



Fr. Martin D. Watt, Priest-in-Charge

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Welcome! We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets available with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments. Please leave the hardback versions for future parishioners to use.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

Regular services:

Great Vespers, *Saturday at 6:30pm*

Confession, *immediately following Great Vespers, other times by appointment.*

Third and Sixth Hour Prayers, *Sunday at 9:40am*

Divine Liturgy, *immediately following the hours.*

621 Kellogg Avenue, Ames, Iowa 50010
(corner of 7th and Kellogg)

(Resurrectional Troparion – Tone 5)

Let us, the faithful, praise and worship the Word,
co-eternal with the Father and the Spirit,
born for our salvation from the Virgin;
for He willed to be lifted up on the Cross in the flesh,
to endure death,
and to raise the dead//
by His glorious Resurrection.

(Troparion for St. Procopius – Tone 4)

Your holy martyr Procopius, O Lord,
through his suffering has received an incorruptible crown from You, our
God.

For having Your strength, he laid low his adversaries,
and shattered the powerless boldness of demons.//
Through his intercessions save our souls!

Glory to the Father, and to the Son, and to the Holy Spirit;

Kontakion for St. Procopius – Tone 2

Set ablaze by divine zeal for Christ and protected by the might of the
Cross,
you cast down the insolence and boldness of the Enemy, O Procopius!
You exalted the honorable Church,//
excelling in faith and giving light to us all!

now and ever and unto ages of ages, amen.

Resurrectional Kontakion – Tone 5

You descended into Hades, O my Savior,
shattering its gates as Almighty,
resurrecting the dead as Creator,
and destroying the sting of death.
You have delivered Adam from the curse, O Lover of Man,//
and we all cry to You: “O Lord, save us!”

(then p. 83)

Epistle – (110) Romans 12:6-14

Prokeimenon, Tone 5

Priest: Let us attend! † Peace be unto all!

Reader: And with your spirit!

Priest: Wisdom!

Reader: The Prokeimenon, in the 5th Tone: You, O Lord, shall protect
us and preserve us from this generation forever.

Choir: You, O Lord, shall protect us and preserve us from this
generation forever.

Reader: Save me, O Lord, for there is no longer any that is godly!

Choir: You, O Lord, shall protect us and preserve us from this generation forever.

Reader: You, O Lord, shall protect us ...

Choir: ... and preserve us from this generation forever.

Deacon: Wisdom!

Reader: The Reading from the Epistle of the Holy Apostle Paul to the Romans.

Deacon: Let us attend!

Reader: Brothers and sisters, we have different gifts according to the grace given to us: if it is prophecy, let us prophesy according to the measure of our faith. If it is service, let us dedicate ourselves to service! He who teaches should do his teaching; or he who exhorts his exhorting. As for the one who gives, let the giving be done with generosity. He who rules should rule with diligence and the one who shows mercy should do so with joy.

Let your love be without hypocrisy. Reject with horror what is evil. Cling to what is good. In love for the brethren, be tenderly affectionate with one another; place the honor of others above your own. Do not fall back in zeal; be fervent in the spirit, serving the Lord. Rejoice in hope, endure in troubles, persevere in prayer; contribute to the needs of the saints; look for opportunities to be hospitable. Bless those who persecute you; bless, and do not curse!

Priest: † Peace be to you!

Alleluia: Tone 5

Reader: **And to Your spirit.** In the 5th Tone: Alleluia, Alleluia, Alleluia!

Choir: Alleluia! Alleluia! Alleluia!

Reader: I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation.

Choir: Alleluia! Alleluia! Alleluia!

Reader: For You have said: "Mercy will be established forever; My truth will be prepared in the heavens."

Choir: Alleluia! Alleluia! Alleluia!

Gospel – (29) Matthew 9:1-8

Priest: The reading from the Holy Gospel according to St. **Matthew.**

Choir: Glory to You O Lord, Glory to You.

Priest: At that time, Jesus entered into a boat, crossed over the lake and came into his own town. Behold, some people brought him a man who was paralyzed, lying on a bed. Seeing their faith, Jesus said to the paralytic, "Son, be of good cheer! Your sins are forgiven!"

At this, some of the scribes said to themselves, "This man blasphemes!"

Jesus, knowing their thoughts, said, "Why do you think evil thoughts in your hearts? Which is easier, to say, 'Your sins have been forgiven' or, 'Get up, and walk?' But so that you may know that the Son of Man has authority on earth to forgive sins" (then he said to the paralytic), "Get up, take up your mat, and go to your house."

The man got up and departed to his house. But when the crowds saw this, they were astonished and glorified God, who had given such authority to men.

Choir: Glory to You O Lord, Glory to You.

Sermon

(then p. 89)

Communion Hymn

Praise the Lord from the heavens! Praise Him in the highest! Alleluia,
Alleluia, Alleluia! *(then, p. 132)*

Please join us in our fellowship hour immediately following the dismissal!

Please sign up to straighten up after the Liturgy and Coffee Hour.

Upcoming Events:

Today, July 8, the parish council will meet at the conclusion of the fellowship and coffee time. All are welcome to participate. If you or someone you know would like to serve the parish as our treasurer, please let Jackie Bayouth know.

July 12 – 14, Fr. Marty and Dr. Jose Rosa will attend the Small Parish Forum, sponsored in part by our Bulgarian Diocese. Please remember us in your prayers for safe travel, and that we might discover how to bring our parish community closer to holiness.

July 15 Fellowship Hour, our fellowship time will be held at the home of Ed and Rania Nassif, to honor those families who are leaving us this summer. Please plan on attending! All are invited, including (especially) children!

Little Food Pantry: Thank you to all who contribute faithfully to the Little Food Pantry. It is a needed resource in our neighborhood. Please continue, and if you haven't brought some staples, canned goods, or toiletries, please consider this worthwhile ministry.

Catechism Classes – No catechism class for the remainder of July, as Fr. Marty is traveling for the Small Parish forum and again for the All American Council. Catechism class will resume August 1, 2018 with the conclusion of the Church History section.