



Fr. Martin D. Watt, Priest-in-Charge
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Welcome! We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets available with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments. Please leave the hardback versions for future parishioners to use.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

Regular services:

Great Vespers, *Saturday at 6:30pm*

Confession, *immediately following Great Vespers, other times by appointment.*

Third and Sixth Hour Prayers, *Sunday at 9:40am*

Divine Liturgy, *immediately following the hours.*

621 Kellogg Avenue, Ames, Iowa 50010
(corner of 7th and Kellogg)

Resurrectional Troparion – Tone 6

The angelic powers were at Your tomb;
the guards became as dead men.

Mary stood by Your grave,
seeking Your most pure body.

You captured Hades,
not being tempted by it.

You came to the Virgin, granting life.//

O Lord, Who rose from the dead, glory to You.

(Troparion for the Youths – Tone 4)

Your seven holy martyrs, O Lord,
through their sufferings have received incorruptible crowns from You,
our God.

For having Your strength they laid low their adversaries,
and shattered the powerless boldness of demons.//

Through their intercessions, save our souls!

Glory to the Father, and to the Son, and to the Holy Spirit;

(Kontakion for the Youths – Tone 4)

The Seven Holy Youths renounced the perishing comforts of this world,
preferring the eternal things of Heaven.

They were incorrupt after death and rose from the dead
and buried the snares of the devils.//

O Faithful, let us then honor them, singing a hymn of praise to Christ!

now and ever and unto ages of ages, amen.

(Resurrectional Kontakion – Tone 6)

When Christ God the Giver of Life,

raised all of the dead from the valleys of misery with His mighty hand,
He bestowed resurrection on the human race.//

He is the Savior of all, the Resurrection, the Life, and the God of all.

(then p. 83)

Prokeimenon, Tone 6

Reader: The Prokeimenon, in the 6th Tone: O Lord, save Your people,
and bless Your inheritance!

Choir: O Lord, save Your people, and bless Your inheritance, your
inheritance!

Reader: To You, O Lord, will I call. O my God, be not silent to me!

Choir: O Lord, save Your people, and bless Your inheritance, your
inheritance!

Reader: O Lord, save Your people, ...

Choir: ... and bless Your inheritance, your inheritance!

Deacon: Wisdom!

Epistle: (116) – Romans 15:1-7

Reader: The Reading from the Epistle of the Holy Apostle Paul to the Romans.

Deacon: Let us attend!

Reader: Brothers and sisters, we who are strong should bear the weaknesses of the weak, and not just please ourselves. Let each one of us please our neighbor for what is good, to be edifying to him. Even Christ did not please himself. But, as it is written, “The insults of those who insulted you fell on me.” For whatever things were written before were written for our instruction, so that through patience and the Scriptures’ encouragement we might have hope. Now may the God of endurance and encouragement grant you to be together of the same mind according to Christ Jesus, so that with one accord, you may with one mouth glorify the God and Father of our Lord Jesus Christ. Therefore, accept one another, even as Christ also accepted you, to the glory of God.

Priest: † Peace be to you!

Alleluia: Tone 6

Reader: **And to Your spirit.** In the 6th Tone: Alleluia, Alleluia, Alleluia!

Choir: Alleluia! Alleluia! Alleluia!

Reader: He who dwells in the shelter of the Most High will abide in the shadow of the heavenly God.

Choir: Alleluia! Alleluia! Alleluia!

Reader: He will say to the Lord: “My Protector and my Refuge; my God, in Whom I trust.

Choir: Alleluia! Alleluia! Alleluia!

Gospel: (33) – Matthew 9:27-35

Priest: The reading from the Holy Gospel according to St. **Matthew.**

Choir: Glory to You O Lord, Glory to You.

Priest: At that time, as Jesus passed by from there, two blind men followed him, calling out and saying, “Have mercy on us, son of David!”

When he entered the house, the blind men came to him. Jesus asked them, “Do you believe that I am able to do this?”

They replied, “Yes, Lord.”

He then touched their eyes, saying, “According to your faith, let it be done to you!” And their eyes were opened. Jesus strictly commanded them, saying, “See that no one knows about this.” However, they went out and spread his fame throughout that entire land.

As they were leaving, behold, a mute man who was demon-possessed was brought to him. When the demon was cast out, the mute began to

speak. The multitudes marveled, saying, “Nothing like this has ever been seen in Israel!”

But the Pharisees said, “It is by the prince of the demons that he casts out demons.”

Jesus went about all the cities and villages, teaching in their synagogues and preaching the Good News of the Kingdom. He also healed every kind of disease and sickness among the people.

Choir: Glory to You O Lord, Glory to You.

Sermon

Communion Hymn

Praise the Lord from the heavens, praise Him in the highest! Alleluia,
Alleluia, Alleluia!

(then, p. 132)

Please join us in our fellowship hour immediately following the dismissal!

Upcoming:

Monday, August 5, 6:30 PM: Great vespers for the Transfiguration, our parish feast day. Again, all are invited to worship as we sing vespers.

Saturday, September 7, 4:00 PM: Annual OCF welcome picnic, co-sponsored with St. George Orthodox Church in Des Moines. Hickory Shelter at Brookside Park. Come say hello to the OCF at Iowa State University (and other local universities!) and enjoy some Jethro’s BBQ. Feel free to bring desserts and drinks, non-alcoholic please, and chips. There will be other sides provided.

Little Food Pantry: Please don’t forget to support the food pantry! Thank you for helping those in need in our community.

Catechism Classes: Catechism Classes will begin Wednesday, August 28 at 6:30 PM and run for approximately 8 sessions. Due to Fr. Marty’s travel schedule, we may skip some weeks, but will target being complete before Thanksgiving.

From the Holy Fathers:

Humility is the only virtue that no devil can imitate. If pride made demons out of angels, there is no doubt that humility could make angels out of demons. (St. John Climacus)

Let us be satisfied simply with what sustains our present life, not with what pampers it. (St. Maximos the Confessor)

We have very little faith in the Lord, very little trust. If we trusted the Lord as much as we trust a friend when we ask him to do something for us, neither we as individuals nor our whole country would suffer so much. (Elder Thaddeus of Vitovnica)