

*Sunday of the Last Judgement – Meatfare  
Apostles of the Seventy: Archippus and Philemon*

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**Welcome!** We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

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*Regular services:*

**Great Vespers**, *Saturday at 6:30pm*

**Confession**, *immediately following Great Vespers, other times by appointment.*

**Third and Sixth Hour Prayers**, *Sunday at 9:40am*

**Divine Liturgy**, *immediately following the hours.*

**Music Rehearsals**, *Saturday at 6:00pm*

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**621 Kellogg Avenue, Ames, Iowa 50010**  
*(corner of 7<sup>th</sup> and Kellogg)*

*Resurrectional Troparion – Tone 2*

When You descended to death, O Life Immortal,  
You destroyed hell with the splendor of Your Godhead.  
And when from the depths You raised the dead,  
all the powers of heaven cried out://  
“O Giver of life, Christ our God, glory to You!”

*Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages, amen.*

*Kontakion from the Triodion – Tone 1*

When You, O God, shall come to earth with glory,  
all things shall tremble,  
and the river of fire shall flow before Your judgment seat;  
the books shall be opened, and the hidden things disclosed;  
then deliver me from the unquenchable fire, //  
and make me worthy to stand at Your right hand, O Righteous Judge!

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*Epistle: (140) 1 Corinthians 8:8-9:2*

*Priest:* Let us attend! +Peace be unto all!

*Reader:* And with your spirit!

*Priest:* Wisdom!

*Prokeimenon, Tone 2*

*Reader:* The Prokeimenon, in the 2<sup>nd</sup> Tone: The Lord is my strength and my song; He has become my salvation.

*Choir:* The Lord is my strength and my song; He has become my salvation.

*Reader:* The Lord has chastened me sorely, but He has not given me over to death.

*Choir:* The Lord is my strength and my song; He has become my salvation.

*Reader:* The Lord is my strength and my song ...

*Choir:* ... He has become my salvation.

*Deacon:* Wisdom!

*Reader:* Brethren, food does not commend us to God, for if we eat, we are not better; and if we do not eat, we are not worse! However, be careful that your freedom may never become a stumbling block to the weak. For if someone sees you who have knowledge sitting in an idol's temple, will not this person's conscience, if weak, be emboldened to eat things sacrificed to idols? And thus, through your knowledge, shall the weak brother perish, for whom Christ died? And so, by sinning against the brethren and wounding their conscience when it is weak, you sin against Christ! Therefore, if food causes my brethren to stumble, I will never ever eat meat, so that I may not cause my brethren to stumble.

Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord?  
Are you not my work in the Lord? If to others I am not an apostle, yet at least for you I am one! You are the seal of my apostleship in the Lord.

*Priest:* Peace be to you.

*Alleluia: Tone 2*

**Reader: And to Your spirit.** In the 2<sup>nd</sup> Tone: Alleluia, Alleluia, Alleluia!

*Choir: Alleluia! Alleluia! Alleluia!*

**Reader:** May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you!

*Choir: Alleluia! Alleluia! Alleluia!*

**Reader:** Save the King, O Lord, and hear us on the day we call!

*Choir: Alleluia! Alleluia! Alleluia!*

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*Gospel: (106) Matthew 25:31-46*

**Priest:** The reading from the Holy Gospel according to St. **Matthew.**

*Choir: Glory to You O Lord, Glory to You.*

The Lord said: “When the Son of Man comes in his glory, and all the holy angels with him, then he will sit on the throne of his glory. All the nations will be gathered before him, and he will separate them one from another, just as a shepherd separates the sheep from the goats. He will place the sheep on his right hand, but the goats on the left. Then the King will tell those on his right hand, ‘Come, you blessed of my Father! Inherit the Kingdom prepared for you since the foundation of the world! For I was hungry and you gave me food to eat; I was thirsty and you gave me drink; I was a stranger and you took me in. I was naked and you clothed me; I was sick and you visited me; I was in prison, and you came to me.’

Then the righteous will answer him, saying: ‘Lord, when did we see you hungry and feed you; or thirsty and give you a drink? When did we see you as a stranger and take you in; or naked, and clothe you? When did we see you sick, or in prison, and visit you?’

The King will answer them, ‘Amen, I tell you: as much as you did it to one of the least of these my brethren, you did it to me.’ Then he will also say to those on his left hand, ‘Depart from me, you accursed, into the eternal fire which is prepared for the devil and his angels! For I was hungry and you gave me no food; I was thirsty and you gave me no drink;

I was a stranger and you did not receive me; naked, and you did not clothe me; sick, and in prison, and you did not visit me.’

Then they will answer him: ‘Lord, when did we see you hungry, or thirsty, or a stranger, or naked, or sick, or in prison, and did not help you?’

Then he will answer them, saying: ‘Amen, I tell you: as much as you did not do it to one of the least of these, you did not do it to me.’ These ones on the left will go away into eternal punishment, but the righteous into eternal life.”

*Choir: Glory to You O Lord, Glory to You.*

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*Please join us in our fellowship hour immediately following the dismissal!*

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## *Lenten Confession*

It is expected that all Orthodox Christians will regularly take part in confession. One of the most important times for confession is during Great Lent. To facilitate confessions, Fr. Marty will be available Friday evenings after the Akathist Hymn during Great Lent, in addition to after Vespers on Saturday evenings. Other times can be arranged by appointment.

## *Lenten Schedule*

As in the past, we will try to celebrate as many of the Lenten Services as we are able. Each Wednesday night during Lent we will serve the Divine Liturgy of the Presanctified Gifts, and each Friday night we will pray the Akathist Hymn to the Theotokos.

The Schedule is as follows:

Sunday, February 26, 6:30 pm	Vespers with the Rite of Forgiveness
Wednesday, March 1, 6:30 pm	First Presanctified Liturgy
Friday, March 3, 6:30 pm	First Stasis of the Akathist Hymn.

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**Sunday, March 5, 5:00 pm**      **Vespers for the Sunday of Orthodoxy**  
*St. George Greek Orthodox Church, Des Moines*      *Light Lenten Meal to follow*

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Saturday, March 25, 10:00 am	Divine Liturgy for the Annunciation
Friday March 31, 6:30 pm	Final Akathist Hymn, all stases
Wednesday, April 5, 6:30 pm	Final Presanctified Divine Liturgy
Sunday, April 9, 10:00 am	Divine Liturgy, Palm Sunday

### **Great and Holy Thursday, April 13**

9:30 am	Vespers of St. Basil
7:00 pm	Matins of Holy Friday and Passion Gospels

### **Great and Holy Friday, April 14**

3:30 pm	Vespers of Holy Saturday
7:00 pm	Matins of Holy Saturday, procession

### **Great and Holy Saturday, April 15**

9:30 am	Vespers of St. Basil
11:00 pm	The Services of Pascha

### **The Pascha of our Lord, April 16**

Midnight	Paschal Divine Liturgy ( <i>Ending approx. 1:30am</i> ) Blessing of the Baskets, Fellowship meal
5:00 pm	Agape Vespers of Pascha, cookout/fellowship to follow ( <i>location TBA</i> )

## *Orthodoxy 101*

Classes will begin meeting in earnest Tuesday, February 28, at 7:00 pm, and continue every other week thereafter. For those unable to attend the organizational meeting, a small syllabus will be distributed, but please read *The Orthodox Faith* by Protopresbyter Thomas Hopko, Volume 3, Chapters One through Four. The relevant text is available online (free) at: <https://oca.org/orthodoxy/the-orthodox-faith/church-history>.