

*Herman of Alaska  
Apostle Matthias*

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Fr. Martin D. Watt, Priest-in-Charge  
*Mailing address* 1411 Wilson Avenue  
*and rectory:* Ames, Iowa 50010

(515) 337-1192 (*rectory*)

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**Welcome!** We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

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*Regular services:*

**Great Vespers**, Saturday at 6:30pm

**Confession**, immediately following Great Vespers, other times by appointment.

**Third and Sixth Hour Prayers**, Sunday at 9:40am

**Divine Liturgy**, immediately following the hours.

**Music Rehearsals**, Saturday at 6:00pm

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621 Kellogg Avenue, Ames, Iowa 50010  
*(corner of 7<sup>th</sup> and Kellogg)*

*Resurrectional Troparion – Tone 1*

When the stone had been sealed by the Jews,  
while the soldiers were guarding Your most pure body,  
You rose on the third day, O Savior, granting life to the world.  
The powers of heaven therefore cried to You, O Giver of Life:  
“Glory to Your Resurrection, O Christ!

Glory to Your Kingdom!//

Glory to Your dispensation, O Lover of mankind!”

*Troparion for the Transfiguration Afterfeast – Tone 7*

You were transfigured on the mount, O Christ God,  
revealing Your glory to Your disciples as far as they could bear it.  
Let Your everlasting Light shine upon us sinners  
through the prayers of the Theotokos!//  
O Giver of Light, glory to You!

*Troparion for St. Herman – Tone 7*

Joyful North Star of the Church of Christ,  
guiding all people to the Heavenly Kingdom;  
teacher and apostle of the True Faith;  
intercessor and defender of the oppressed;  
adornment of the Orthodox Church in America:  
blessed Father Herman of Alaska!//  
pray to our Lord Jesus Christ for the salvation of our souls!

*Kontakion for St. Herman, Tone 3*

The eternal light of Christ our Savior  
guided you, blessed Father Herman,  
on your evangelical journey to America  
to proclaim the Gospel of peace.  
Now you stand before the throne of glory;  
intercede for your land and its people://  
peace for the world and salvation for our souls!

*Glory to the Father and to the Son and to the Holy Spirit,*

*Kontakion for the Transfiguration – Tone 7*

On the mountain You were transfigured, O Christ God,  
and Your disciples beheld Your glory as far as they could see it;  
so that when they would behold Your crucified,  
they would understand that Your suffering was voluntary,  
and would proclaim to the world://  
that You are truly the Radiance of the Father.

*now and ever and unto ages of ages, amen*

*Resurrectional Kontakion, Tone 1*

As God, You rose from the tomb in glory,  
raising the world with Yourself.  
Human nature praises You as God, for death has vanished.  
Adam exults, O Master!  
Eve rejoices, for she is freed from bondage and cries to You://  
“You are the Giver of Resurrection to all, O Christ!”

*Epistle: (131) – 1 Corinthians 4:9-16 and (213) Galatians 5:22-6:2 (St. Herman)*

*Priest:* Let us attend! +Peace be unto all!

*Reader:* And with your spirit!

*Priest:* Wisdom!

*Prokeimenon, Tone 1*

*Reader:* The Prokeimenon, in the 1<sup>st</sup> Tone: Let Your mercy O Lord be upon us as we have set our hope on You!

*Choir:* Let Your mercy O Lord be upon us as we have set our hope on You! As we have set our hope on You!

*Reader:* Rejoice in the Lord, O Righteous! Praise befits the just!

*Choir:* Let Your mercy O Lord be upon us as we have set our hope on You! As we have set our hope on You!

*Reader:* In the 7<sup>th</sup> Tone, Precious in the sight of the Lord is the death of His saints.

*Choir:* Precious in the sight of the Lord is the death of His saints.

*Deacon:* Wisdom!

*Reader:* **The Reading from the First Epistle of the Holy Apostle Paul to the Corinthians.**

*Deacon:* Let us attend!

*Reader:* Brethren, I think that God hath shown us, the apostles, last, as men condemned to death; for we have been made a spectacle unto the world, both to angels and to men. We are fools for Christ's sake, but you are wise in Christ! We are weak, but you are strong! You are honored, but we are despised! Even unto this present hour we both hunger, and thirst, and are naked, and beaten, and homeless. And we labor, working with our own hands. Being reviled, we bless; being persecuted, we endure; being defamed, we entreat. We are made as the filth of the world and are the offscouring of all things unto this day. I write these things not to shame you, but to warn you as my beloved sons. For though ye have ten thousand instructors in Christ, yet ye have not many fathers; for in Christ Jesus I have begotten you through the Gospel. Therefore I beseech you, to follow me even as I have followed Christ.

Brethren, the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, self-control. Against such there is no law. And they that are Christ's have crucified the flesh with its passions and lusts. If we live in the Spirit, let us also walk in the Spirit. Let us not be desirous of vainglory, provoking one another, envying one another. Brethren, if a man is overtaken by any fault, you, who are spiritual, restore such a one in a spirit of meekness, considering thyself lest thou also be tempted. Bear ye one another's burdens, and so fulfill the law of Christ.

*Priest:* + Peace be to you.

*Alleluia: Tone 1*

*Reader:* **And to Your spirit.** In the 1<sup>st</sup> Tone: Alleluia! God gives vengeance unto me, and subdues people under me.

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* He magnifies the salvation of the King and deals mercifully with David, His anointed, and his seed forever.

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* In the 6<sup>th</sup> Tone, Blessed is the man who fears the Lord, who greatly delights in His commandments..

*Choir:* Alleluia! Alleluia! Alleluia!

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*Gospel: (72) – Matthew 17:14-23 and (24) Luke 6:17-23 (St. Herman)*

*Priest:* Wisdom! Let us Attend! Let us hear the Holy Gospel! Peace be with you all!

*Choir:* And with your spirit.

*Priest:* The reading from the Holy Gospel according to St. **Matthew**.

*Choir:* Glory to You O Lord, Glory to You.

*Priest:* Let us Attend!

At that time, a man came to Jesus, kneeling down to Him and saying, "Lord, have mercy on my son, for he is an epileptic and suffers severely; for he often falls into the fire and often into the water. So I brought him to Your disciples, but they could not cure him." Then Jesus answered and said, "O faithless and perverse generation, how long shall I be with you? How long shall I bear with you? Bring him here to Me." And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. However, this kind does not go out except by prayer and fasting." Now while they were staying in Galilee, Jesus said to them, "The Son of Man is about to be betrayed into the hands of men, and they will kill Him, and the third day He will be raised up." And they were exceedingly sorrowful.

At that time, Jesus stood on a level place with a crowd of His disciples and a great multitude of people from all Judea and Jerusalem, and from the seacoast of Tyre and Sidon, who came to hear Him and be healed of their diseases, as well as those who were tormented with unclean spirits. And they were healed. And the whole multitude sought to touch Him, for power went out from Him and healed them all. Then He lifted up His eyes toward His disciples, and said: "Blessed are you poor, For yours is the kingdom of God. Blessed are you who hunger now, For you shall be filled. Blessed are you who weep now, For you shall laugh. Blessed are you when men hate you, And when they exclude you, And revile you, and cast out your name as evil, For the Son of Man's sake. Rejoice in that day and leap for joy! For indeed your reward is great in heaven.

*Choir:* Glory to You O Lord, Glory to You.

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*Instead of "It is Truly Meet":* Magnify, O my soul, the Lord Who was transfigured on Mount Tabor!

Your childbearing was without corruption;  
God came forth from your body clothed in flesh,  
and appeared on earth and dwelt among men.  
Therefore we all magnify you, O Theotokos.

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*Communion Hymn:* Praise the Lord from the heavens, praise Him in the highest! O Lord, we shall walk in the light of Your countenance, and exult in Your Name forever! The righteous shall be in everlasting remembrance. He shall not fear evil tidings. Alleluia, Alleluia, Alleluia!

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*Please join us in our fellowship hour immediately following the dismissal!*

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***Thank you to Fr. Maximus Herman for serving in Fr. Marty's absence!***