



**Holy Transfiguration  
Orthodox Church**

*a mission parish of the Orthodox Church in America*

*Fifteenth Sunday after Pentecost*  
**Sunday, September 29, 2019**

*Venerable Kyriacus the Hermit of Palestine*

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Fr. Martin D. Watt, Priest-in-Charge

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and rectory:*

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**Welcome!** We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets available with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments. Please leave the hardback versions for future parishioners to use.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

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*Regular services:*

**Great Vespers**, Saturday at 6:30pm

**Confession**, immediately following Great Vespers, other times by appointment.

**Third and Sixth Hour Prayers**, Sunday at 9:40am

**Divine Liturgy**, immediately following the hours.

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621 Kellogg Avenue, Ames, Iowa 50010  
*(corner of 7<sup>th</sup> and Kellogg)*

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*(Resurrectional Troparion – Tone 6)*

The angelic powers were at Your tomb;  
the guards became as dead men.

Mary stood by Your grave,  
seeking Your most pure body.

You captured Hades,  
not being tempted by it.

You came to the Virgin, granting life.//

O Lord, Who rose from the dead, glory to You.

*(Troparion for the Saint – Tone 1)*

Dweller of the desert and angel in the body,

You were shown to be a wonder-worker, our God-bearing Father  
Kyriakus.

You received heavenly gifts through fasting, vigil, and prayer;  
healing the sick and the souls of those drawn to you by faith.

Glory to Him who gave your strength!

Glory to Him Who granted ↑you a crown!

Glory to Him Who through you grants healing to all!

*Glory to the Father, and to the Son, and to the Holy Spirit;*

*(Kontakion for the Saint – Tone 6)*

The sacred Lavra honors you as a mighty champion and helper,  
and yearly celebrates your memory.

As you have boldness before the Lord: preserve us from our enemies  
so that we may sing: “Rejoice, thrice-blessed Kyriakus!”

*now and ever, and unto ages of ages. Amen.*

*(Resurrectional Kontakion – Tone 6)*

When Christ God the Giver of Life,

raised all of the dead from the valleys of misery with His mighty hand,  
He bestowed resurrection on the human race.//

He is the Savior of all, the Resurrection, the Life, and the God of all.

*(then, p. 83)*

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*Prokeimenon, Tone 6*

*Reader:* The Prokeimenon, in the 6<sup>th</sup> Tone: O Lord, save Your people,  
and bless Your inheritance!

*Choir:* O Lord, save Your people, and bless Your inheritance, your  
inheritance!

*Reader:* To You, O Lord, will I call. O my God, be not silent to me!

*Choir:* O Lord, save Your people, and bless Your inheritance, your  
inheritance!

*Reader:* O Lord, save Your people, ...

*Choir:* ... and bless Your inheritance, your inheritance!

*Deacon:* Wisdom!

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**Epistle:** (176) – 2 Corinthians 4:6-15

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*Reader:* The Reading from the Second Epistle of the Holy Apostle Paul to the Corinthians.

*Deacon:* Let us attend!

*Reader:* Brothers and sisters, it is God who commanded light to shine out of darkness, and he has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

However, we have this treasure in vessels of clay, so that the amazing power may be from God and not from ourselves. We are pressed on every side, yet we are not crushed! We are perplexed, but not to the point of despair. We are persecuted yet not forsaken; struck down, yet not destroyed; and we always carry in our bodies the death of the Lord Jesus, so that the life of Jesus may also be revealed in our body. Indeed, we who live are always delivered to death for Jesus' sake, so that the life of Jesus may be revealed in our mortal flesh. And so, death is at work in us, but life in you. Still, we have the same spirit of faith, according to what is written, "I believed, and therefore I spoke." We believe, and therefore we also speak; knowing that he who raised the Lord Jesus will also raise us with Jesus, and bring us with you into his presence. All these things are for your benefit, so that as grace is extended to many, this may also cause thanksgiving to be multiplied to the glory of God.

*Priest:* † Peace be to you!

*Alleluia:* Tone 6

*Reader:* **And to Your spirit.** In the 6<sup>th</sup> Tone: Alleluia, Alleluia, Alleluia!

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* He who dwells in the shelter of the Most High will abide in the shadow of the heavenly God.

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* He will say to the Lord: "My Protector and my Refuge; my God, in Whom I trust.

*Choir:* Alleluia! Alleluia! Alleluia!

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**Gospel:** (26) – Luke 6:31-36

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*Priest:* The reading from the Holy Gospel according to St. **Luke.**

*Choir:* Glory to You O Lord, Glory to You.

*Priest:* The Lord said, As you would like others to do to you, do the same to them. If you love those who love you, what credit is that to you? Even sinners love those who love them! And if you do good to those who do good to you, what credit is that to you? For even sinners do the same! If you lend to those from whom you hope to receive back, what credit is that to you? For even sinners lend to sinners, to receive back as

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much. But love your enemies, and do good, and lend, expecting nothing back. Then your reward will be great and you will be children of the Most High, for he is kind even to the ungrateful and evil.

Therefore, be merciful, even as your Father is also merciful.

*Choir:* Glory to You O Lord, Glory to You.

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**Sermon**

*(then p. 89)*

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*Please join us in our fellowship hour immediately following the dismissal!*

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**Upcoming Events:**

***Prepare for a busy October at Holy Transfiguration!***

***Pokrov Services:*** Monday evening, September 30, at 6:30 pm we will gather to celebrate the protection of the Theotokos (also called Pokrov) with Great Vespers. Divine Liturgy will be the following (Tuesday) morning at 9:30 AM. Come and thank God, and enjoy the protection of our Mother, the birthgiver of God.

***Catechism Classes:*** Catechism Classes will continue Wednesday, October 2 at 6:30 PM. They will take a week off October 9, and again the week of October 23. October 16 will be held as usual.

***Reader's Services:*** Next weekend, October 5 and 6, Fr. Marty will be in Fort Wayne, Indiana, for our annual Diocesan Assembly and Sobor. Please keep him, and the other leaders in our Diocese, in your prayers as they travel, and celebrate the liturgy with our Vladyka Alexander.

***Fr. Marty and Mat. Candy upcoming absence:*** On the weekend of October 12 and 13, Fr. Marty and Mat. Candy will be traveling to East Tennessee for a family wedding. Please keep them in your prayers! Fr. Maximos Herman will be serving in Father's absence. Saturday Great Vespers will be a reader's service.

***Baptism!***

Saturday, October 19, we will have the Churching for Mariam and the Baptism for Melania. We will begin at 10:30 am. Please come and welcome Melania into the Christian community, and welcome Mariam on her return.

***Little Food Pantry:*** Please don't forget to support the food pantry! As we get into the fall and winter months, hunger and food insecurity becomes more acute. Help Holy Transfiguration help our neighborhood and community! Non-perishable goods are always welcome, protein items especially. Non-glass containers, please. May God use us to feed those in need in our neighborhood!