

Fr. Martin D. Watt, Priest-in-Charge

Mailing address 1411 Wilson Avenue

and rectory: Ames, Iowa 50010

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Welcome! We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

Regular services:

Great Vespers, Saturday at 6:30pm

Confession, immediately following Great Vespers, other times by appointment.

Third and Sixth Hour Prayers, Sunday at 9:40am

Divine Liturgy, immediately following the hours.

Music Rehearsals, Saturday at 6:00pm

621 Kellogg Avenue, Ames, Iowa 50010
(corner of 7th and Kellogg)

Resurrectional Troparion – Tone 8

You descended from on high, O Merciful One!
You accepted the three day burial to free us from our sufferings!!
O Lord, our Life and Resurrection, glory to You!

Troparion for St. Stephen– Tone 4

Your relics have risen from the depths of the earth,
like a treasury for the immortal life of all creation.
The Church, rejoicing in the grace that she receives from them,
duteously honors you, Protomartyr Stephen.//
Preserve us from error and heresy by your intercession!

Glory to the Father and to the Son and to the Holy Spirit,

Kontakion for St. Stephen, Tone 4

You were the first to be sown on the earth by the Heavenly Husbandman, O
all-praised one.
You were the first to shed your blood on the earth for Christ, O blessed one.
You were the first to receive the crown of victory from Him in heaven,//
Stephen, first of the suffering God-crowned martyrs.
now and ever and unto ages of ages, amen

Resurrectional Kontakion, Tone 8

By rising from the tomb, You raised the dead and resurrected Adam.
Eve exults in Your Resurrection,
and the world celebrates Your rising from the dead, O greatly Merciful One!

Epistle: (128) – 1 Corinthians 3:9-17

Deacon: Let us attend! *Priest:* +Peace be unto all!

Reader: And with your spirit!

Deacon: Wisdom!

Prokeimenon, Tone 8

Reader: The Prokeimenon, in the 8th Tone: Pray and make your vows before
the Lord, our God!

Choir: Pray and make your vows before the Lord, our God!

Reader: In Judah God is known; His name is great in Israel.

Choir: Pray and make your vows before the Lord, our God!

Reader: Pray and make your vows ...

Choir: ... before the Lord, our God!

Deacon: Wisdom!

Reader: **The Reading from the First Epistle of the Holy Apostle Paul to
the Corinthians.**

Deacon: Let us attend!

Reader: Brethren, we are God's fellow workers; you are God's husbandry,
you are God's building. According to the grace of God which is given to
me, as a wise architect I have laid the foundation, and another builds on it.

But let each one take heed how he builds on it. For no foundation can anyone lay other than that which is laid, which is Jesus Christ. Now if any man build upon this foundation with gold, silver, precious stones, wood, hay, straw, each one's work shall be made manifest; for the day shall declare it, because it shall be revealed by fire; and the fire shall test each one's work, of what sort it is. If any man's work which he hath built on it endures, he shall receive a reward. If any man's work is burned, he shall suffer loss; but he himself shall be saved, yet so as by fire. Do you not know that you are the temple of God and that the Spirit of God dwells in you? If any man defiles the temple of God, him shall God destroy; for the temple of God is Holy, which temple you are.

Priest: + Peace be unto you.

Alleluia: Tone 8

Reader: **And to Your spirit.** In the 8th Tone: Alleluia! Alleluia! Alleluia!

Choir: Alleluia! Alleluia! Alleluia!

Reader: Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Choir: Alleluia! Alleluia! Alleluia!

Reader: Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise!

Choir: Alleluia! Alleluia! Alleluia!

Gospel: (59) – Matthew 14:22-34

Priest: Wisdom! Let us Attend! Let us hear the Holy Gospel! Peace be with you all!

Choir: And with your spirit.

Deacon: The reading from the Holy Gospel according to St. **Matthew.**

Choir: Glory to You O Lord, Glory to You.

Deacon: Let us Attend!

At that time, Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away. And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there. But the boat was now in the middle of the sea, tossed by the waves, for the wind was contrary. Now in the fourth watch of the night Jesus went to them, walking on the sea. And when the disciples saw Him walking on the sea, they were troubled, saying, "It is a ghost!" And they cried out for fear. But immediately Jesus spoke to them, saying, "Be of good cheer! It is I; do not be afraid." And Peter answered Him and said, "Lord, if it is You, command me to come to You on the water." So He said, "Come." And when Peter had come down out of the boat, he walked on the water to go to Jesus. But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord, save me!" And immediately Jesus stretched out His hand and caught

him, and said to him, "O you of little faith, why did you doubt?" And when they got into the boat, the wind ceased. Then those who were in the boat came and worshiped Him, saying, "Truly You are the Son of God." When they had crossed over, they came to the land of Gennesaret.

Choir: Glory to You O Lord, Glory to You.

Please join us in our fellowship hour immediately following the dismissal!

Announcements:

Parish Feast Day Services

Wednesday, August 5, 6:30pm: Vigil for the Transfiguration of the Lord

Thursday, August 6, 9:40am: Third and Sixth Hours

Thursday, August 6, 10:00am: Divine Liturgy for the Transfiguration of the Lord

Our hope and prayer is that everyone will join us for this most special day in the life of our parish.

Vacation plans: Fr. Marty and Mat. Candy will be on vacation from August 6 through August 15. If you need immediate attention from a priest, please feel free to contact Fr. Basil Hickman at St. George Church in Des Moines. Fr. Maximos Herman will be serving the Sunday liturgy in Fr. Marty's absence. He will be available Sunday morning prior to the Divine Liturgy to hear confessions if that is desired.

Parish "Open House" for ISU Move-in:

ISU move in days are Tuesday through Thursday, August 18-20. The 18th and 19th are reserved for new students, and Thursday is for returning Students.

Fr. Marty intends to be at the Church beginning at 4:30 pm each of those three days, to (hopefully) welcome any new and returning students that drop in. Any parishioner who would like to be present is welcome to help us welcome new students (and perhaps their parents) to the Holy Transfiguration Ames community. If someone would like to volunteer to bring soft drinks, or snacks, that would be wonderful.