

*Afterfeast of Theophany*

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**Welcome!** We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

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*Regular services:*

**Great Vespers**, *Saturday at 6:30pm*

**Confession**, *immediately following Great Vespers, other times by appointment.*

**Third and Sixth Hour Prayers**, *Sunday at 9:40am*

**Divine Liturgy**, *immediately following the hours.*

**Music Rehearsals**, *Saturday at 6:00pm*

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**621 Kellogg Avenue, Ames, Iowa 50010**  
*(corner of 7<sup>th</sup> and Kellogg)*

*Resurrectional Troparion – Tone 4*

When the women Disciples of the Lord  
learned from the Angel the joyous message of the Resurrection,  
they cast away the ancestral curse  
and elatedly told the Apostles:

“Death is overthrown!  
Christ God is risen,//  
granting the world great mercy!”

*Troparion of the Transfiguration – Tone 1*

When You, O Lord, were baptized in the Jordan,  
the worship of the Trinity was made manifest.  
For the voice of the Father bore witness to You,  
calling You His Beloved Son;  
and the Spirit in the form of a dove  
confirmed the truthfulness of His word.  
O Christ our God, You have revealed Yourself,//  
and have enlightened the world, glory to You!

*Resurrectional Kontakion – Tone 4*

My Savior and Redeemer  
as God rose from the tomb and delivered the earth-born from their chains.  
He has shattered the gates of hell,  
and as Master,//  
He has risen on the third day!

*Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of  
ages, amen.*

*Kontakion for the Transfiguration – Tone 4*

Today You have shone forth to the world, O Lord,  
and the light of Your countenance has been marked on us.  
Knowing You, we sing Your praises:  
“You have come and revealed Yourself,//  
O unapproachable Light.”

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*Epistle: (224-ctr) Ephesians 4:7-13 (Sunday after the Transfiguration)*

*Prokeimenon, Tone 1*

*Reader:* In the First Tone, Let Your mercy, O Lord, be upon us as we have set  
our hope on You!

*Choir:* Let Your mercy, O Lord, be upon us as we have set our hope on You!!

*Reader:* Rejoice in the Lord, O your righteous! Praise befits the just!

*Choir:* Let Your mercy, O Lord, be upon us as we have set our hope on You!!

*Reader:* Let Your mercy, O Lord, be upon us ...

*Choir:* ... as we have set our hope on You!!

*Deacon:* Wisdom!

*Reader:* Brethren, grace has been granted to each one of us according to the  
measure of Christ’s gift. Therefore, God says, “When he ascended on high, he  
led captivity captive, and gave gifts to men.” Now what does “he ascended”

mean, if not that he first descended into the lower parts of the earth? He who descended is the same one who also ascended far above all the heavens, so that he might fill all things.

He gave some to be apostles, some prophets, some evangelists, some shepherds and teachers, for the perfecting of the saints, for a work of ministry, to build up the body of Christ. This is until we all attain to the unity of the faith and to the knowledge of the Son of God, to maturity, having reached the very fullness of Christ.

*Priest:* Peace be to you.

*Alleluia: Tone 5*

*Reader:* **And to Your spirit.** In the 5<sup>th</sup> Tone: Alleluia! Alleluia! Alleluia!

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation.

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* For You have said: “Mercy will be established forever; Your truth will be prepared in the heavens.”

*Choir:* Alleluia! Alleluia! Alleluia!

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*Gospel: (8) Matthew 4:12-17 (Sunday after Theophany)*

*Priest:* The reading from the Holy Gospel according to St. **Matthew.**

*Choir:* Glory to You O Lord, Glory to You.

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee. Leaving Nazareth, he came and lived in Capernaum, which is by the sea, in the region of Zebulun and Naphtali, so that what had been spoken through Isaiah the prophet might be fulfilled:

*The land of Zebulun and the land of Naphtali,  
toward the sea, beyond the Jordan, Galilee of the Gentiles,  
the people who sat in darkness saw a great light,  
to those who sat in the region and shadow of death,  
to them light has dawned.*

From that time on, Jesus began to preach and to say, “Repent! For the Kingdom of Heaven is at hand.”

*Choir:* Glory to You O Lord, Glory to You.

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*Hymn to the Theotokos*

Magnify, O my soul, the most-pure Virgin Theotokos,  
more honorable than the heavenly hosts!

No tongue knows how to praise you worthily, O Theotokos;  
even Angels are overcome with awe praising you.

But since you are good, accept our faith;  
for you know our love inspired by God!

You are the defender of Christians, and we magnify you.

*Communion Hymns*

The grace of God has appeared for the salvation of all men. Praise the Lord from the heavens, praise Him in the highest! Alleluia, Alleluia, Alleluia!

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*Please join us in our fellowship hour immediately following the dismissal!*

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***Readers and Bakers and those who would like to be, take note!***

The latest schedule of readers and bakers is posted on the bulletin board in the Narthex. If you are interested in participating, please see Matushka Candy.

***House blessings:***

If you would like a home blessing, please sign up on the list in the back. House blessings begin Saturday, January 14. There are also copies of a one-page service that you may use to bless your own home, if you prefer.

***Thinking point:***

“St. Paul urges us again and again, ‘Rejoice in the Lord always; again I will say, Rejoice’ (Phil. 4:4). Notice that he says, rejoice, not in your circumstances but in the Lord. This is where the joy is – in the Lord- not in our circumstances. We cannot squeeze a drop of rejoicing out of our circumstance or our past or our prospects, but we can always rejoice in the Lord. Habakkuk expressed it this way:

*Though the fig tree does not blossom, nor fruit be on the vines, the produce of the olive fail, and the fields yield no food, the flock be cut off from the fold, and there be no herd in the stalls, yet I will rejoice in the Lord, I will joy in the God of my salvation. (Hab. 3:17-18)*

Rejoice in the Lord – not in your circumstances, not in your empty stalls and parched fields, but in the Lord.” *(Anthony Coniaris, HOLY JOY, pp 57-58)*

**The Significance of Theophany**

Americans love Christmas. For American Christians, Christmas is the biggest holiday of the year. And yet, in the ancient Eastern Christian tradition, Christmas is surpassed as a Feast by Theophany. Here is a hymn from the prefeast of Theophany (for January 2), which certainly touts Christmas as a great feast, but one which is surpassed by the events of Christ’s baptism.

*The Feast which Passed is radiant,  
But the one to come is brighter still!  
There the angel proclaimed glad tidings,  
But here, the Forerunner prepares the Savior’s Way!  
There blood was spilled, as Bethlehem was made barren,  
But here the life-giving water gives birth to many children.  
There the star revealed You to the magi,  
But here the Father proclaims You to the universe.  
Incarnate Lord, coming to be made manifest, glory to You!*