



**Holy Transfiguration
Orthodox Church**

a mission parish of the Orthodox Church in America

Second Sunday of Great Lent
Sunday, March 24, 2019

Forefeast of the Annunciation
St. Gregory Palamas

Fr. Martin D. Watt, Priest-in-Charge

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and rectory:*

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“Lord, it is good for us to be here!”

(Peter, an Apostle, on Mount Tabor at the Transfiguration of our Lord, Gospel of St. Matthew 17:4)

Welcome! We are honored that you have joined us in our celebration of the Lord’s resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets available with the text and notes for the Divine Liturgy – if you find it useful, please ask to take one of those with you, with our compliments. Please leave the hardback versions for future parishioners to use.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

Regular services:

Great Vespers, *Saturday at 6:30pm*

Confession, *immediately following Great Vespers, other times by appointment.*

Third and Sixth Hour Prayers, *Sunday at 9:40am*

Divine Liturgy, *immediately following the hours.*

621 Kellogg Avenue, Ames, Iowa 50010
(corner of 7th and Kellogg)

(Resurrectional Troparion – Tone 2)

When You descended to death, O Life Immortal,
You slew Hades with the splendor of Your Godhead.
And when from the depths You raised the dead,
all the powers of heaven cried out://

“O Giver of life, Christ our God, glory to You!”

(Troparion for the Forefeast – Tone 4)

Today is the prelude of joy for the universe.

Let us anticipate the feast and celebrate with exultation:

“Gabriel is on his way to announce the glad tidings to the Virgin;
he is ready to cry out in fear and wonder://

‘Rejoice, O Full of Grace, the Lord is with you!’”

Glory to the Father, and to the Son, and to the Holy Spirit,

(Kontakion for the Forefeast – Tone 8)

You are the beginning of salvation for all of us on earth, Virgin Mother of
God.

For the great Archangel Gabriel, God’s minister, was sent from heaven
to stand before you to bring you joy:

Therefore, we all cry to you: “Rejoice, O unwedded Bride!”

now and ever, and unto ages of ages. Amen.

(Resurrectional Kontakion – Tone 2)

Hades became afraid, O almighty Savior,
seeing the miracle of Your Resurrection from the tomb!

The dead arose! Creation, with Adam, beheld this and rejoiced with
You,://

and the world, my Savior, praises You forever.

(then, p. 83)

Priest: Let us attend! †Peace be unto all!

Reader: And with your spirit!

Priest: Wisdom!

Prokeimenon, Tone 5

Reader: The Prokeimenon, in the 5th Tone: You, O Lord, shall protect
us and preserve us from this generation forever.

Choir: You, O Lord, shall protect us and preserve us from this
generation forever.

Reader: Save me, O Lord, for there is no longer any that is godly!

Choir: You, O Lord, shall protect us and preserve us from this
generation forever.

Reader: You, O Lord, shall protect us ...

Choir: ... and preserve us from this generation forever.

Deacon: Wisdom!

Epistle: (304) – Hebrews 1:10-2:3

Reader: The Reading from the Epistle of the Holy Apostle Paul to the
Hebrews.

Deacon: Let us attend!

Reader: In the beginning, You, Lord, laid the foundation of the earth.

The heavens are the works of your hands.

They will perish, but you continue.

They all will grow old as a garment,

*As a mantle, you will roll them up, and they will be changed;
but you are the same.*

Your years will not fail.

Indeed, to which of the angels did he ever say,

Sit at my right hand,

until I make your enemies the footstool of your feet?

Are the angels not all ministering spirits, sent out to serve for the sake of those who will inherit salvation?

Therefore, we should pay greater attention to the things that we were taught, for fear that we may drift away. Certainly, if the word spoken through angels proved reliable and every transgression and disobedience received a just penalty, how will we escape if we neglect so great a salvation! It was first announced by the Lord himself, and it is confirmed to us by those who heard him.

Priest: † Peace be to you.

Alleluia: Tone 2

Reader: **And to Your spirit.** In the 2nd Tone: Alleluia, Alleluia, Alleluia!

Choir: Alleluia! Alleluia! Alleluia!

Reader: May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you!

Choir: Alleluia! Alleluia! Alleluia!

Reader: Save the King, O Lord, and hear us on the day we call!

Choir: Alleluia! Alleluia! Alleluia!

Gospel: (7) – Mark 2:1-12

Priest: The reading from the Holy Gospel according to St. **Mark.**

Choir: Glory to You O Lord, Glory to You.

Priest: At that time Jesus returned to Capernaum, it was heard that he was in the house. Immediately, many people gathered so that there was no more room, not even around the door. As Jesus was preaching the word to them, four men came, carrying a paralytic to him. Since they could not come near Jesus because of the crowd, they removed the roof where he was. When they had broken it up, they let down the mat which the

paralytic was lying on. Seeing their faith, Jesus said to the paralytic, “Son, your sins have been forgiven you.”

But there were some of the scribes sitting there, and they reasoned in their hearts, “Why does this man speak blasphemies like that? Who can forgive sins except God alone?”

Immediately, Jesus perceived in his spirit that they were reasoning within themselves in this way. He asked them, “Why do you reason these things in your hearts? Which is easier, to tell the paralytic, ‘Your sins have been forgiven,’ or to say, ‘Arise, take up your bed, and walk?’ But so that you may know that the Son of Man has authority on earth to forgive sins” – he said to the paralytic – “I tell you, arise and take up your mat, and go to your house!”

At once, the man arose and took up the mat, and went out in front of everyone. The people were all amazed and glorified God, saying, “We have never seen anything like this!”

Choir: Glory to You O Lord, Glory to You.

Sermon

(then p. 89)

(Instead of “It is truly meet ... ,” we sing the following)

Hymn to the Theotokos

All of creation rejoices in you, O Full of Grace:
the assembly of Angels and the race of men.
O sanctified temple and spiritual paradise,
the glory of virgins,
from whom God was incarnate and became a Child –
our God before the ages.
He made your body into a throne,
and your womb He made more spacious than the heavens.
All of creation rejoices in you, O Full of Grace.
Glory to you!

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! Alleluia,
alleluia, alleluia!

Please join us in our fellowship hour immediately following the dismissal!

Our Lenten Services:

Wednesdays, March 27, April 3, 10, 17, and Friday, April 19:
Presanctified Divine Liturgies at 6:30 PM.

Fridays, March 29, April 5, 12: Akathist Hymn to the Theotokos