

"Lord I Call..." (Tone 6)

Reader: In the Sixth Tone, Lord, I call upon You, hear me!

Lord, I call upon You, hear me!

Hear me, O Lord!

Lord, I call upon You, hear me!

Receive the voice of my prayer,

when I call upon You!

Hear me, O Lord!

Let my prayer arise

in Your sight as incense,

and let the lifting up of my hands

be an evening sacrifice!

Hear me, O Lord!

Lord, I call upon You, hear me. Hear me, O Lord! Lord, I call upon You, hear me;

re - ceive the voice of my prayer when I call u - pon You.

Hear me, O Lord! Let my prayer a - rise

in Your sight as in - cense, and let the lifting up of my hands

be an evening sac - ri - fice. Hear me, O Lord!

Reader: (Reads text from service book)

v. (10) Bring my soul out of prison, that I may give thanks to Your name!

Possessing victory over hades, O Christ,
since You are free among the dead,
You ascended the Cross
raising with Yourself those who sat in the shades of death.//
O Almighty Savior, Who drew life from Your own light, have mercy on us!

Musical notation for the first line of the hymn. The music is written on a grand staff with a treble and bass clef. The key signature has one sharp (F#). The lyrics are: "Possessing victory over Ha - des, O Christ, since You are free a-mong the dead,"

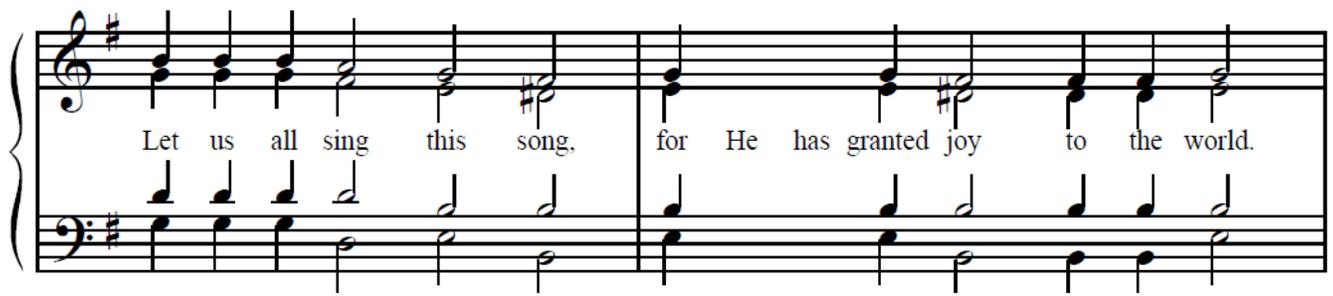
Musical notation for the second line of the hymn. The music is written on a grand staff with a treble and bass clef. The key signature has one sharp (F#). The lyrics are: "You a-scend - ed the Cross raising with Yourself those who sat in the shades of death!"

Musical notation for the third line of the hymn. The music is written on a grand staff with a treble and bass clef. The key signature has one sharp (F#). The lyrics are: "Drawing life from Your light, O Almighty Saviour, have mer - cy on us!"

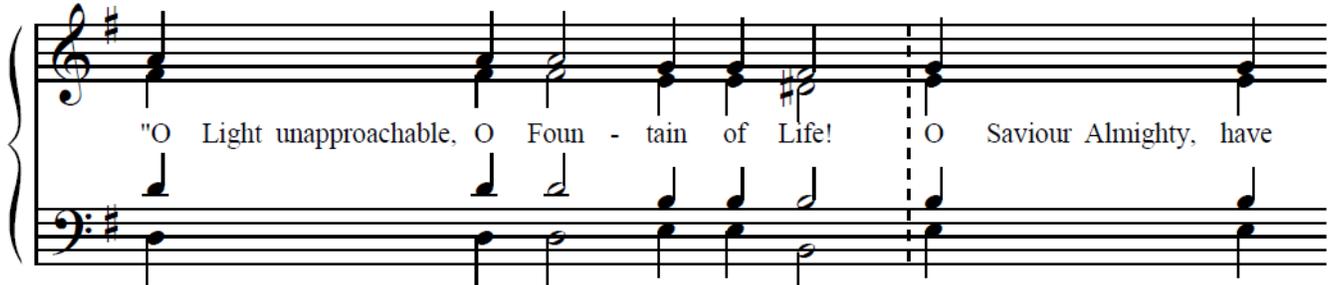
v. (9) The righteous will surround me; for You will deal bountifully with me.

Today Christ tramples on death,
for He is risen as He said!
Let us all sing this song,
for He has granted joy to the world:
"O Light unapproachable, O Fountain of life!//
Savior Almighty, have mercy on us!"

Musical notation for the first line of the second hymn. The music is written on a grand staff with a treble and bass clef. The key signature has one sharp (F#). The lyrics are: "Today Christ tram - ples on death, for He is ri - sen as He said!"



Let us all sing this song, for He has granted joy to the world.



"O Light unapproachable, O Fountain of Life! O Saviour Almighty, have



mer - cy on us!"

v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!

Where shall we sinners flee from You, for You are in all creation?

In heaven You dwell!

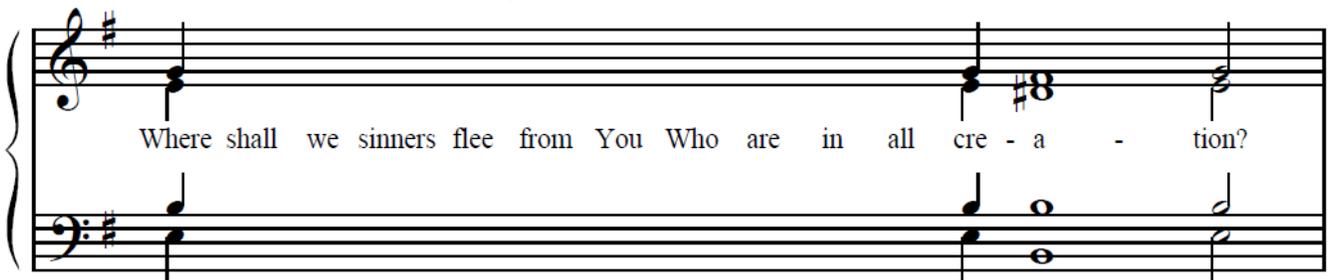
In hades You trampled on death!

In the depths of the sea?

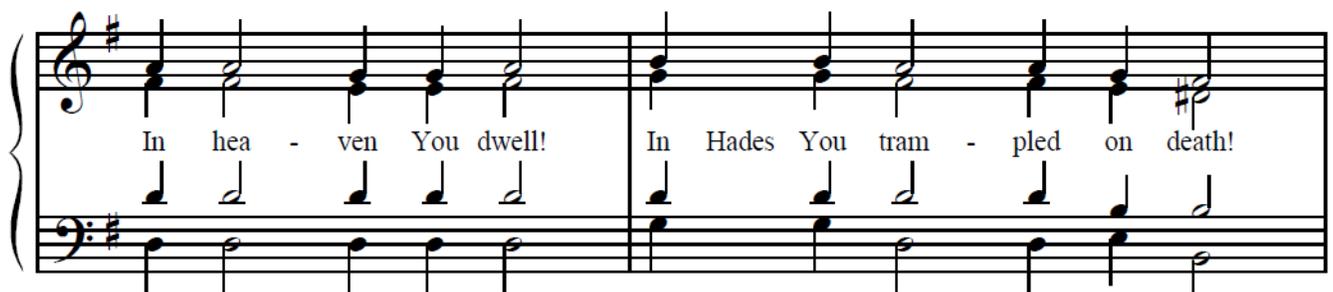
Even there is Your hand, O Master!

To You we flee, and falling before You, we pray://

"As You rose from the dead, have mercy on us!"



Where shall we sinners flee from You Who are in all cre - a - tion?



In hea - ven You dwell! In Hades You tram - pled on death!

In the depths of the sea? Even there is Your hand, O Ma - ster!

To You we flee, and falling be - fore You, we pray:

"O You Who rose from the dead, have mer - cy on us!"

v. (7) Let Your ears be attentive to the voice of my supplications!

In Your Cross, we glory, O Christ.
 We sing and glorify Your Resurrection.
 For You are our God, //
 and we know no other than You.

In Your Cross we glo - ry, O Christ! We sing and glorify Your resur-rec - tion!

For You are our God and we know no o - ther than You!

v. (6) In the First Tone, If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.

The Cross is exalted;
 the demons are driven away.
 The thief opens the gates of Paradise;
 death is slain and openly despised, as Christ is magnified.
 Therefore, rejoice, all those born on earth, //

for the curse has been lifted.

The Cross is ex - alt - ed; the demons are driv - en a - way.
The thief opens the gates of Par - a - dise;
death is slain and openly despised, as Christ is mag - ni - fied.
There - fore, rejoice, all those born on earth, for the curse has been lift - ed.

v. (5) For Your name's sake have I waited for You, O Lord, my soul has waited for Your word; my soul has hoped on the Lord.

Come, all who love God,
beholding the exaltation of the precious Cross,
let us magnify it together,
giving glory to the one Deliverer and God as we cry aloud:
"As You were crucified on the wood of the Cross, //
do not turn from us who pray to You!"

Come, all who love God, beholding the exaltation of the pre - cious Cross,
let us mag - ni - fy it to - geth - er, giving glory to the one Deliverer and God as we cry a - loud:

As You were cru-ci-fied on the wood of the Cross, do not turn from us who pray to You!

v. (4) From the morning watch until night, from the morning watch, let Israel hope on the Lord!

In days of old, Moses changed bitterness into sweetness.
 He delivered Israel, prophetically inscribing the image of the Cross.
 As we, the faithful, ever make the sign of the Cross mystically in our hearts, //
 we are saved by its might.

In days of old, Moses changed bitterness in - to sweet - ness.

He delivered Israel, prophetically inscribing the im - age of the Cross.

As we, the faithful, ever make the sign of the Cross mys - ti - cal - ly in our hearts,

we are saved by its might.

v. (3) In the Fourth Tone, For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

Tone 4

(for the martyrs)

(You have given a sign)

The virgin maidens, bound to one another by the law of nature,
 manifestly made stronger by love of the Creator,
loosed the bonds of deception with faith.
 They valiantly trampled the Enemy
 and were radiantly adorned with fair crowns of victory. //
 Now they rejoice, dwelling in the heavenly bridal chamber.

The virgin maidens, bound to one another by the law of na - ture,
manifestly made stronger by love of the Cre - a - tor,
loosed the bonds of de - cep - tion with faith. They valiantly trampled the En - e - my
and were radiantly adorned with fair crowns of vic - to - ry.
Now they rejoice, dwelling in the heavenly bridal cham - ber.

v. (2) Praise the Lord, all nations! Praise Him, all peoples!

The all-praised Faith and glorious Love
together with divinely wise Hope,
revealed themselves to be namesakes of the most splendid virtues.
As athletes, they overthrew the Evil One
who had deceived our First Mother with guile.
Now they are deified and dwell in Paradise//
where they fervently pray for us all.

The all praised Faith and glo - ri - ous Love together with divinely wise Hope,

re - vealed them - selves to be namesakes of the most splendid vir - tues.

As athletes, they overthrew the E - vil One who had de - ceived our First Moth - er with guile.

Now they are deified and dwell in Par - a - dise where they fer - vent - ly pray for us all.

v. (1) For His mercy is abundant towards us; and the truth of the Lord endures for ever.

Faith, Hope and Love, the daughters of Sophia,
 sought with faith the beauty of the Bridegroom.
 They united themselves to Him, adorning themselves with divine wounds;
 they despised the fire, manifold tortures and a shameful death.//
 Through their prayers, O Lord, deliver us from evils!

Faith, Hope and Love, the daughters of So - phi - a,

sought with faith the beauty of the Bride - groom.

They u - nit - ed them - selves to Him, adorning themselves with di - vine wounds;

they despised the fire, manifold tortures and a shameful death.
Through their prayers, O Lord, deliver us from evils!

In the First Tone, Glory to the Father, and to the Son, and to the Holy Spirit;

The Tree of true life was planted in the place of the skull,
and upon it, eternal King, You have worked salvation in the midst of the earth.
Exalted today, it sanctifies the ends of the world.
Angels in heaven greatly rejoice,
and men upon earth make glad,
crying aloud with David and saying:
"Exalt the Lord our God and worship at His footstool,//
for He is holy and grants the world great mercy!"

The Tree of true life was planted in the place of the skull,

and upon it, eternal King, You have worked salvation in the midst of the earth.

Exalted today, it sanctifies the ends of the world. Angels in heaven greatly rejoice,

and men upon earth make glad, crying aloud with David and saying:

Ex - alt the Lord our God and worship at His foot - stool,
for He is holy and grants the world great mer - cy!

In the Sixth Tone, Now and ever, and unto ages of ages. Amen.

Who will not bless you, O most holy Virgin?
 Who will not sing of your most pure childbearing?
 The only-begotten Son shone timelessly from the Father,
 but from you He was ineffably incarnate.
 God by nature yet Man for our sake,
 Not two persons but One known in two natures.
 Entreat Him, O pure and all-blessed Lady,//
 to have mercy on our souls!

Who will not bless you, O Most Holy Vir - gin? Who will not sing of your

most pure child - bear - ing? The only-begotten Son shone timelessly from the Fa - ther,

but from you, He was ineffably in - car - nate! God by nature, yet man for our sake!

Not two persons, but one known in two na - - - tures!

Entreat Him, O pure and all-blessed La - dy, to have mer - cy on our souls!

Priest: Wisdom! Let us attend!

Choir: O Gladsome Light ...

Aposticha – Tone 6

Your Resurrection, O Christ our Savior,
 the Angels in heaven sing!
 Enable us on earth//
 to glorify You in purity of heart!

Your Resurrection, O Christ our Sav - iour, the angels in hea - ven sing!

Enable us on earth to glorify You in pu - ri - ty of heart!

Reader: The Lord is King; He is robed in majesty!

Destroying the gates of hades,
 breaking the chains of death,
 You resurrected the fallen human race as almighty God!//
 O Lord, Who rose from the dead, glory to You!

Destroying the gates of Ha - des; break - ing the chains of death;

You resurrected the fallen human race as Al - migh - ty God!

O Lord, Who rose from the dead, glo - ry to You!

Reader: *For He has established the world, so that it shall never be moved.*

Desiring to return us to Paradise,
 Christ was nailed to the Cross and placed in a tomb.
 The Myrrhbearing Women sought Him with tears, crying,
 "Woe to us, O Savior!
 How do You deign to descend to death?
 What place can hold Your life bearing body?
 Come to us as You promised!
 Take away our wailing and tears!"
 Then the Angel appeared to them:
 "Stop your lamentations!
 Go, proclaim to the Apostles:
 'The Lord is risen,//
 granting us purification and great mercy!"

Desiring to return us to Pa - ra - dise, Christ was nailed to the Cross

and placed in a tomb. The myrrh-bearing women sought Him with tears,

cry - ing, "Woe to us, O Sav - iour! How do You deign to

de-scend to death? What place can hold Your life-bearing Bo - dy?

Come to us as You pro - mised! Take away our wail - ing and tears!

Then the angel ap-peared to them: "Stop your lamen - ta - tions!

Go, proclaim to the a - pos - tles: The Lord is ri - sen,

granting us purification and great mer - cy!"

Reader: *Holiness befits Your house, O Lord, forevermore!*
 Having been crucified as You willed,
 by Your burial You captured death, O Christ,
 and rose on the third day as God in glory,//
 granting the world unending life and great mercy!

Having been crucified as You willed by Your burial You cap-tured death, O Christ,

and arose on the third day as God in glo - - - ry,

granting the world unending life and great mer - - - cy!

*Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.
Amen.*

Prefiguring Your Cross, O Christ,
the Patriarch Jacob, when blessing his descendants,
laid his hands crosswise upon their heads.

And today, O Savior, as we exalt Your Cross, we cry:

“Give victory to the Orthodox Christians, as You did to Constantine!”

Pre - fig - ur - ing Your Cross, O Christ,

the Patriarch Jacob, when blessing his de - scen - dants,

laid his hands crosswise up - on their heads.

And today, O Savior, as we ex - alt Your Cross, we cry:

Give victory to the Orthodox Christians, as You did to Con - stan - tine!

(at Great Vespers)

Resurrectional Troparion – Tone 6

The angelic powers were at Your tomb;
the guards became as dead men.

Mary stood by Your grave,
seeking Your most pure body.

You captured hades,
not being tempted by it.

You came to the Virgin, granting life.//

O Lord, Who rose from the dead, glory to You.

The angelic powers were at Your tomb; The guards be-came as dead men.

Ma - ry stood by Your grave, seek-ing Your most pure Bo - dy.

You cap-tured Ha - - des, not be - ing temp - ted by it.

You came to the Vir - gin, grant - ing life.

O Lord, Who rose from the dead:— Glo - ry to You!

*Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.
Amen.*

O Lord, save Your people
and bless Your inheritance!
Grant victories to the Orthodox Christians
over their adversaries;
and by virtue of Your Cross,//
preserve Your habitation!
saving our souls from death.

Soprano
Alto
Tenor
Bass

O Lord, — save — Your peo - ple, and bless Your

in - her - i - tance. Grant_ victories to the Or - tho - dox

Chris - tians over their ad - ver - sar - ies; and by

vir - tue of Your Cross, preserve Your habi - ta - tion.

(at the Divine Liturgy)

Resurrectional Troparion – Tone 6

The angelic powers were at Your tomb;
the guards became as dead men.

Mary stood by Your grave,
seeking Your most pure body.

You captured hades,
not being tempted by it.

You came to the Virgin, granting life.//

O Lord, Who rose from the dead, glory to You.

The angelic powers were at Your tomb; The guards be-came as dead men.

Ma - ry stood by Your grave, seek-ing Your most pure Bo - dy.

You cap-tured Ha - - des, not be - ing temp - ted by it.

You came to the Vir - gin, grant - ing life.

O Lord, Who rose from the dead:— Glo - ry to You!

Troparion for the Feast – Tone 1

O Lord, save Your people
and bless Your inheritance!
Grant victories to the Orthodox Christians
over their adversaries;
and by virtue of Your Cross,//
preserve Your habitation!
saving our souls from death.

Soprano
Alto

O Lord, save Your people, and bless Your

Tenor
Bass

in - her - i - tance. Grant victories to the Or - tho - dox

Chris - tians over their ad - ver - sar - ies; and by

vir - tue of Your Cross, preserve Your habi - ta - tion.

Troparion for the Martyrs – Tone 5

You blossomed in the courts of the Lord
as a fruitful olive tree,
holy martyr Sophia;
in your contest you offered to Christ the sweet fruit of your womb,
your daughters Faith, Hope, and Love.//
Together with them intercede for us all!

Soprano
Alto

Tenor
Bass

You blos-somed in the courts of the Lord as a
fruit - ful ol - ive tree, ho - ly mar - tyr So - phi - a;
in your con - test you offered to Christ the sweet fruit
of your womb, your daugh - ters Faith, Hope, and Love.
Together with them in - ter - cede for us all.

Kontakion for the Martyrs – Tone 1

The holy branches of noble Sophia,

Faith, Hope, and [^]Love,

confounded Greek sophistry through Grace.

They struggled and won the victory

and have been granted an incorruptible crown by Christ the Master of all.

Soprano
Alto

The ho - ly branch - es of no - ble So - phi - a,

Tenor
Bass

Faith, Hope, and Love, confounded Greek soph - is - try through

Grace. They strug - gled and won the vic - to - ry

and have been granted an incorruptible crown by Christ

the Mas - ter of all.

Glory to the Father, and to the Son, and to the Holy Spirit,

Kontakion for the Feast – Tone 4

As You were voluntarily raised upon the Cross for our sake,
grant mercy to those who are called by Your Name, O Christ God;
make all Orthodox Christians glad by your power,
granting them victories over their adversaries//
by bestowing on them the invincible trophy, Your weapon of peace!

The musical score is written for four voices: Soprano, Alto, Tenor, and Bass. It consists of five systems of music. Each system has a vocal line and a piano accompaniment line. The lyrics are: "As You were voluntarily raised upon the Cross for our sake, grant mercy to those who are called by Your Name, O Christ God; make all Orthodox Christians glad by Your power, granting them victories over their adversaries, by bestowing on them the invincible trophy, Your weapon of peace." The score includes various musical notations such as treble and bass clefs, a key signature of one flat (B-flat), and a time signature of 8/8. The lyrics are placed below the vocal lines, and the piano accompaniment consists of chords and single notes.

now and ever, and unto ages of ages. Amen.

Resurrectional Kontakion – Tone 6

When Christ God the Giver of Life,
raised all of the dead from the valleys of misery with His mighty hand,
He bestowed resurrection on the human race.//
He is the Savior of all, the Resurrection, the Life, and the God of all.

When Christ God the Gi - ver of Life, raised all of the dead from the
valleys of misery with His might - y hand, He bestowed resurrection on
the hu - man race. He is the Saviour of all, the Resurrection,
the Life, and the God of all.

Prokeimenon, Tone 7

Reader: The Prokeimenon, in the 7th Tone: Exalt the Lord our God: worship at His footstool for He is holy!

Choir: Exalt the Lord our God: worship at His footstool for He is holy!

Ex - alt the Lord our God. Wor - ship at His foot - stool, for it is ho - ly.

Reader: The Lord reigns, let the people tremble!

Choir: Exalt the Lord our God: worship at His footstool for He is holy!

Ex - alt the Lord our God. Wor - ship at His foot - stool, for it is ho - ly.

The musical score is written for piano and voice. It features a treble and bass clef with a key signature of one flat (B-flat). The melody is simple and hymn-like, with lyrics written below the notes. The piece concludes with a final chord marked with a fermata and the number 8.

Reader: Exalt the Lord our God: ...

Choir: ... worship at His footstool for He is holy!

Wor - ship at His foot - stool, for it is ho - ly.

This musical score continues the previous one, with the same piano and voice parts. It includes the lyrics 'Wor - ship at His foot - stool, for it is ho - ly.' and ends with a final chord marked with a fermata and the number 8.

Deacon: Wisdom!

Reader: The Reading from the Epistle of the Holy Apostle Paul to the Galatians.

Deacon: Let us attend!

Epistle: (203) – Galatians 2:16-20 (Sunday after the Elevation) and (176) – 2 Corinthians 4:6-15

Reader: Brothers and sisters, knowing that no one is justified by the works of the law but through faith in Jesus Christ, we believed in Christ Jesus, so that we might be justified by faith in Christ, and not by the works of the law, because no one will be justified by the works of the law. But if, even though we desired to be justified in Christ, we were found to be sinners, does that mean that Christ is a servant of sin? Certainly not! Indeed, if I build up again those things which I once destroyed, I show that I am breaking the law. For I, through the law, died to the law, so that I might live to God. I have been crucified with Christ, and it is no longer I who live, but Christ who lives in me. I now live this life in the flesh, but I live it by faith in the Son of God, who loved me and who gave himself up for me.

Brothers and sisters, it is God who commanded light to shine out of darkness, and he has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

However, we have this treasure in vessels of clay, so that the amazing power may be from God and not from ourselves. We are pressed on every side, yet we are not crushed! We are perplexed, but not to the point of despair. We are persecuted yet not forsaken; struck down, yet not destroyed; and we always carry in our bodies the death of the Lord Jesus, so that the life of Jesus may also be revealed in our body. Indeed, we who live are always delivered to death for Jesus' sake, so that the life of Jesus may be revealed in our mortal flesh. And so, death is at work in us, but life in you. Still, we have the same spirit of faith, according to what is written, "I believed, and therefore I spoke." We believe, and therefore we also speak; knowing that he who raised the Lord Jesus will also raise us with Jesus, and bring us with you into his presence. All these things are for your benefit, so that as grace is extended to many, this may also cause thanksgiving to be multiplied to the glory of God.

Priest: † Peace be to you.

Alleluia: Tone 1

Reader: **And to Your spirit.** In the 1st Tone: Alleluia! Alleluia! Alleluia!

Choir: Alleluia! Alleluia! Alleluia!

Reader: Remember Your congregation, which You have purchased of old!

Choir: Alleluia! Alleluia! Alleluia!

Reader: God is our King before the ages; He has worked salvation in the midst of the earth.

Choir: Alleluia! Alleluia! Alleluia!

Priest: The reading from the Holy Gospel according to St. **Mark**

Choir: Glory to You O Lord, Glory to You.

Priest: The Lord said: “Whoever wants to come after me, let him deny himself, take up his cross, and follow me. Indeed, whoever wants to save his life will lose it; and whoever will lose his life for my sake and for the sake of the Good News will save it. What will it profit if someone gains the whole world and loses his life? Or what will someone give in exchange for his life?”

Whoever will be ashamed of me and my words in this adulterous and sinful generation, the Son of Man also will be ashamed of when he comes in the glory of his Father with the holy angels.”

Jesus said to them, “Amen, I tell you that there are some standing here who will not taste death until they see the Kingdom of God come with power.”

At that time, a lawyer asked him a question in order to test him. “Teacher, which is the greatest commandment in the law?”

Jesus said to him, “‘You shall love the Lord your God with all your heart, with all your soul, and with all your mind.’ This is the first and great commandment. The second is like it: ‘You shall love your neighbor as yourself.’ The entire law and the prophets depend on these two commandments.”

Now while the Pharisees were assembled, Jesus asked them a question, saying, “What do you think of the Messiah? Whose son is he?” They answered, “He is the son of David.”

Jesus said to them, “How, then, does David, in the Spirit, call him ‘Lord,’ saying:

*‘The Lord said to my Lord,
sit at my right hand,
until I make your enemies a footstool for your feet?’*

If then David calls him Lord, how is he his son?”

No one was able to answer him a word, and from that day on, no one dared to ask him any more questions.

Instead of “It is truly meet ...,” we sing in Tone 8:

Magnify, O my soul, the most precious Cross of the Lord..

You are the mystical Paradise, O Theotokos,
in which Christ blossomed;
through Him the life-bearing Wood of the Cross was planted on earth.
Now at its Exaltation, as we bow in worship before it, we magnify you.

Musical score for Soprano and Alto parts. The key signature is one sharp (F#) and the time signature is 8/8. The lyrics are: "Mag - ni - fy, — O my soul, the most pre - cious Cross of the".

Musical score for Tenor and Bass parts. The key signature is one sharp (F#) and the time signature is 8/8. The lyrics are: "Lord! You are a mystical Paradise, O The - o - to - kos, who, though".

un-titled, have brought forth Christ; through Him the life-bearing wood
of the Cross was plant-ed on earth. Now at its El - e - va - tion, //
as we bow in wor-ship be - fore it, we mag - ni - fy you.

Communion Hymns

Praise the Lord from the heavens! Praise Him in the highest!
Let the light of Your countenance shine on us,
Shine on us, O Lord.
Alleluia, Alleluia, Alleluia!

Soprano
Alto
Tenor
Bass

Let the light of your coun - te -
nance shine on us, shine on us, O Lord.

Al - le - lu - i - a, al - le - lu - i - a,

The first system of the musical score consists of two staves. The upper staff is in treble clef and the lower staff is in bass clef. Both staves have a key signature of two sharps (F# and C#). The melody in the upper staff is primarily quarter and eighth notes, with some beamed eighth notes. The bass line consists of simple chords and single notes. The lyrics 'Al - le - lu - i - a, al - le - lu - i - a,' are written below the upper staff.

al - le - lu - i - a.

The second system of the musical score also consists of two staves in the same key signature. The upper staff features a more complex melodic line with beamed eighth notes and a repeat sign. The lower staff provides a simple harmonic accompaniment with whole notes and rests. The lyrics 'al - le - lu - i - a.' are written below the upper staff.