

*Sunday of the Paralytic  
Martyrs Timothy and his wife Maura of Egypt*

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## ***Christ is Risen! Indeed He is Risen!***

**Welcome!** We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member. If you are a first time visitor to our parish, we invite you to sign our guest book.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

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*Regular services:*

**Great Vespers**, Saturday at 6:30pm

**Confession**, immediately following Great Vespers, other times by appointment.

**Third and Sixth Hours**, Sunday at 9:40am

**Divine Liturgy**, immediately following the hours.

**Music Rehearsals**, Saturday at 6:00pm

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**621 Kellogg Avenue, Ames, Iowa 50010**  
*(corner of 7<sup>th</sup> and Kellogg)*

*Priest:* “Blessed is the Kingdom ... “

*Choir:* “Amen.”

*Priest:* “Christ is risen from the dead ...” (2 ½ times)

*Choir:* “and upon those in the tombs bestowing life!”

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*Troparion – Tone 3*

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,

and has granted to the world//

great mercy.

*Kontakion, Tone 3*

By Your divine intercession, O Lord,

as You raised up the Paralytic of old,

so raise up my soul, paralyzed by sins and thoughtless acts;

so that being saved I may sing to You://

“Glory to Your power, O compassionate Christ!”

*Glory to the Father and to the Son and to the Holy Spirit, now and ever  
and unto ages of ages, amen*

*Kontakion, Tone 8*

You descended into the tomb, O Immortal,

You destroyed the power of death.

In victory You arose, O Christ God,

proclaiming: “Rejoice!” to the Myrrhbearing Women//

granting peace to Your Apostles, and bestowing resurrection on the fallen.

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*Epistle: (23) Acts 9:32-42*

*Deacon:* Let us attend! *Priest:* +Peace be unto all!

*Reader:* And with your spirit!

*Deacon:* Wisdom!

*Prokeimenon, Tone 1:*

*Reader:* The Prokeimenon, in the 1<sup>st</sup> Tone: Let Your mercy, O Lord, be upon us as we have set our hope on You!

*Choir:* Let Your mercy, O Lord, be upon us as we have set our hope on You!

*Reader:* Praise the Lord! For it is good to sing praises to our God!

*Choir:* Let Your mercy, O Lord, be upon us as we have set our hope on You!

*Reader:* ... Let Your mercy, O Lord, be upon us ...

*Choir:* ... as we have set our hope on You!

*Deacon:* Wisdom!

*Reader:* **The Reading from the Acts of the Holy Apostles.**

*Deacon:* Let us attend!

*Reader:* In those days, it came to pass, as Peter went through all parts of the country, that he also came down to the saints who dwelt in Lydda. There he found a certain man named Ænéas, who had been bedridden for eight years, and was paralyzed. And Peter said unto him, “Ænéas, Jesus Christ makes thee whole. Arise and make thy bed.” Then immediately, he arose. So all who dwelt at Lydda and Sharon saw him and turned to the Lord. Now, there was at Jaffa certain disciple named Tabitha, which by translation is called Dorcas. This woman was full of good works and charitable deeds which she did. But it happened in those days that she became sick and died; and when they had washed her, they laid her in an upper room. And since Lydda was near Jaffa, and the disciples had heard that Peter was there, they sent two men to him, imploring him not to delay in coming to them. Then Peter arose and went with them. When he had come, they brought him to the upper room. And all the widows stood by him weeping, showing the coats and garments which Dorcas had made while she was with them. But Peter put them all out, and knelt down and prayed. And turning to the body he said, “Tabitha, arise.” And she opened her eyes, and when she saw Peter, she sat up. Then he gave her his hand and lifted her up; and when he had called the saints and widows, he presented her alive. And it was known throughout all Jaffa, and many believed in the Lord.

*Priest:* + Peace be unto you.

*Alleluia:* Tone 5

*Reader:* **And to Your spirit.** In the 8<sup>th</sup> Tone: Alleluia! Alleluia! Alleluia!

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation.

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* For You have said: “Mercy will be established forever; Your truth will be prepared in the heavens.”

*Choir:* Alleluia! Alleluia! Alleluia!

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*Gospel:* (69) John 5:1-15

*Deacon:* Wisdom! Let us Attend! Let us hear the Holy Gospel!

*Priest:* + Peace be with you all!

*Choir:* And with your spirit.

*Deacon:* The reading from the Holy Gospel according to St. **John the Theologian**

*Choir:* Glory to You O Lord, Glory to You.

*Deacon:* Let us Attend!

At that time: Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five

porches. In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had. Now a certain man was there who had an infirmity thirty-eight years. When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, "Do you want to be made well?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me." Jesus said to him, "Rise, take up your bed and walk." And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath. The Jews therefore said to him who was cured, "It is the Sabbath; it is not lawful for you to carry your bed." He answered them, "He who made me well said to me, 'Take up your bed and walk.'" Then they asked him, "Who is the Man who said to you, 'Take up your bed and walk'?" But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in that place. Afterward Jesus found him in the temple, and said to him, "See, you have been made well. Sin no more, lest a worse thing come upon you." The man departed and told the Jews that it was Jesus who had made him well.

*Choir: Glory to You O Lord, Glory to You.*

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*(Instead of "It is truly meet ...," we sing the following Hymn to the Theotokos)*

The Angel cried to the Lady, full of grace:  
"Rejoice, O pure Virgin! Again, I say: 'Rejoice,  
your Son is risen from His three days in the tomb!  
With Himself He has raised all the dead.'"  
Rejoice, rejoice O ye people!  
Shine, shine, O new Jerusalem!  
The glory of the Lord has shone on you!  
Exult now, and be glad, O Zion!  
Be radiant, O pure Theotokos,  
in the Resurrection of your Son!

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*After the Blessing "O God, save your people ...":*

*Choir: Christ is risen from the dead ... (sung once, instead of "We have seen the True Light ... )*

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*At the Dismissal, the Priest says: "Glory to You, O Christ....," and the choir sings  
"Christ is risen from the dead...." (thrice)*

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*Please join us in our fellowship hour immediately following the dismissal!*

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