

Fr. Martin D. Watt, Priest-in-Charge
Mailing address 1411 Wilson Avenue
and rectory: Ames, Iowa 50010

(515) 337-1192 (*rectory*)

Welcome! We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

Regular services:

Great Vespers, Saturday at 6:30pm

Confession, immediately following *Great Vespers*, other times by appointment.

Third and Sixth Hour Prayers, Sunday at 9:40am

Divine Liturgy, immediately following the hours.

Music Rehearsals, Saturday at 6:00pm

621 Kellogg Avenue, Ames, Iowa 50010
(corner of 7th and Kellogg)

Festal Antiphons – for Pentecost

The First Antiphon

The heavens are telling the glory of God; and the firmament proclaims His handiwork.

Refrain: Through the prayers of the Theotokos, O Savior, save us!

Day to day pours forth speech, and night to night declares knowledge.

Refrain: Through the prayers of the Theotokos, O Savior, save us!

Their proclamation has gone out into all the earth, and their words to the ends of the universe.

Refrain: Through the prayers of the Theotokos, O Savior, save us!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Refrain: Through the prayers of the Theotokos, O Savior, save us!

The Second Antiphon

The Lord answer you in the day of trouble; the name of the God of Jacob protect you!

Refrain: O Good Comforter, save us who sing to You: “Alleluia!”

May He send you help from the sanctuary and give you support from Zion!

Refrain: O Good Comforter, save us who sing to You: “Alleluia!”

May He remember all your offerings, and fulfill all your plans!

Refrain: O Good Comforter, save us who sing to You: “Alleluia!”

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Then, Only-begotten Son

The Third Antiphon

verse: In Your strength the king rejoices, O Lord, and exults greatly in Your salvation.

Festal Troparion – Tone 8

Blessed are You, O Christ our God;
for You have shown the fishermen to be most wise
by sending down on them the Holy Spirit
and through them catching all the world in Your net.//
Glory to You, O good God Who love mankind!

verse: You have given him his heart’s desire, and have not withheld the request of his lips.

Repeat Festal Troparion – Tone 8

verse: For You meet him with goodly blessings; You set a crown of fine gold upon his head.

Repeat Festal Troparion – Tone 8

Troparion – Tone 8

Blessed are You, O Christ our God;
for You have shown the fishermen to be most wise
by sending down on them the Holy Spirit
and through them catching all the world in Your net.//
Glory to You, O good God Who love mankind!

*Glory to the Father and to the Son and to the Holy Spirit, now and ever
and unto ages of ages, amen*

Kontakion for Pentecost, Tone 8

When He came down and confused the tongues, the Most High divided the
nations;
but when He distributed the tongues of fire, He called all people to unity.//
Therefore, with one voice we glorify the most-Holy Spirit.

Instead of the Trisagion:

As many as have been baptized into Christ, have put on Christ. Alleluia.

Epistle: (3) – Acts 2:1-11

Deacon: Let us attend! *Priest:* +Peace be unto all!

Reader: And with your spirit!

Deacon: Wisdom!

Prokeimenon, Tone 8:

Reader: The Prokeimenon, in the 8th Tone, Their proclamation has gone out into
all the earth, and their words to the ends of the universe!

Choir: Their proclamation has gone out into all the earth, and their words
to the ends of the universe!

Reader: The heavens are telling the glory of God; and the firmament
proclaims His handiwork.

Choir: Their proclamation has gone out into all the earth, and their words
to the ends of the universe!

Reader: Their proclamation has gone out into all the earth, ...

Choir: ... and their words to the ends of the universe!

Deacon: Wisdom!

Reader: **The Reading from the Acts of the Holy Apostles.**

Deacon: Let us attend!

Reader: In those days, when the day of Pentecost was fully come, they were
all with one accord in one place. And suddenly there came a sound from
heaven, as of a rushing mighty wind, and it filled all the house where they
were sitting. And there appeared to them cloven tongues, as of fire, and one
sat upon every one of them. And they were all filled with the Holy Spirit
and began to speak with other tongues, as the Spirit gave them utterance.
Now there were dwelling in Jerusalem Jews, devout men, from every nation
under heaven. And when this sound arose, the multitude came together, and
were confused, because everyone heard them speak in his own language.

And they were all amazed and marveled, saying to one another, "Behold, are not all these who speak Galileans? And how is it that we hear, each in our own language in which we were born? Parthians and Medes and Elamites, those dwelling in Mesopotamia, and in Judæa and Cappadocia, in Pontus, and Asia, Phrygia, and Pamphylia, in Egypt and in the parts of Libya adjoining Cyrene, visitors from Rome, both Jews and proselytes, Cretes and Arabians; we hear them speaking in our own tongues the wonderful works of God."

Priest: + Peace be unto you.

Alleluia: Tone 1

Reader: **And to Your spirit.** In the 1st Tone: Alleluia! Alleluia! Alleluia!

Choir: Alleluia! Alleluia! Alleluia!

Reader: By the Word of the Lord the heavens were made; and all their host by the Spirit of His mouth.

Choir: Alleluia! Alleluia! Alleluia!

Reader: The Lord looked down from heaven, and saw all the sons of men.

Choir: Alleluia! Alleluia! Alleluia!

Gospel: (27) – John 7:37-52; 8:12

Priest: Wisdom! Let us Attend! Let us hear the Holy Gospel! Peace be with you all!

Choir: And with your spirit.

Deacon: The reading from the Holy Gospel according to St. **John.**

Choir: Glory to You O Lord, Glory to You.

Deacon: Let us Attend! On the last day, that great day of the feast, Jesus stood and cried out, saying, "If anyone thirsts, let him come to Me and drink. He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water." But this He spoke concerning the Spirit, whom those believing in Him would receive; for the Holy Spirit was not yet given, because Jesus was not yet glorified. Therefore many from the crowd, when they heard this saying, said, "Truly this is the Prophet." Others said, "This is the Christ." But some said, "Will the Christ come out of Galilee? Has not the Scripture said that the Christ comes from the seed of David and from the town of Bethlehem, where David was?" So there was a division among the people because of Him. Now some of them wanted to take Him, but no one laid hands on Him. Then the officers came to the chief priests and Pharisees, who said to them, "Why have you not brought Him?" The officers answered, "No man ever spoke like this Man!" Then the Pharisees answered them, "Are you also deceived? Have any of the rulers or the Pharisees believed in Him? But this crowd that does not know the law is accursed." Nicodemus (he who came to Jesus by night, being one of them) said to them, "Does our law judge a man before it hears him and knows what he is doing?" They answered and said to him, "Are you also from Galilee? Search and look, for

no prophet has arisen out of Galilee." Then Jesus spoke to them again, saying, "I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life."

Choir: Glory to You O Lord, Glory to You.

(Instead of "It is truly meet ...," we sing the following Hymn to the Theotokos)

Rejoice, O Queen, glory of mothers and virgins!

No tongue, however sweet or fluent, is eloquent enough to praise you
worthily.

Every mind is overawed by your childbearing.

Therefore, with one voice, we glorify you.

Communion Hymn:

Let Your good Spirit lead me on a level path! Alleluia, alleluia, alleluia!

After the second "Blessed be the Name of the Lord ..." we offer the kneeling prayers from the vespers of Pentecost:

Priest: Again and again, on bended knees, let us pray to the Lord.

Choir: Lord, have mercy. (3x)

Then all kneel down and remain so while the priest, kneeling also in the opened holy doors before the altar reads this prayer in the hearing of all:

The First Prayer

Priest: O Lord, Who is immaculate, spotless, without beginning, invisible, incomprehensible, inscrutable, unchanging, unsurpassable, immeasurable, forbearing, who alone hast immortality, who dwells in light unapproachable, Who hast made heaven and earth and the sea, and all created things therein, Who grants unto all men their petitions before they ask, we pray You and beseech You, O Master, Who loves man, the Father of our Lord and God and Savior, Jesus Christ, Who for us men and for our salvation came down from heaven, and was incarnate by the Holy Spirit and of Mary the Ever-virgin and most glorious Theotokos, Who first taught in words and afterwards showed by deeds, when He endured His saving Passion, Who gave us, Your humble, and sinful, and unworthy servants, an example, whereby we should offer unto You prayers with the bending of the neck and the knees, both for our own sins and for the ignorance of the people; You Who is great in mercy and loves mankind, hear us in that day when we shall call upon You, and especially on this day of Pentecost, on which, after our Lord Jesus Christ had ascended into the heavens, and had sat down at the right hand of You, the God and Father, He did send down the Holy Spirit upon His holy disciples and apostles, Which also sat upon each of them, and they were all filled with His inexhaustible grace, and they spoke with other tongues of Your greatness, and they prophesied. Hear us, therefore, now who pray to You, and remember us, humble and condemned as we are, and turn again the captivity of our souls, You Who has Your own compassion as

intercessor for us. Receive us who fall down before You and cry, We have sinned. We have cleaved unto You from our birth, even from our mother's womb. You are our God, but since our days have passed in vanity, we have been stripped of Your help, we have been deprived of every defense. But emboldened by Your compassion, we call out, Remember not the sins of our youth and our ignorance and cleanse us of our secret sins, cast us not away in time of old age; when our strength fails, forsake us not. Before we return to the earth, make us worthy to turn again unto You, and attend to us in favor and grace. Measure our transgressions according to Your compassion, set the depth of Your compassion against the multitude of our offenses. Look down from Your holy heights, O Lord, upon Your people here present who await Your rich mercy. Visit us in Your goodness. Deliver us from the power of the Devil. Make firm our lives with Your holy and sacred laws. Entrust Your people to a faithful guardian Angel. Gather us all into Your kingdom. Grant pardon to those that hope in You. Forgive them and us our sins. Purify us by the operation of Your holy Spirit. Destroy the snares set for us by the enemy.

And then he adds this prayer:

Blessed are You, O Lord, Master Almighty, Who has lightened the day with the light of the sun, and has illuminated the night with flashes of fire, Who has granted us to pass through the length of the day and to draw near to the beginning of the night, hear our prayer and the prayer of all Your people, and having pardoned us all our voluntary and involuntary sins, receive our evening supplications, and send down the multitude of Your mercies and compassion upon Your inheritance. Wall us in with Your holy Angels. Arm us with the armor of Your righteousness. Make a bulwark about us with Your truth. Guard us with Your power. Deliver us from every oppression and every plot of the adversary. Grant us also that the present evening with the coming night, and all the days of our life, may be perfect, holy, peaceful, sinless, without stumbling-blocks, without fantasy, through the intercessions of the holy Theotokos and of all the Saints, who have in all ages been well pleasing unto You.

Priest: Help us, save us, have mercy on us, raise us up, and keep us, O God, by Your grace.

Choir: Lord, have mercy.

Priest: Commemorating our most holy, most pure, most blessed and glorious Lady Theotokos and ever-virgin Mary with all the saints, let us commend ourselves and each other, and all our life unto Christ our God.

Choir: To You, O Lord.

Priest: For Yours it is to have mercy on us and to save us, O our God, and unto You do we send up glory, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen.

Priest: Again and again, on bended knees, let us pray to the Lord.

Choir: Lord, have mercy. (3x)

The Second Prayer

Priest: O Lord Jesus Christ our God, Who has given Your peace to mankind, and, being present still in this life, ever grants the gift of the Holy Spirit to the faithful, as an inheritance that cannot be taken away, You sent down today in manner most clear, this grace upon Your holy disciples and apostles, and opened their lips with tongues of fire. Through them every race of man has received, through the hearing of the ear, the knowledge of God in our own languages. We have been enlightened by the light of the Spirit, and we have been freed from delusion as from darkness, and through the distribution of the perceptible tongues of fire, and the wondrous operation of the same, we have been taught the faith that is in You, and we have been illumined so as to confess You, with the Father and the Holy Spirit, in one Godhead, and power, and authority. For You are the brightness of the Father, the express image, inalterable and immovable, of His essence and nature, the fountain of wisdom and of grace. Open the lips of me a sinner and teach me how I ought and for what I must pray. For You know the multitude of my sins, but Your tenderness shall overcome the enormity thereof. For lo, in fear I stand before You; into the sea of Your mercy have I cast the desperation of my soul. Order my life, You Who orders all creation with Your word, and with the unutterable power of Your wisdom, O tranquil haven of the storm-tossed, and make known to me the way wherein I should walk. Grant to my reasoning the Spirit of Your wisdom, and give the Spirit of understanding to my foolishness. Overshadow my deeds with the Spirit of Your fear, and renew a right Spirit in my inmost parts. And with Your guiding Spirit, establish my faltering mind, that being guided every day by Your good Spirit toward what is useful, I may be granted to keep Your commandments and always to remember Your glorious coming-again, which shall search out our deeds. Despise me not, lest I be deceived by the corrupting pleasures of this world, but enable me to yearn for the enjoyment of the treasures of that to come. For You have said, O Master, that, whatsoever may be asked in Your name, shall be freely received of Your coeternal God and Father. I, a sinner, therefore, at the descent of Your Holy Spirit, do supplicate Your goodness, render unto me whatsoever I have asked unto salvation. Yea, O Lord, the good and abundant Giver of every benefit, for You are He Who grants most abundantly that which we ask. You are He Who sinlessly became the compassionate, merciful partaker of our flesh; and to those that bend their knees before You, You graciously bend down and become the propitiation for our sins. Grant then, Lord, Your compassion to Your people. Harken to us from Your holy heaven. Sanctify them by the power of Your saving right hand. Shelter them with the shelter

of Your wings. Despise not the work of Your hands. Against You alone do we sin, but You alone do we also adore. We know not how to worship a strange god, nor how to stretch forth our hands to any other god, O Master. Forgive us our offenses, and accept our prayers with the bending of our knees; extend to us all the hand of Your aid, and receive the prayer of all as an acceptable incense, rising before Your blessed kingdom.

And then he adds this prayer:

O Lord, Lord, Who delivers us from every arrow that flies by day, deliver us also from everything that walks about in the darkness. Accept the lifting up of our hands as an evening sacrifice. Vouchsafe us also to pass without reproach the course of the night untempted of evil things, and redeem us from every disturbance and dread that comes to us from the devil. Grant unto our souls contrition and unto our thoughts care concerning the trial of Your fearful and righteous judgment. Nail our flesh to the fear of You and mortify our earthly members, that even in the quietness of sleep we may be illumined by the contemplation of Your judgments. Withdraw from us every unseemly fantasy and injurious desire. Raise us up at the time of prayer confirmed in the faith and progressing in Your commandments.

Priest: Help us, save us, have mercy on us, raise us up, and keep us, O God, by Your grace.

Choir: Lord, have mercy.

Priest: Commemorating our most holy, most pure, most blessed and glorious Lady Theotokos and ever-virgin Mary with all the saints, let us commend ourselves and each other, and all our life unto Christ our God.

Choir: To You, O Lord.

Priest: Through the grace and compassion of Your only-begotten Son, with Whom You are blessed, together with Your all-holy, and good, and life-creating Spirit, now and ever, and unto ages of ages.

Choir: Amen.

Priest: Again and again, on bended knees, let us pray to the Lord.

Choir: Lord, have mercy. (3x)

The Third Prayer

Priest: O ever-flowing Fountain of life and light, creative power co-eternal with the Father, Who has most excellently fulfilled the whole dispensation of the salvation of mankind, Christ our God, Who burst the indestructible bonds of death and the bolts of Hell, and trampled down the multitude of evil spirits; Who offered Yourself as a blameless victim, giving Your immaculate body as a sacrifice, unblemished and inviolate of all sin, and through that dread and indescribable act of sacrifice, bestowed eternal life upon us; Who descended into Hell and broke down its eternal bars, showing forth the way up to those who sat in the lower world; Who with allurements

of divine wisdom, enticed the author of evil, the dragon of the abyss, and with cords of gloom bound him in Hell and in unquenchable fire, and You confined him in outer darkness by Your infinite might, You, the greatly glorified wisdom of the Father, manifested Yourself as a great Helper to the oppressed, and enlightened those that sat in darkness and in the shadow of death, You Lord of eternal glory and beloved Son of the Father most high, Light everlasting of Light everlasting, Sun of righteousness: Harken to us who pray to You, and give rest to the souls of Your servants, our fathers, mothers, sisters and brothers, who have fallen asleep before us, and our other kinsmen after the flesh, and all Your own who are in the faith, of whom we now make memorial, for in You is the power over all, and in Your hand You hold all the ends of the earth. Almighty Master, God of the fathers and Lord of mercies, Maker of the race of mortals and immortals, and of every nature of man, of that which is brought together and again put asunder, of life and of the end of life, of sojourning here and of translation there, who measures the years of life and sets the times of death, Who brings down to Hell and raises up, binding in infirmity and releasing unto power, dispensing present things according to need, and ordering those to come as in expedient, quickening with the hope of resurrection those that are smitten with the sting of death. O Master of all, God our Savior, the hope of all the ends of the earth and of those that are far off upon the sea, Who on this last and great and saving day of Pentecost, did show forth to us the mystery of the Holy Trinity, consubstantial and co-eternal, undivided and unmingled, and poured out the descent and presence of Your holy and life-creating Spirit in the form of tongues of fire, upon Your holy Apostles, appointing them to be the Evangelists of Your pious faith, and showing them to be confessors and preachers of the true theology; Who also on this all-perfect and saving feast, deigns to receive oblations and supplications for those bound in Hell, and grants unto us the great hope that respite and comfort will be sent down from You to the departed from the grief that binds them. Hear us, Your humble and piteous ones who pray, and give rest to the souls of Your servants who have fallen asleep before us, in a place of light, in a place of refreshment, in a place of repose, where all sickness, sorrow, and sighing are fled away; and place their souls in the tabernacle of the righteous, and make them worthy of peace and repose. For the dead praise You not, neither do those in Hell dare to offer You confession, but we, the living, bless You, and supplicate You, and offer them propitiatory prayers and sacrifices for their souls.

And then he adds this prayer:

O God, Who is great and eternal, holy and loves man, Who has granted us also to stand before Your unapproachable glory, that we may hymn and praise Your wonders, cleanse us, Your unworthy servants, and grant grace that with contrite heart and without presumption, we may offer You the

thrice-holy glorification and thanksgiving for Your great gifts, which You have granted and ever grant us. Remember, O Lord, our infirmity, and destroy us not for our transgressions, but be merciful to our humility, that fleeing from the darkness of sin, we may walk in the day of righteousness, and, clothed with the armor of light, may persevere unassailed from every attack of the Evil One, so that with boldness we may glorify You in all things, the only true God and Lover of man. For You in truth are the great mystery, O Master and Maker of all, both the temporary dissolution of Your creatures and their restoration thereafter, and of eternal rest. We confess Your grace in all things, in our coming into this world, and in our going forth therefrom, which things faithfully pledge unto us, through Your unfailing promise, our hope of the resurrection and of life incorruptible, which we shall receive hereafter at Your Second Coming. For You are both the Author of our resurrection and the impartial Judge of those that have lived, and the Lover of man, and the Master and Lord of recompense, Who did partake with us, on equal terms, of flesh and blood, through Your extreme condescension, and of our irreproachable passions, wherein You willingly submitted to temptation, since You possess tenderness and compassion, and Yourself, having suffered temptation, have become for us who are tempted, the Helper which You Yourself promised to be, and therefore You have led us to Your passionlessness. Accept, therefore, O Master, our prayers and supplications, and give rest to all the fathers and mothers, and children, and brothers and sisters of each of us, and to any others of our kindred and of our people, and to every soul that has gone to rest before in the hope of resurrection unto life eternal. Set their spirits and their names in the book of life, in the bosom of Abraham, Isaac and Jacob, in the land of the living, in the kingdom of heaven, in a Paradise of bliss, leading all, by Your radiant Angels, into Your holy abode, raising us also with You our bodies in the day which has been appointed according to Your holy and unfailing promise. There is, therefore, O Lord, no death unto Your servants, when we go forth from the body and come unto You, our God, but a change from things most sorrowful unto things most beneficent and most sweet, and rest and joy. And, though we have sinned against You, be gracious unto us and unto them, for none is pure of stain in Your sight, through his life be but for one day, except You alone, who revealed Yourself sinless on the earth, O Lord Jesus Christ, of Whom we all hope to obtain mercy and the forgiveness of sins. Therefore, as the good God Who loves mankind, remit, forgive, pardon them and us of our offenses, voluntary and involuntary, those done with knowledge or in ignorance, those manifest or unnoticed, those of deed, of thought, of word, those of all our acts and movements; and to those who have been taken from us give freedom and respite, and bless us who are here present, granting a good and peaceful ending to us and to all Your people, and open to us Your tender mercies and

Your love of mankind at Your dread and fearful Coming again, and make us worthy of Your kingdom.

And then he adds this prayer:

O great and most high God, Who alone has immortality, and dwells in light unapproachable, Who fashioned all creation in wisdom, Who divided the light from the darkness, and set the sun to rule the day and the moon and stars to rule the night, Who has also granted to us sinners at this present hour to come before Your presence with confession and to present unto You our evening doxology, O Lord, Lover of man, direct our prayer as incense before You, and accept it for an odor of sweet fragrance, and grant that our present evening and coming night be peaceful. Clothe us with the armor of light. Deliver us from the fear of night, and from everything that walks in darkness, and grant that the sleep that You have given for the rest and repose of our infirmity may be free from every fantasy of the Devil, O Master of all, Leader of the good, may we, being moved to compunction upon our beds, remember Your name in the night. And, enlightened by the exercise of Your commandments, may we rise upon joyfulness of soul to the glorification of Your goodness, and offer supplications and prayers unto Your tenderness of heart, for our own sins and those of all Your people, whom do You look upon in mercy, through the intercessions of the holy Theotokos.

Priest: Help us, save us, have mercy on us, raise us up, and keep us, O God, by Your grace.

Choir: Lord, have mercy.

Priest: Commemorating our most holy, most pure, most blessed and glorious Lady Theotokos and ever-virgin Mary with all the saints, let us commend ourselves and each other, and all our life unto Christ our God.

Choir: To You, O Lord.

Priest: For You are the repose of our souls and bodies, and to You do we send up glory, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

Choir: Amen.

We then sing the final "Blessed be the name of the Lord..." and the rest of the Conclusion of the Divine Liturgy.

Please join us in our fellowship hour immediately following the dismissal!

Please join us next weekend, June 7, as we honor the Meyer family, who is leaving for Indiana. We will recognize them after the Liturgy, and a coffee and fellowship hour in their honor.