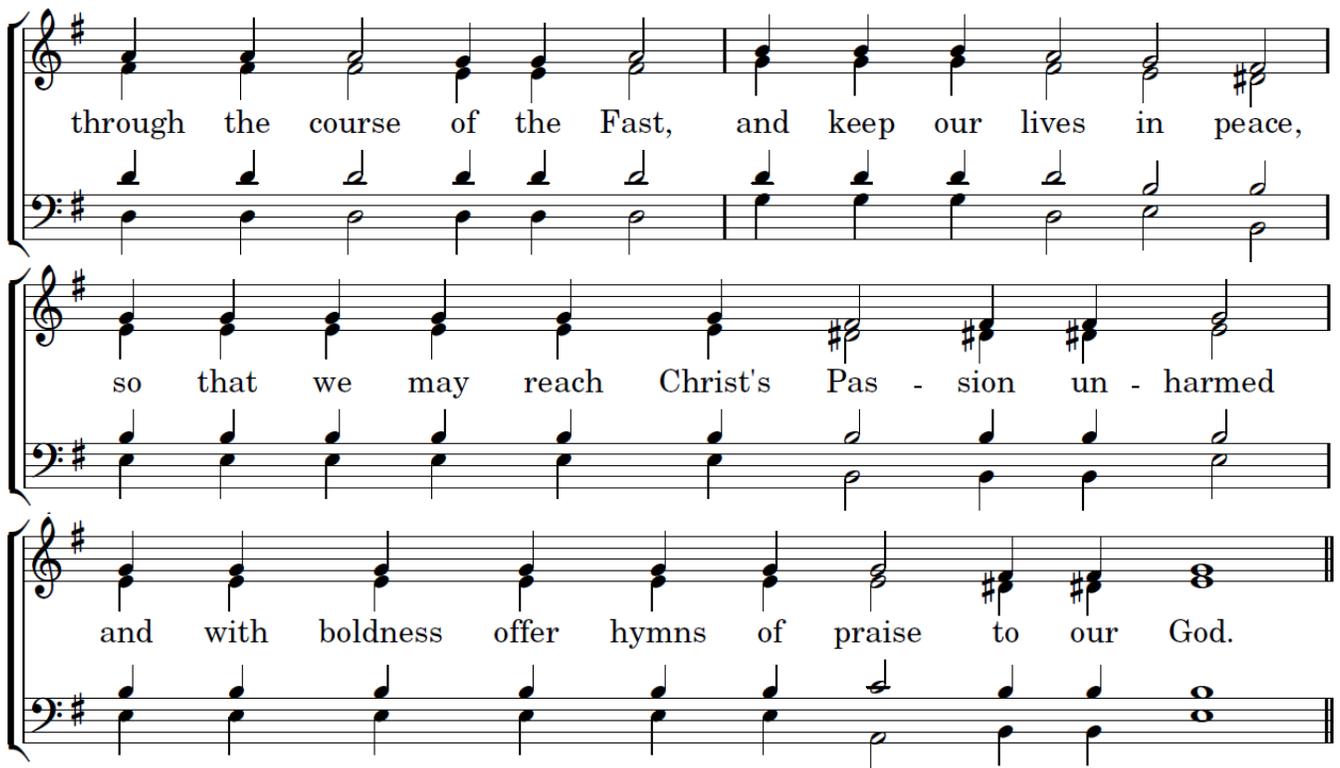
O A - pos - tles of Christ, lights for those born on earth,



rich treasures of the knowl - edge of God, by your holy prayers



deliver from temptations us who praise you. Guide us safely



through the course of the Fast, and keep our lives in peace,
 so that we may reach Christ's Pas - sion un - harmed
 and with boldness offer hymns of praise to our God.

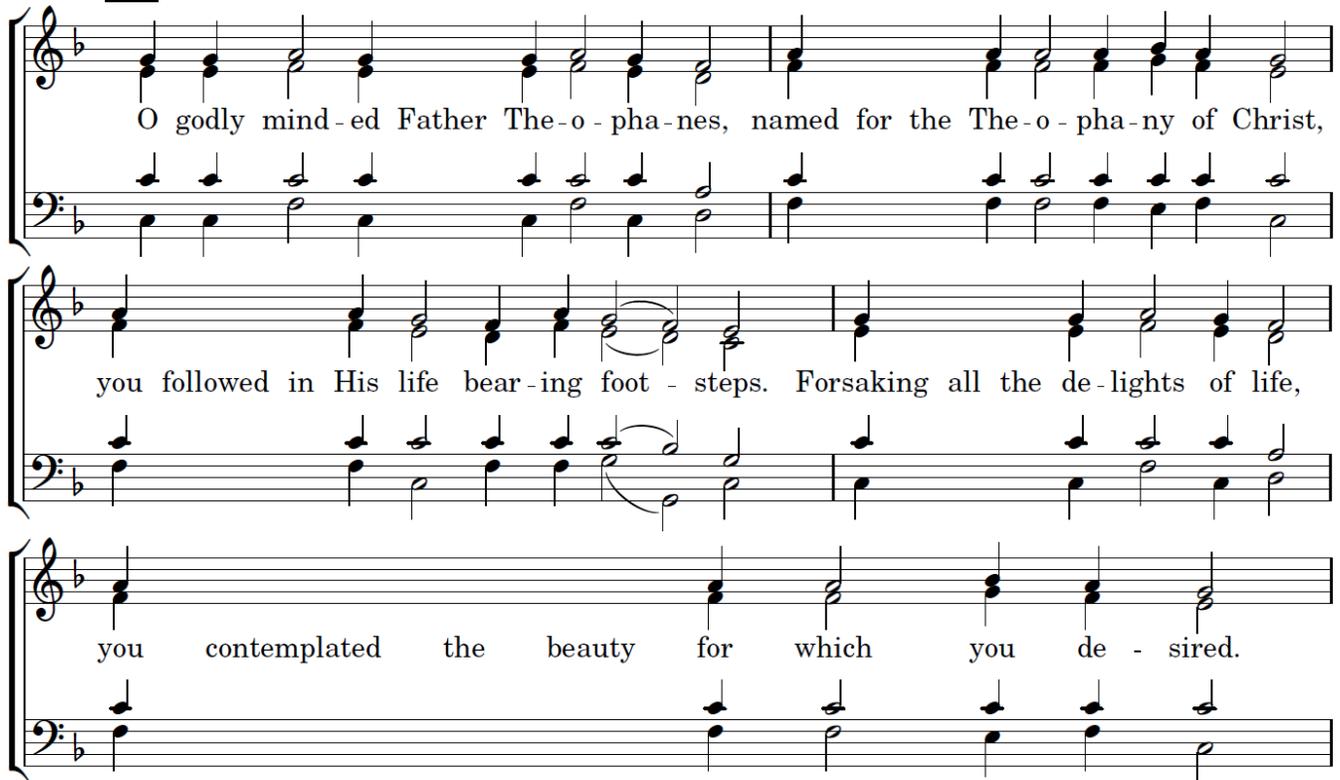
v. (4) In the Eighth Tone, From the morning watch until night, from the morning watch let Israel hope on the Lord!

Tone 8

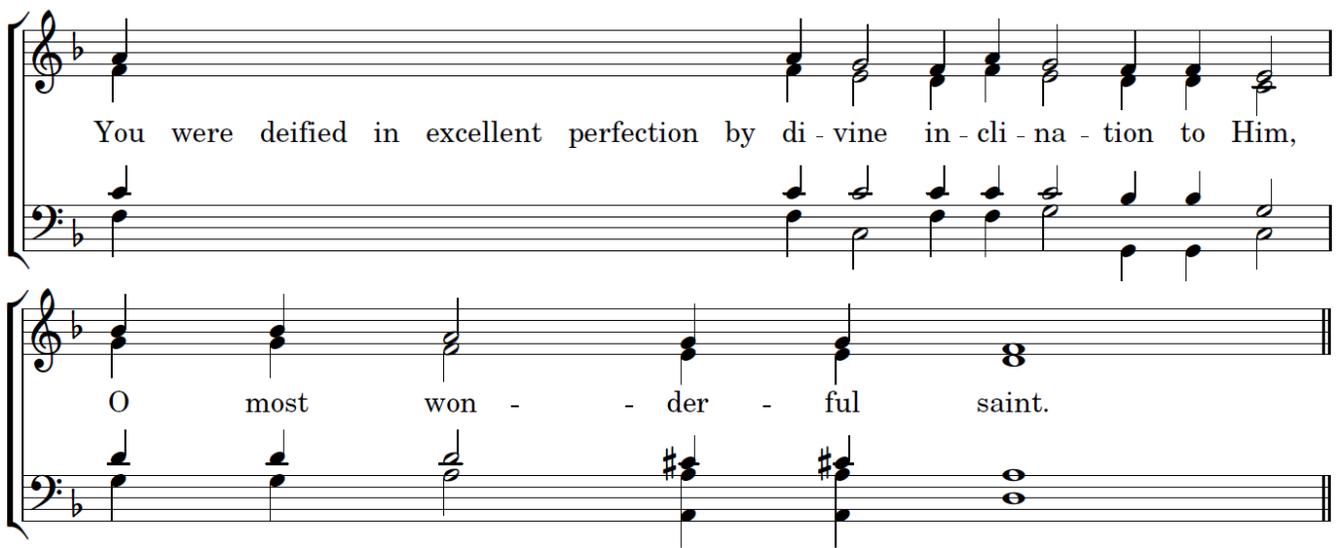
(for Ven. Theophanes)

(O most glorious wonder)

O godly-minded Father Theophanes,
 named for the Theophany of Christ,
 you followed in His life-bearing footsteps.
 Forsaking all the delights of life,
 you contemplated the beauty for which you desired.
 You were deified in excellent perfection by divine inclination to Him, //
 O most wonderful saint.



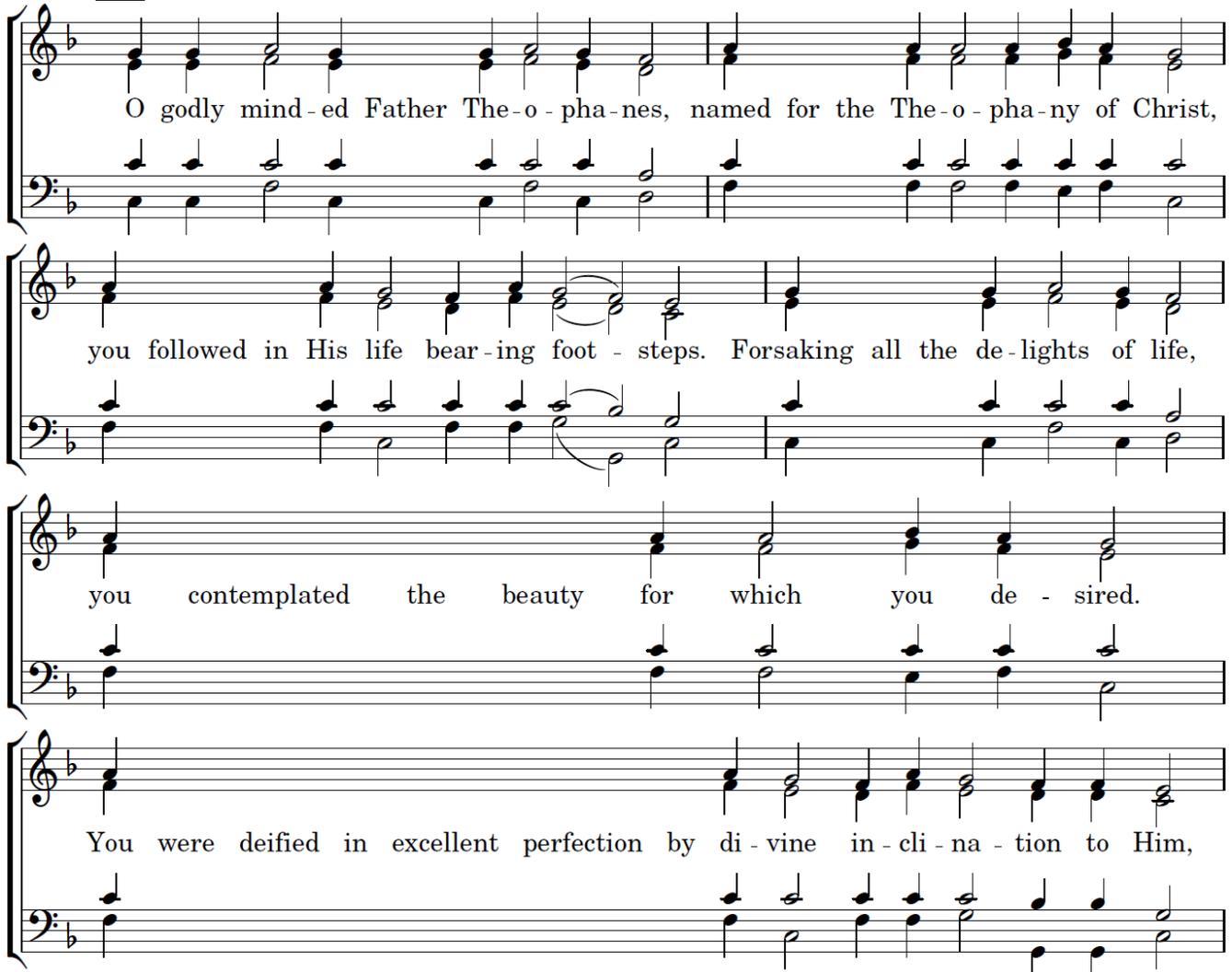
O godly mind-ed Father The-o - pha-nes, named for the The-o - pha-ny of Christ,
 you followed in His life bear-ing foot - steps. Forsaking all the de-lights of life,
 you contemplated the beauty for which you de - sired.



You were deified in excellent perfection by di - vine in - cli - na - tion to Him,
O most won - - der - ful saint.

v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

O godly-minded Father Theophanes,
named for the Theophany of Christ,
you followed in His life-bearing footsteps.
Forsaking all the delights of life,
you contemplated the beauty for which you desired.
You were deified in excellent perfection by divine inclination to Him, //
O most wonderful saint.



O godly mind - ed Father The - o - pha - nes, named for the The - o - pha - ny of Christ,
you followed in His life bear - ing foot - steps. Forsaking all the de - lights of life,
you contemplated the beauty for which you de - sired.
You were deified in excellent perfection by di - vine in - cli - na - tion to Him,

O most won - - der - ful saint.

v. (2) Praise the Lord, all nations! Praise Him, all peoples!

O godly-minded Father Theophanes,
 you were steadfast in afflictions of the flesh.
 With patience you endured bitter exile for the sake of the precious icons,
 taking no pity on your body, O all-praiseworthy saint.
 You were banished by the wrath of lions whose counsels you disdained, //
 convicting the folly of their arguments as foolish and senseless.

O godly mind-ed Father The-oph-a-nes, you were steadfast in af-flic-tions of the flesh.

With patience you endured bitter exile for the sake of the pre-cious i-cons,

taking no pity on your body, O all praise-wor-ty saint.

You were banished by the wrath of lions whose coun-sels you dis-dained,

convicting the folly of their arguments as foolish and sense-less.

v. (1) For His mercy is abundant towards us; and the truth of the Lord endures forever.

O godly-minded Father Theophanes,
 the Bestower of good things has indeed abundantly granted to you
 rewards for your pains and labors.

He has bestowed on you the power, O thrice-blessed saint,
to drive out demons and to heal infirmities;
He counted you worthy of inexpressible joy,
where the ranks of Angles sing in chorus, //
and where you ever behold the face of the Almighty.

O godly mind - ed Father The - oph - a - nes,

the Bestower of good things has indeed abundantly grant - ed to you

rewards for your pains and la - - bors.

He has bestowed on you the power, O thrice bless - ed saint,

to drive out demons and to heal in - fir - mi - ties;

He counted you wor - thy of in - ex - pres - si - ble joy,

where the ranks of Angles sing in cho - - rus,

and where you ever behold the face of the Al - might - y.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Tone 8

(Theotokion)

Rejoice, O resting place of the divine Light,
 brightest star, and veil of sanctification!
 You shine forth the Light Who illumines us from your all-pure womb.
 You enlighten the ends of the world with your own grace.
 Rejoice, O most pure Virgin, source of salvation;
 rejoice, awesome report and word to those who hope in you!

Re - joice, O resting place of the di - vine Light,

brightest star, and veil of sanc - ti - fi - ca - tion!

You shine forth the Light Who illumines us from your all pure womb.

You enlighten the ends of the world with your own grace.

Rejoice, O most pure Virgin, source of sal - va - tion;

rejoice, awesome report and word to those who hope in you!

Priest: Wisdom! Let us attend!
Choir: O Gladsome Light ...

Tone 6 Prokeimenon

Priest: Let us attend! † Peace be unto all!

***Reader:* And to your spirit.**

Priest: Wisdom!

***Reader:* The Prokeimenon is in the 6th Tone. Be glad in the Lord, and rejoice, O you righteous!**

Choir: Be glad in the Lord, and rejoice, O you righteous!

Be glad in the Lord, and re - joice, O You right - - - eous.

***Reader:* Blessed is he whose transgression is forgiven.**

Choir: Be glad in the Lord, and rejoice, O you righteous!

Be glad in the Lord, and re - joice, O You right - - - eous.

***Reader:* Be glad in the Lord, ...**

Choir: ... and rejoice, O you righteous!

and re - joice, O You right - - - eous.

Priest: Wisdom!

***Reader:* The reading from the First Book of Moses called Genesis (4:16-26)**

Priest: Let us attend!

Reader: Cain went away from the presence of the LORD and settled in the land of Nod, east of Eden. Cain knew his wife, and she conceived and bore Enoch. When he built a city, he called the name of the city after the name of his son, Enoch. To Enoch was born Irad, and Irad fathered Mehujael, and Mehujael fathered Methushael, and Methushael fathered Lamech. And Lamech took two wives. The name of the one was Adah, and the name of the other Zillah. Adah bore Jabal; he was the father of those who dwell in tents and have livestock. His brother's name was Jubal; he was the father of all those who play the lyre and pipe. Zillah also bore Tubal-cain; he was the forger of all instruments of bronze and iron. The sister of Tubal-cain was Naamah. Lamech said to his wives: "Adah and Zillah, hear my voice; you wives of Lamech, listen to what I say: I have killed a man for wounding me, a young man for striking me. If Cain's revenge is sevenfold, then Lamech's is seventy-sevenfold." And Adam knew his wife again, and she bore a son and called his name Seth, for she said, "God has appointed for me another offspring instead of Abel, for Cain killed him." To Seth also a son was born, and he called his name Enosh. At that time people began to call upon the name of the LORD.

Tone 1

Prokeimenon

Priest: Wisdom!

Reader: The Prokeimenon is in the 1st Tone. Let Your mercy, O Lord, be upon us, as we have set our hope on You!

Choir: Let Your mercy, O Lord, be upon us, as we have set our hope on You, as we have set our hope on You!

Let Your mercy, O Lord, be up-on us as we have set our hope on You.

as we have set our hope on You.

Reader: Rejoice in the Lord, O you righteous!

Choir: Let Your mercy, O Lord, be upon us, as we have set our hope on You, as we have set our hope on You!



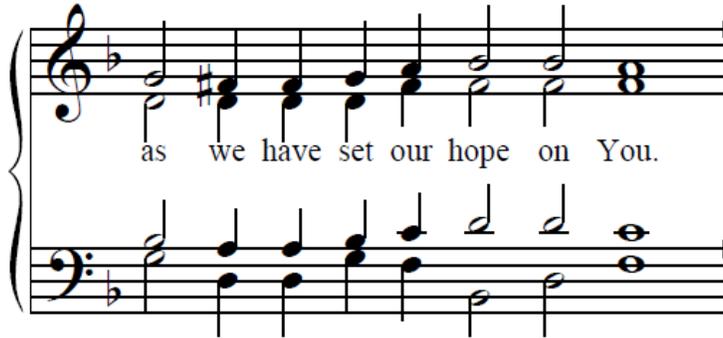
Let Your mercy, O Lord, be up-on us as we have set our hope on You.



as we have set our hope on You.

Reader: Let Your mercy, O Lord, be upon us, ...

Choir: ... as we have set our hope on You, as we have set our hope on You!



as we have set our hope on You.



as we have set our hope on You.

(All Prostrate)

Priest: Wisdom! Let us attend! The Light of Christ illumines all.

Reader: The reading from the Proverbs of Solomon (5:15-6:3)

Priest: Let us attend!

Reader: My son, drink water from your own cistern, flowing water from your own well. Should your springs be scattered abroad, streams of water in the streets? Let them be for yourself alone, and not for strangers with you. Let your fountain be blessed, and rejoice in the wife of your youth, a lovely deer, a graceful doe. Let her breasts fill you at all times with delight; be intoxicated always in her love. Why should you be intoxicated, my son, with a forbidden woman and embrace the bosom of an adulteress? For a man's ways are before the eyes of the LORD, and he ponders all his paths. The iniquities of the wicked ensnare him, and he is held fast in the cords of his sin. He dies for lack of discipline, and because of his great folly he is led astray. My son, if you have put up security for your neighbor, have given your pledge for a stranger, if you are snared in the words of your mouth, caught in the words of your mouth, then do this, my son, and save yourself, for you have come into the hand of your neighbor: go, hasten, and plead urgently with your neighbor.

Priest (Quietly): † Peace to you who read.

There is no response, but "Let my prayer arise ..." begins immediately.

(and the rest of the Liturgy of the Presanctified Gifts)