



**Holy Transfiguration
Orthodox Church**

a mission parish of the Orthodox Church in America

Fifteenth Sunday after Pentecost
Sunday, September 17, 2017

*Sunday after the Elevation of the Cross
Afterfeast of the Elevation of the Cross
Martyr Sophia and her three daughters*

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Welcome! We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets available with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

Regular services:

Great Vespers, *Saturday at 6:30pm*

Confession, *immediately following Great Vespers, other times by appointment.*

Third and Sixth Hour Prayers, *Sunday at 9:40am*

Divine Liturgy, *immediately following the hours.*

621 Kellogg Avenue, Ames, Iowa 50010
(corner of 7th and Kellogg)

Resurrectional Troparion – Tone 6

The Angelic Powers were at Your tomb;
the guards became as dead men.
Mary stood by Your grave,
seeking Your most pure body.
You took hell captive,//
not being tempted by it.
You came to the Virgin, granting life.//
O Lord, Who rose from the dead, glory to You.

Troparion for the Feast – Tone 1

O Lord, save Your people
and bless Your inheritance!
Grant victories to the Orthodox Christians
over their adversaries;
and by virtue of Your Cross,//
preserve Your habitation!
saving our souls from death.

Troparion for the Martyrs – Tone 5

You blossomed in the courts of the Lord
as a fruitful olive tree,
holy martyr Sophia;
in your contest you offered to Christ the sweet fruit of your womb,
your daughters Faith, Hope, and Love.//
Together with them intercede for us all!

Kontakion for the Martyrs – Tone 1

The holy branches of noble Sophia,
Faith, Hope, and Love,
confounded Greek sophistry through Grace.
They struggled and won the victory
and have been granted an incorruptible crown by Christ the Master of all.

Glory to the Father, and to the Son, and to the Holy Spirit,

Kontakion for the Feast – Tone 4

As You were voluntarily raised upon the Cross for our sake,
grant mercy to those who are called by Your Name, O Christ God;
make all Orthodox Christians glad by your power,
granting them victories over their adversaries//
by bestowing on them the invincible trophy, Your weapon of peace!

now and ever, and unto ages of ages. Amen.

Resurrectional Kontakion – Tone 6

When Christ God the Giver of Life,
raised all of the dead from the valleys of misery with His mighty hand,
He bestowed resurrection on the human race.//
He is the Savior of all, the Resurrection, the Life, and the God of all.

*Epistle: (203) – Galatians 2:16-20 (Sunday after the Elevation) and
(176) – 2 Corinthians 4:6-15*

Prokeimenon, Tone 7

Reader: The Prokeimenon, in the 7th Tone: Exalt the Lord our God: worship at His footstool for He is holy!

Choir: Exalt the Lord our God: worship at His footstool for He is holy!

Reader: The Lord reigns, let the people tremble!

Choir: Exalt the Lord our God: worship at His footstool for He is holy!

Reader: Exalt the Lord our God: ...

Choir: ... worship at His footstool for He is holy!

Deacon: Wisdom!

Reader: The Reading from the Epistle of the Holy Apostle Paul to the Galatians.

Deacon: Let us attend!

Reader: Brothers and sisters, knowing that no one is justified by the works of the law but through faith in Jesus Christ, we believed in Christ Jesus, so that we might be justified by faith in Christ, and not by the works of the law, because no one will be justified by the works of the law. But if, even though we desired to be justified in Christ, we were found to be sinners, does that mean that Christ is a servant of sin? Certainly not! Indeed, if I build up again those things which I once destroyed, I show that I am breaking the law. For I, through the law, died to the law, so that I might live to God. I have been crucified with Christ, and it is no longer I who live, but Christ who lives in me. I now live this life in the flesh, but I live it by faith in the Son of God, who loved me and who gave himself up for me.

Brothers and sisters, it is God who commanded light to shine out of darkness, and he has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

However, we have this treasure in vessels of clay, so that the amazing power may be from God and not from ourselves. We are pressed on every side, yet we are not crushed! We are perplexed, but not to the point of despair. We are persecuted yet not forsaken; struck down, yet not destroyed; and we always carry in our bodies the death of the Lord Jesus, so that the life of Jesus may also be revealed in our body. Indeed, we who live are always delivered to death for Jesus' sake, so that the life of Jesus may be revealed in our mortal flesh. And so, death is at work in us, but life in you. Still, we have the same spirit of faith, according to what is written, "I believed, and therefore I spoke." We believe, and therefore we also speak; knowing that he who raised the Lord Jesus will also raise us with Jesus, and bring us with you into his presence. All these things are for your benefit, so that as grace is extended to many, this may also cause thanksgiving to be multiplied to the glory of God.

Priest: † Peace be to you.

Alleluia: Tone 1

Reader: **And to Your spirit.** In the 1st Tone: Alleluia! Alleluia! Alleluia!

Choir: Alleluia! Alleluia! Alleluia!

Reader: Remember Your congregation, which You have purchased of old!

Choir: Alleluia! Alleluia! Alleluia!

Reader: God is our King before the ages; He has worked salvation in the midst of the earth.

Choir: Alleluia! Alleluia! Alleluia!

*Gospel: (37) – Mark 8:34-9:1 (Sunday after the Elevation) and
(92) – Matthew 22:35-46*

Priest: The reading from the Holy Gospel according to St. **Mark**

Choir: Glory to You O Lord, Glory to You.

Priest: The Lord said: “Whoever wants to come after me, let him deny himself, take up his cross, and follow me. Indeed, whoever wants to save his life will lose it; and whoever will lose his life for my sake and for the sake of the Good News will save it. What will it profit if someone gains the whole world and loses his life? Or what will someone give in exchange for his life?

Whoever will be ashamed of me and my words in this adulterous and sinful generation, the Son of Man also will be ashamed of when he comes in the glory of his Father with the holy angels.”

Jesus said to them, “Amen, I tell you that there are some standing here who will not taste death until they see the Kingdom of God come with power.”

At that time, a lawyer asked him a question in order to test him. “Teacher, which is the greatest commandment in the law?”

Jesus said to him, “‘You shall love the Lord your God with all your heart, with all your soul, and with all your mind.’ This is the first and great commandment. The second is like it: ‘You shall love your neighbor as yourself.’ The entire law and the prophets depend on these two commandments.”

Now while the Pharisees were assembled, Jesus asked them a question, saying, “What do you think of the Messiah? Whose son is he?” They answered, “He is the son of David.”

Jesus said to them, “How, then, does David, in the Spirit, call him ‘Lord,’ saying:

*‘The Lord said to my Lord,
sit at my right hand,
until I make your enemies a footstool for your feet?’*

If then David calls him Lord, how is he his son?”

No one was able to answer him a word, and from that day on, no one dared to ask him any more questions.

Choir: Glory to You O Lord, Glory to You.

Instead of “It is truly meet ...”

Magnify, O my soul, the most glorious birth of the Mother of God!
You are the mystical Paradise, O Theotokos,
in which Christ blossomed;
through Him the life-bearing Wood of the Cross was planted on earth.
Now at its Exaltation, as we bow in worship before it, we magnify you.

Communion Hymn

Praise the Lord from the heavens! Praise Him in the highest. The light of Your countenance has shone on us, O Lord. Alleluia, Alleluia, Alleluia.

Please join us in our fellowship hour immediately following the dismissal!
