



**Holy Transfiguration
Orthodox Church**

a mission parish of the Orthodox Church in America

Thirty-third Sunday after Pentecost
Sunday, January 13, 2019

*Sunday after Theophany, Afterfeast of Theophany
Martyrs Hermylus and Stratonicus
Fathers martyred at Sinai and Rhaitu*

Fr. Martin D. Watt, Priest-in-Charge

Mailing address

1411 Wilson Avenue

frmarty@amesorthodox.org

and rectory:

Ames, Iowa 50010

(515) 337-1192 (rectory)

“Lord, it is good for us to be here!”

(Peter, an Apostle, on Mount Tabor at the Transfiguration of our Lord, Gospel of St. Matthew 17:4)

Welcome! We are honored that you have joined us in our celebration of the Lord’s resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets available with the text and notes for the Divine Liturgy – if you find it useful, please ask to take one of those with you, with our compliments. Please leave the hardback versions for future parishioners to use.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

Regular services:

Great Vespers, *Saturday at 6:30pm*

Confession, *immediately following Great Vespers, other times by appointment.*

Third and Sixth Hour Prayers, *Sunday at 9:40am*

Divine Liturgy, *immediately following the hours.*

621 Kellogg Avenue, Ames, Iowa 50010
(corner of 7th and Kellogg)

(Resurrectional Troparion – Tone 8)

You descended from on high, O Merciful One!
You accepted the three day burial to free us from our sufferings!//
O Lord, our Life and Resurrection, glory to You!

(Troparion for the Feast – Tone 1)

When You, O Lord, were baptized in the Jordan,
the worship of the Trinity was made manifest.
For the voice of the Father bore witness to You,
calling You His Beloved Son;
and the Spirit in the form of a dove
confirmed the truthfulness of His word.
O Christ our God, You have revealed Yourself,//
and have enlightened the world, glory to You.

(Troparion for the Martyrs – Tone 4)

Your holy martyrs Hermylus and Stratonicus, O Lord,
through their sufferings have received incorruptible crowns from You,
our God.

For having Your strength, they laid low their adversaries,
and shattered the powerless boldness of demons.//
Through their intercessions save our souls!

(Troparion for the Fathers – Tone 4)

O God of our fathers,
do not take away Your mercy from us,
but ever act towards us according to Your loving kindness,
and, by the prayers of Your saints,//
guide our lives in peace!

Glory to the Father, and to the Son, and to the Holy Spirit;

(Kontakion for the Fathers – Tone 2)

You fled from worldly fame
and hastened to a quiet refuge,
where you were crowned with the blood of martyrdom
and ascetical labors.

Therefore, you now abide with the Martyrs and the Venerable Ones.

now and ever, and unto ages of ages. Amen.

(Kontakion of the Feast – Tone 4)

Today You have shone forth to the world, O Lord,
and the light of Your countenance has been marked on us.
Knowing You, we sing Your praises.
You have come and revealed Yourself,//
O unapproachable Light.

Prokeimenon, Tone 1

Priest: Let us attend! † Peace be unto all!

Reader: And with your spirit!

Priest: Wisdom!

Reader: The Prokeimenon, in the 1st Tone: Let Your mercy, O Lord, be upon us as we have set our hope on You!

Choir: Let Your mercy, O Lord, be upon us as we have set our hope on You, as we have set our hope on You!

Reader: Rejoice in the Lord, O you righteous! Praise befits the just!

Choir: Let Your mercy, O Lord, be upon us as we have set our hope on You, as we have set our hope on You!

Reader: Let Your mercy, O Lord, be upon us ...

Choir: ... as we have set our hope on You, as we have set our hope on You!

Deacon: Wisdom!

Epistle: (224-ctr) – Ephesians 4:7-13

***Reader:* The Reading from the Epistle of the Holy Apostle Paul to the Ephesians.**

Deacon: Let us attend!

Reader: Brothers and sisters, grace has been granted to each one of us according to the measure of Christ's gift. Therefore, God says, "When he ascended on high, he led captivity captive, and gave gifts to men." Now what does "he ascended" mean, if not that he first descended into the lower parts of the earth? He who descended is the same one who also ascended far above all the heavens, so that he might fill all things.

He gave some to be apostles, some prophets, some evangelists, some shepherds and teachers, for the perfecting of the saints, for a work of ministry, to build up the body of Christ. This is until we all attain to the unity of the faith and to the knowledge of the Son of God, to maturity, having reached the very fullness of Christ.

Priest: † Peace be to you!

Alleluia: Tone 5

Reader: **And to Your spirit.** In the 5th Tone: Alleluia, Alleluia, Alleluia!

Choir: Alleluia! Alleluia! Alleluia!

Reader: I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation.

Choir: Alleluia! Alleluia! Alleluia!

Reader: For You have said: “Mercy will be established forever;
My truth will be prepared in the heavens.”

Choir: Alleluia! Alleluia! Alleluia!

Gospel: (10) – Matthew 4:12-17

Priest: The reading from the Holy Gospel according to St.
Matthew.

Choir: Glory to You O Lord, Glory to You.

Priest: At that time, when Jesus heard that John had been arrested, he withdrew into Galilee. Leaving Nazareth, he came and lived in Capernaum, which is by the sea, in the region of Zebulun and Naphtali, so that what had been spoken through Isaiah the prophet might be fulfilled:

*The land of Zebulun and the land of Naphtali,
toward the sea, beyond the Jordan, Galilee of the Gentiles,
the people who sat in darkness saw a great light,
to those who sat in the region and shadow of death,
to them light has dawned.*

From that time on, Jesus began to preach and to say, “Repent!
For the Kingdom of Heaven is at hand.”

Choir: Glory to You O Lord, Glory to You.

Sermon

(then p. 89)

(Instead of “It is truly meet,” we sing:)

Hymn to the Theotokos)

Magnify, O my soul, the most-pure Virgin Theotokos,
more honorable than the heavenly hosts.

No tongue knows how to praise you worthily, O Theotokos;
even Angels are overcome with awe praising you.

But since you are good, accept our faith;

for you know our love inspired by God.

You are the defender of Christians, and we magnify you.

Communion Hymns

The grace of God has appeared for the salvation of all men.

Praise the Lord from the heavens, praise Him in the highest!

Alleluia! Alleluia! Alleluia!

Please join us in our fellowship hour immediately following the dismissal!
