

"Lord I Call..." - Tone 3

Reader: In the Third Tone, Lord, I call upon You, hear me!

Lord, I call upon You, hear me.

Hear me, O Lord.

Lord, I call upon You, hear me.

Receive the voice of my prayer,
when I call upon You.

Hear me, O Lord.

Let my prayer arise

in Your sight as incense,

and let the lifting up of my hands

be an evening sacrifice.

Hear me, O Lord.

Lord, I call upon You, hear me. Hear me, O Lord.

Lord, I call upon You, hear me, receive the voice of my prayer

when I call u-pon You. Hear me, O Lord! Let my prayer a-rise

in Your sight as in - cense, and let the lifting up of my hands

be an evening sac - ri - fice. Hear me, O Lord!

Reader: (Reads text from service book)

v. (10) Bring my soul out of prison, that I may give thanks to Your name!

Tone 3

(for the Resurrection)

By Your Cross, O Christ our Savior,
death's dominion has been shattered;
the devil's delusion destroyed.
The race of men, being saved by faith, //
always offers You a song.

By Your Cross, O Christ our Sa - viour, death's dominion has been shat - tered;
the devil's de - lu - sion de - stroyed! The race of men being saved by faith,
al - ways of - fers You a song!

v. (9) The righteous will surround me; for You will deal bountifully with me.

All has been enlightened by Your Resurrection, O Lord.
Paradise has been opened again. //
All creation, praising You, always offers You a song.

All has been enlightened by Your Resur - rec - tion, O Lord! Paradise has been
o - pened a - gain. All creation, praising You, always of - fers You a song!

v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!

I glorify the power of the Father and the Son.
I praise the authority of the Holy Spirit:
the undivided, uncreated Godhead, //
the consubstantial Trinity which reigns forever.

I glorify the power of the Fa - ther and the Son! I praise the authority of
the Holy Spi - rit! The undivided, uncreated God - head,
the consubstantial Trinity which reigns for - e - ver!

v. (7) Let Your ears be attentive to the voice of my supplications!

We bow down in worship before Your precious Cross, O Christ,
and we glorify and praise Your Resurrection, //
for by Your wounds we have all been healed.

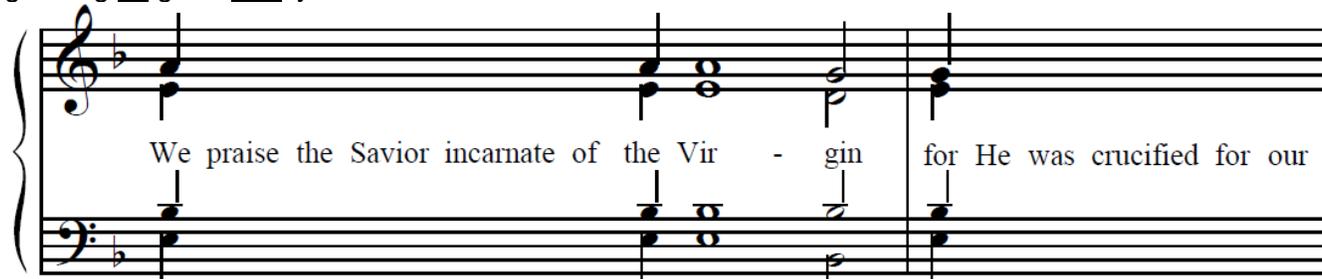
We bow down in worship before Your Precious Cross, O Christ,
and we glorify and praise Your Resur - rec - - tion



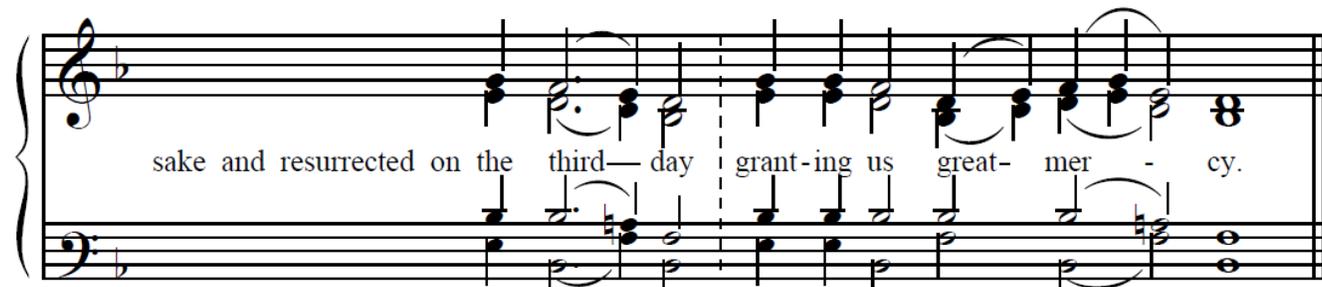
for by Your wounds we have all been healed.

v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.

We praise the Savior incarnate of the Virgin,
for He was crucified for our sake and resurrected on the third day, //
granting us great mercy.



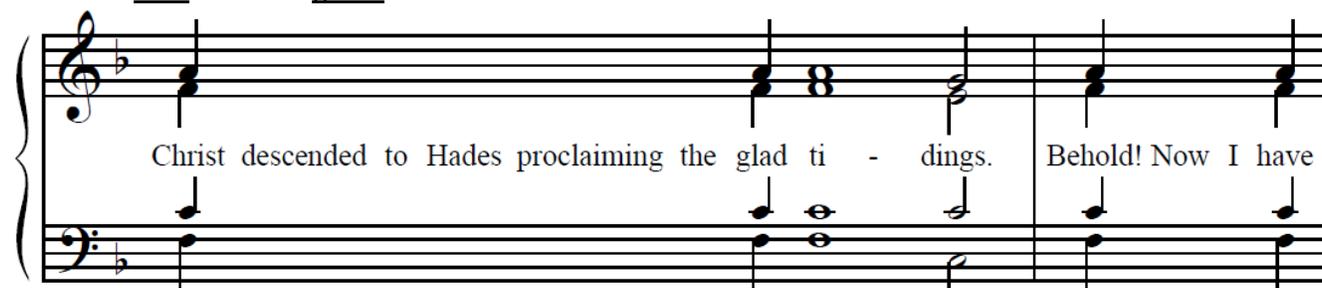
We praise the Savior incarnate of the Vir - gin for He was crucified for our



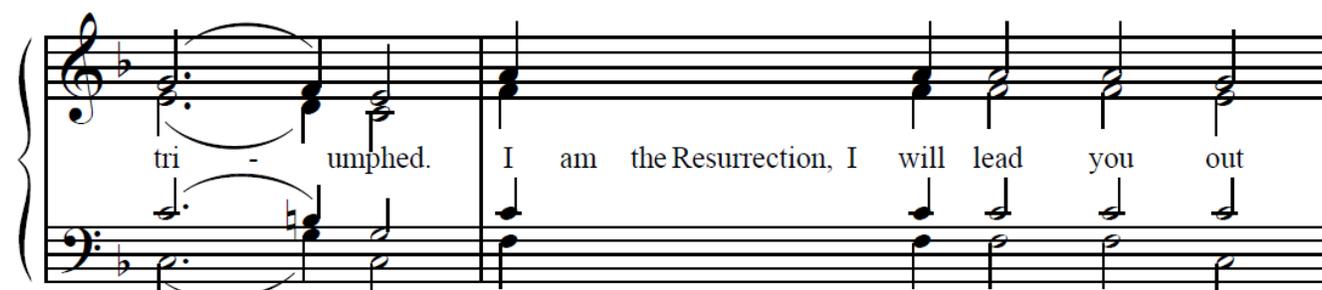
sake and resurrected on the third - day grant - ing us great - mer - cy.

v. (5) For Your name's sake I have waited for You, O Lord, my soul has waited for Your word; my soul has hoped on the Lord.

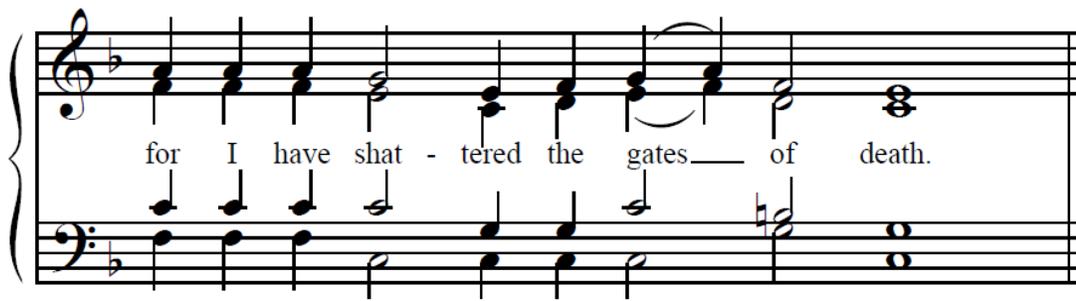
Christ descended to Hades proclaiming the glad tidings:
"Behold! Now I have triumphed!
I am the Resurrection, I will lead you out, //
for I have shattered the gates of death!"



Christ descended to Hades proclaiming the glad ti - dings. Behold! Now I have



tri - umphed. I am the Resurrection, I will lead you out



for I have shat - tered the gates of death.

v. (4) In the Fifth Tone, From the morning watch until night, from the morning watch, let Israel hope on the Lord!

Tone 5

(from the Lenten Triodion)

(Rejoice, O ascetics)

Shine, O Cross of the Lord!

Illumine the hearts of those who honor you!

With love inspired by God, we embrace you,

for you are the only hope of the world.

Through you our tears are wiped away,

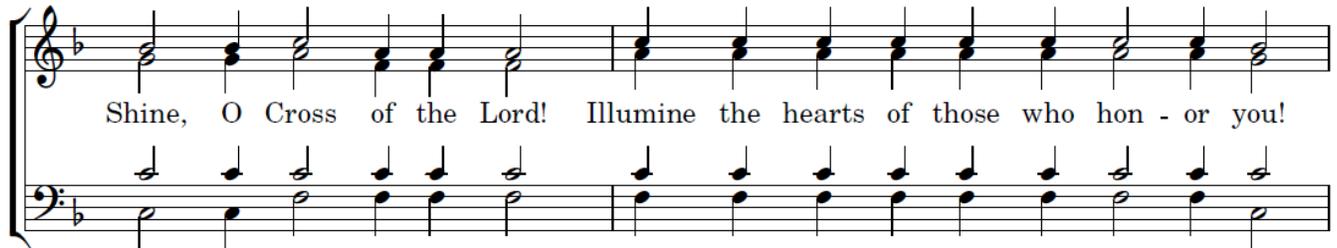
the snares of death are sprung,

and we pass over into everlasting joy.

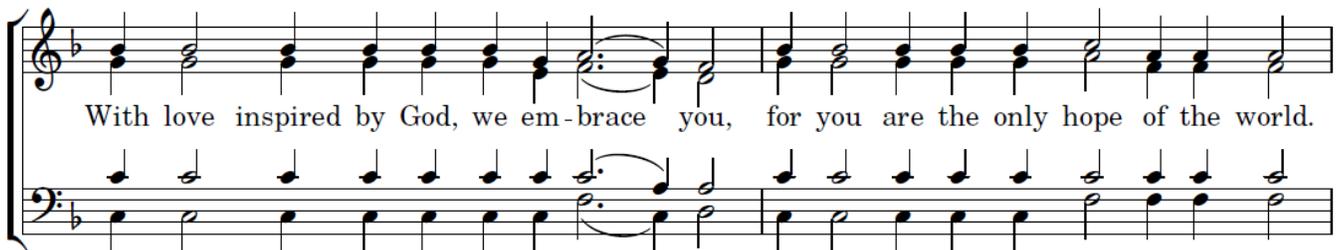
Through the Cross reveal Your beauty to us, O Lord!

Help Your servants who ask for mercy in faith!//

Bestow upon us the fruits of abstinence!



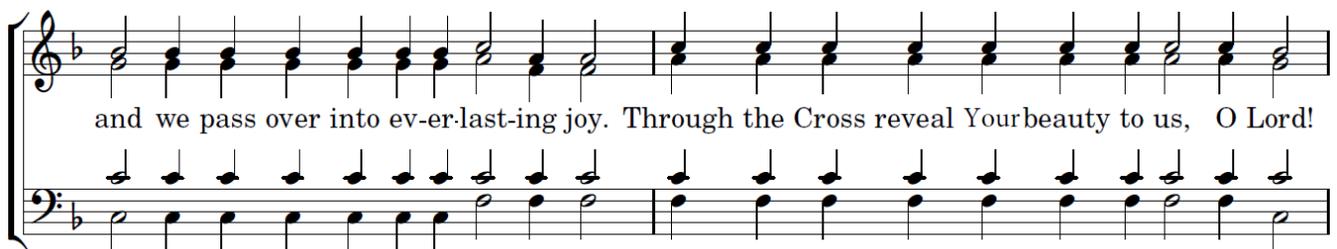
Shine, O Cross of the Lord! Illumine the hearts of those who hon - or you!



With love inspired by God, we em-brace you, for you are the only hope of the world.



Through you our tears are wiped a-way, the snares of death are sprung,



and we pass over into ev-er-last-ing joy. Through the Cross reveal Your beauty to us, O Lord!

Help Your servants who ask for mer - cy in faith! Bestow upon us the fruits of ab - sti - nence!

v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

Rejoice, O life-bearing Cross:
 bright paradise of the Church, the tree of incorruption!
 You have obtained for us the joy of everlasting glory.
 Through you, the hosts of demons are driven out;
 the choirs of Angels are amazed and rejoice;
 the company of the faithful gathers in celebration.
 O unconquerable weapon, unbroken stronghold,
 triumph of Orthodox Christians and pride of priests, //
 by following you may we witness the Passion and Resurrection of Christ our God!

Re-joyce, O life-bearing Cross: bright paradise of the Church, the tree of in - cor - rup - tion!

You have ob - tained for us the joy of ev - er - last - ing glo - ry.

Through you, the hosts of demons are driv - en out;

the choirs of Angels are a - mazed and re - joice;

the com - pa - ny of the faithful gathers in cel - e - bra - tion.

O un - con - quer - a - ble weapon, unbroken strong - hold,
triumph of Orthodox Christians and pride of priests,
by following you may we witness the Passion and Res-ur-rec-tion of Christ our God!

v. (2) Praise the Lord, all nations! Praise Him, all peoples!

Rejoice, O life-bearing Cross:
the invincible weapon of godliness,
the gate of Paradise, the protection of the faithful!
The Cross is the might of the Church,
through which corruption is abolished,
through which the power of death is crushed.
The Cross raises us up from earth to heaven.
The Cross is the enemy of Satan.
The Cross is the glory of martyrs.
The Cross is the haven of salvation,//
and grants the world great mercy.

Re - joice, O life - bear - ing Cross: the invincible weapon of god - li - ness,
the gate of Paradise, the protection of the faith - ful!

The Cross is the might of the Church, through which corruption is a-bol-ished,
 through which the power of death is crushed. The Cross raises us up from earth to heav-en.
 The Cross is the enemy of Sa - tan. The Cross is the glory of mar - tyrs.
 The Cross is the haven of sal-va - tion, and grants the world great mer - cy.

v. (1) For His mercy is abundant towards us; and the truth of the Lord endures for ever.

Come, O Adam and Eve, our first father and mother,
 you fell from divine glory
 through the envy of the murderer of man!
Bitter was the pleasure of the Tree of old;
 but see, the honored Tree of the Cross draws near!
Run with haste and embrace it in joy,
crying ot with faith:
 "You are our help, O most-precious Cross!
 We eat of your fruit and gain incorruption!//
 We are restored again to Eden, having received great mercy!"

Come, O Adam and Eve, our first father and moth-er, you fell from divine glor-y

through the en-vy of the mur-der-er of man! Bit-ter was the pleasure of the Tree of old;

but see, the honored Tree of the Cross draws near! Run with haste and em-brace it in joy,

cry - ing out with faith: "You are our help, O most - pre - cious Cross!

We eat of your fruit and gain in - cor - rup - tion!

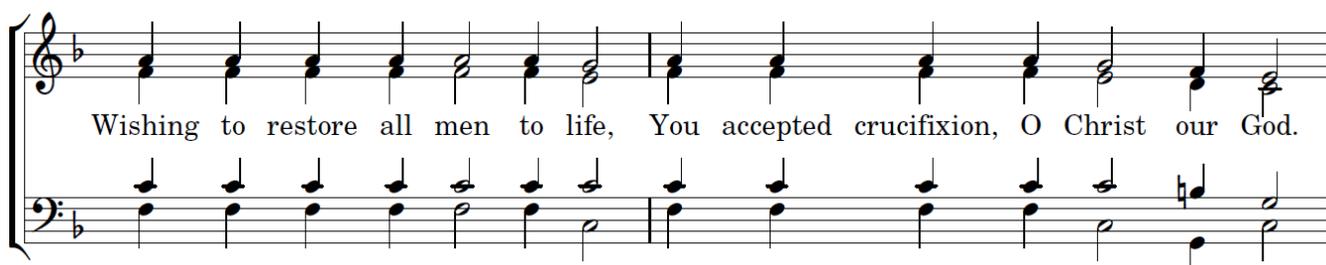
We are restored again to Eden, having re - ceived great mer - cy!"

In the Third Tone, Glory to the Father, and to the Son, and to the Holy Spirit;

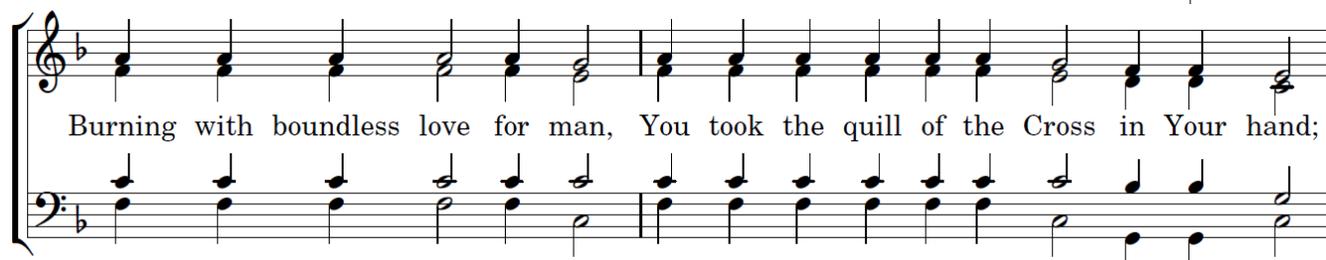
Tone 3

from the Lenten Triodion)

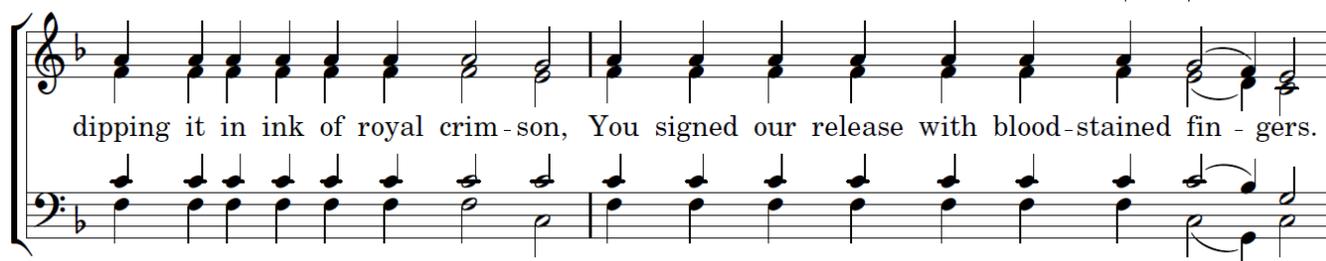
Wishing to restore all men to life,
 You accepted crucifixion, O Christ our God.
 Burning with boundless love for man,
 You took the quill of the Cross in Your hand;
 dipping it in ink of royal crimson,
 You signed our release with blood-stained fingers.
 Though temptations assault us,
 may we never forsake You again!
 Have mercy on Your despairing people,
 O long-suffering Master!//
 Arise and fight Your enemies
 in Your almighty power!



Wishing to restore all men to life, You accepted crucifixion, O Christ our God.



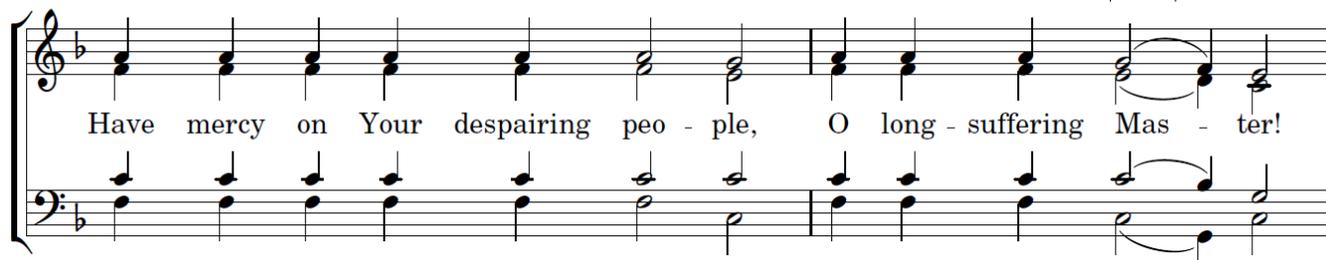
Burning with boundless love for man, You took the quill of the Cross in Your hand;



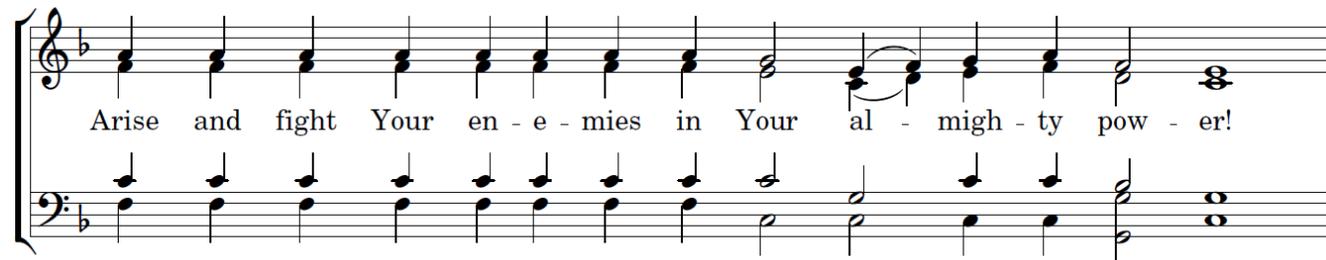
dipping it in ink of royal crim-son, You signed our release with blood-stained fin-gers.



Though temptations as-sault us, may we never for-sake You a-gain!



Have mercy on Your despairing peo-ple, O long-suffering Mas-ter!



Arise and fight Your en-e-mies in Your al-migh-ty pow-er!

now and ever, and unto ages of ages. Amen.

Tone 3

(Theotokion – Dogmatikon)

How can we not wonder
 at your mystical childbearing, O exalted Mother?
 For without receiving the touch of man,
 you gave birth to a Son in the flesh, O immaculate Virgin.
 The Son born of the Father before eternity
 was born of you at the fullness of time, O honored Lady.
 He underwent no mingling, no change, no division,

but preserved the fullness of each nature.
Entreat Him to save the souls, O Lady and Virgin, and Mother,
of those who confess you in the Orthodox manner //
to be the Theotokos.

How can we not won - der at your mystical childbearing, O exalted Mo - ther?

The first system of musical notation consists of a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The key signature has one flat (B-flat). The time signature is 8/8. The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are placed below the treble staff.

For, without receiving the touch of man, you gave birth to a Son in the flesh,

The second system of musical notation continues the grand staff. The melody and accompaniment are consistent with the first system. The lyrics are placed below the treble staff.

O Immaculate Vir - gin! The Son born of the Father before e - ter - ni - ty

The third system of musical notation continues the grand staff. The melody and accompaniment are consistent with the previous systems. The lyrics are placed below the treble staff.

was born of you at the fullness of time, O honoured La - dy!

The fourth system of musical notation continues the grand staff. The melody and accompaniment are consistent with the previous systems. The lyrics are placed below the treble staff.

He underwent no mingling, no change, no di - vi - sion;

The fifth system of musical notation continues the grand staff. The melody and accompaniment are consistent with the previous systems. The lyrics are placed below the treble staff.

but preserved the fullness of each na - ture. Entreat Him to save the souls,

O Lady and Virgin and Mo - ther, of those who confess you in the Orthodox

man - ner to be the The - o - to - kos.

Priest: Wisdom! Let us attend!

Choir: O Gladsome Light ... (p. 16)

Aposticha – Tone 3

(for the Resurrection)

The sun was darkened by your Passion, O Christ,
 but all creation was enlightened by the light of Your Resurrection.//
 Accept our evening song, O Lover of mankind!

The sun was darkened by Your Pas - sion, O Christ, but all creation was

enlightened by the light of Your Resur - rec - tion! Accept our evening

song, O Lov - ver of Man.

v. The Lord is King; He is robed in majesty!

Your life-bearing Resurrection, O Lord,
 enlightened the whole universe,
 recalling Your creation.
 Delivered from Adam's curse, we sing://
 "Almighty Lord, glory to You!"

Your life-bearing resur-rec - tion, O Lord, enlightened the whole u - ni-verse,

recalling Your cre - a - tion. Delivered from Adam's curse, we sing:

O Almighty Lord, glo - ry to You!

v. For He has established the world, so that it shall never be moved.

You are the changeless God,
 Who, suffering in the flesh, were changed.
 Creation could not endure seeing You on the Cross.
 It was filled with fear while praising Your patience.
 By descending to Hades and rising on the third day, //
 You have granted to the world life and great mercy.

You are the change-less God, Who, suffering in the flesh were changed!

Creation could not endure seeing You on the Cross. It was filled with fear

while praising Your patience! By descending to Hades and rising on the

third day, You have granted to the world life and great mercy.

v. Holiness befits Your house, O Lord, forevermore!

You endured death, O Christ,
 to deliver the race of man from death.
 You rose from the dead on the third day,
 raising with Yourself those who knew You as God//
 and enlightening the world. Glory to You!

You endured death, O Christ, to deliver the race of man from death.

You rose from the dead on the third day, raising with Yourself those
 who knew You as God and enlightening the world, glo - ry to You!

In the Fourth Tone, Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Tone 4

(from the Lenten Triodion)

The humble David
 defeated his enemies by Your help, O Lord.
 Now come to the aid of Your Orthodox people;
 show us Your power as You did of old,
 and our adversaries will know that You are God!
 And we will be victorious, for we hope in You.
 Through the constant intercessions of Your all-pure Mother,//
 grant us Your great mercy!

Soprano
 Alto
 (Melody in Alto)
 THE HUM-BLE DA - VID DEFEATED HIS ENEMIES BY YOUR HELP, O
 Tenor
 Bass

LORD. NOW COME TO THE AID OF YOUR ORTHODOX PEO - PLE;
 SHOW US YOUR POWER AS YOU DID OF OLD, AND OUR ADVERSARIES WILL KNOW

THAT YOU ARE GOD. AND WE WILL BE VICTORIOUS, FOR WE HOPE
 IN YOU. THROUGH THE CONSTANT INTERCESSIONS OF YOUR ALL-PURE
 MOTHER, GRANT US YOUR GREAT MERCY.

St. Symeon's Prayer (p. 25)

(at Great Vespers)

Tone 3

Troparion

(Resurrection)

(Resurrectional Troparion – Tone 3)

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,

and has granted to the world//

great mercy.

Let the heavens rejoice! — Let the earth be glad!

For the Lord has shown strength with His arm! He has trampled down death by death! He has become the first-born of the dead! He has delivered us from the depths of hell, and has granted to the world great mercy!

Glory to the Father, and to the Son, and to the Holy Spirit;

Tone 1

Troparion of the Cross

(Troparion of the Cross – Tone 1)

O Lord, save Your people,
 and bless Your inheritance!
Grant victories to the Orthodox Christians
 over their adversaries;
 and by virtue of Your Cross, //
 preserve Your habitation!

Soprano
Alto
Tenor
Bass

O Lord, save Your people, and bless Your

in - her - i - tance. Grant_ victories to the Or - tho - dox

Chris - tians over their ad - ver - sar - ies; and by

vir - tue of Your Cross, preserve Your habi - ta - tion.

now and ever, and unto ages of ages. Amen.

Tone 1 Resurrectional Dismissal Theotokion

(Resurrectional Dismissal Theotokion – Tone 1)

When Gabriel announced to you, O Virgin, “Rejoice!”
with that word the Master of all was incarnate in you, O Holy Ark.

As the righteous David said,
Your womb became more spacious than the heavens, bearing your Creator.

Glory to Him Who took abode in you!

Glory to Him Who came from you!

Glory to Him Who freed us by being born of you!

Soprano
Alto

When Ga - briel announced to you, O Vir - gin, “Re - joice,”

Tenor
Bass

with that word the Master of all was incarnate in you, O

ho - ly Ark. As the right - eous Da - vid said, your womb

became more spacious than the heavens, bearing your Cre -

a - tor. Glo - ry to Him Who took a - bode in you.

Glory to Him Who came from you. Glory to Him Who freed us

by being born of you.

Then, the dismissal (p. 26)

(at the Divine Liturgy)

Tone 3

Troparion

(Resurrection)

(Resurrectional Troparion – Tone 3)

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,
 and has granted to the world//
great mercy.

Tone 1

Troparion

(for the Cross)

(Troparion of the Cross – Tone 1)

O Lord, save Your people,
 and bless Your inheritance!

Grant victories to the Orthodox Christians
 over their adversaries;
 and by virtue of Your Cross,//

preserve Your habitation!

Soprano
Alto

O Lord, save Your people, and bless Your
in - her - i - tance. Grant victories to the Or - tho - dox
Chris - tians over their ad - ver - sar - ies; and by
vir - tue of Your Cross, preserve Your habi - ta - tion.

Tenor
Bass

*Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.
Amen.*

Tone 7

Kontakion

(for the Cross)

(Kontakion for the Cross – Tone 7)

Now the flaming sword no longer guards the gates of Eden;
it has been mysteriously quenched by the wood of the Cross.
The sting of death and the victory of hell have been vanquished;
for You, O my Savior, have come and cried to those in hell://
“Enter again into Paradise!”

Soprano
Alto

Now the flam - ing sword no longer guards the gates of

Tenor
Bass

E - den; it has been mysteriously quenched by the wood
of the Cross! The sting of death and the victory of hell
have been van-quished; for You, O my Savior, have come and
cried to those in hell: "En-ter a - gain in - to par - a - dise."

(In place of the Trisagion, we sing:)

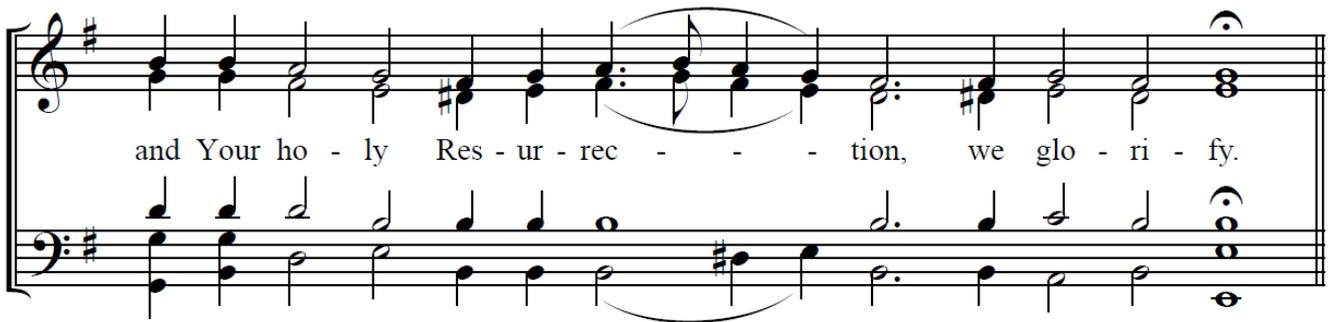
Before Your Cross, we bow down in worship, O Master, and Your holy Resurrection, we glorify. (x3)
Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages.

Amen. and Your holy Resurrection, we glorify.

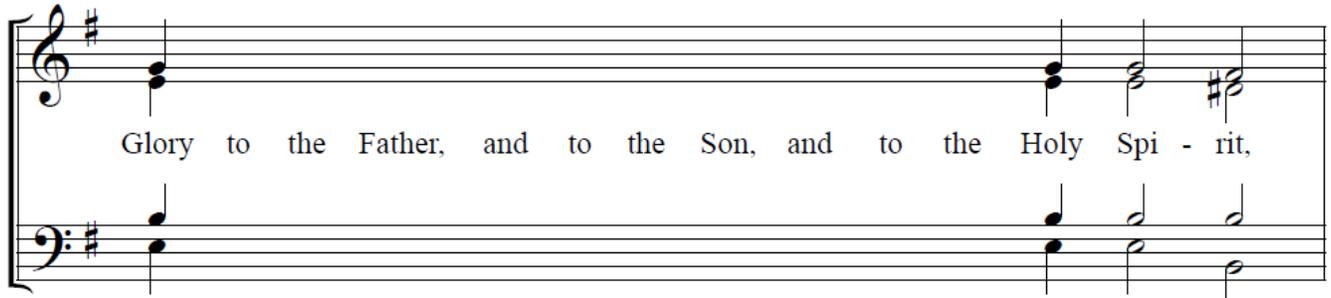
Before Your Cross, we bow down in worship, O Master, and Your holy Resurrection, we glorify.

- 3 times -

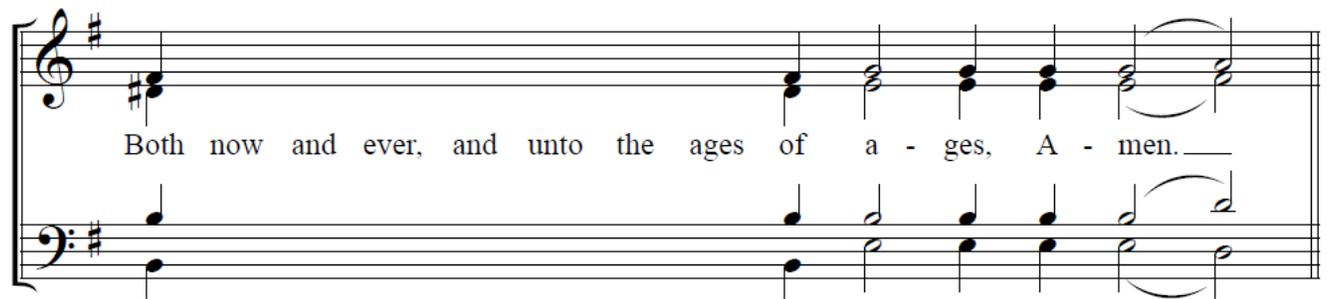
A-men. Be - fore — Your Cross, we bow down in wor-ship, O Mas-ter,



and Your ho - ly Res - ur - rec - - - tion, we glo - ri - fy.



Glory to the Father, and to the Son, and to the Holy Spi - rit,

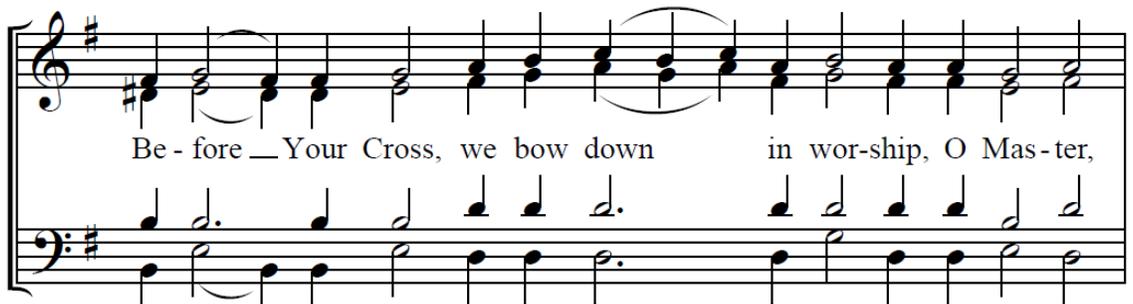


Both now and ever, and unto the ages of a - ges, A - men. —

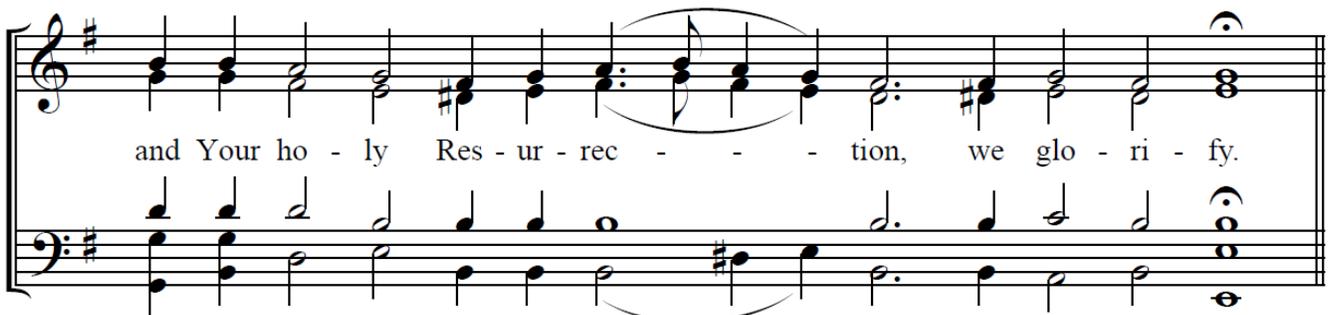


And Your ho - ly Res - ur - rec - - - tion, we glo - ri - fy.

Last time:



Be - fore — Your Cross, we bow down in wor-ship, O Mas-ter,



and Your ho - ly Res - ur - rec - - - tion, we glo - ri - fy.

Tone 6

Prokeimenon

(Cross)

Priest: Let us attend! †Peace be unto all!

Reader: And with your spirit!

Priest: Wisdom!

Prokeimenon, Tone 6

Reader: The Prokeimenon, in the 6th Tone: O Lord, save Your people, and bless Your inheritance!

Choir: O Lord, save Your people, and bless Your inheritance, your inheritance!

O Lord, save Your people and bless Your in-he-ri-tance, Your in-he - ri - tance.

Reader: To You, O Lord, will I call. O my God, be not silent to me!

Choir: O Lord, save Your people, and bless Your inheritance, your inheritance!

O Lord, save Your people and bless Your in-he-ri-tance, Your in-he - ri - tance.

Reader: O Lord, save Your people, ...

Choir: ... and bless Your inheritance, your inheritance!

and bless Your in-he-ri-tance, Your in-he - ri - tance.

Deacon: Wisdom!

Epistle: (311) – Hebrews 4:14-5:6

Reader: The Reading from the Epistle of the Holy Apostle Paul to the **Hebrews**.

Deacon: Let us attend!

Reader: Since we have such a great high priest who has passed through the heavens, Jesus the Son of God, let us hold on firmly to our confession. Certainly, we do not have a high priest who cannot sympathize with our infirmities, but one who has been taught by trial in all things just as we are, yet without sin.

Therefore, let us approach the throne of grace with boldness, so that we may receive mercy and find grace for assistance in time of need.

Every high priest is selected from among men and is appointed for their sake in matters pertaining to God, so that he may offer both gifts and sacrifices for their sins. The high priest can deal gently with those who are ignorant and going astray since he himself is also subject to weakness.

Because of this, he must offer sacrifices for the sins of the people, as well as for himself. Moreover, nobody assumes this honor by himself but one is called by God, just as Aaron was. Likewise, Christ did not glorify himself to be made a high priest, but it was God who said to him:

*You are my Son:
Today I have become your father.*

As he says also in another place:

*You are a priest forever,
According to the order of Melchizedek.*

Priest: † Peace be to you.

Alleluia: Tone 8

*Reader: **And to Your spirit.** In the 8th Tone: Alleluia, Alleluia, Alleluia!*

Choir: Alleluia! Alleluia! Alleluia!

Reader: Remember Your congregation, which You have purchased of old!

Choir: Alleluia! Alleluia! Alleluia!

Reader: God is our King before the ages; He has worked salvation in the midst of the earth!

Choir: Alleluia! Alleluia! Alleluia!

Gospel: (37) – Mark 8:34-9:1

Page 200

*Priest: The reading from the Holy Gospel according to St. **Mark.***

Choir: Glory to You O Lord, Glory to You.

Priest: The Lord said: “Whoever wants to come after me, let him deny himself, take up his cross, and follow me. Indeed, whoever wants to save his life will lose it; and whoever will lose his life for my sake and for the sake of the Good News will save it. What will it profit if someone gains the whole world and loses his life? Or what will someone give in exchange for his life?

Whoever will be ashamed of me and my words in this adulterous and sinful generation, the Son of Man also will be ashamed of when he comes in the glory of his Father with the holy angels.”

Jesus said to them, “Amen, I tell you that there are some standing here who will not taste death until they see the Kingdom of God come with power.”

Choir: Glory to You O Lord, Glory to You.

Sermon

(then p. 89)

Instead of “It is truly meet ...,” we sing the following:)

Hymn to the Theotokos

All of creation rejoices in you, O Full of Grace:
the assembly of Angels and the race of men.

O sanctified temple and spiritual paradise,
the glory of virgins,

from whom God was incarnate and became a Child –
our God before the ages.

He made your body into a throne,
and your womb He made more spacious than the heavens.

All of creation rejoices in you, O Full of Grace.

Glory to you!

All of creation re - joi - ces in you, O Full of Grace,

the assembly of angels and the race of men.

O sanctified temple and spiritual paradise, the glory of virgins,

from whom God was incarnate and became a child

our God before the ages. He made your body into a throne,

and your womb He made more spacious than the heavens.

All of creation re-joices in you, O Full of Grace, — Glo - ry to you!

Communion Hymn

Let the light of Your countenance shine on us, shine on us, O Lord. Alleluia, Alleluia, Alleluia!

$\text{♩} = 58-62$

Soprano
Alto

Let the light of your countenance shine on us, shine on us, O Lord.

Tenor
Bass

nance shine on us, shine on us, O Lord.

Verses: *From Psalm 4*

- Answer me when I call, O God of my righteousness! You have given me relief when I was in distress.
- Be gracious to me and hear my prayer!
- men, how long shall my honor be turned into shame? How long will you love vain words and seek after lies?
- But know that the LORD has set apart the godly for himself; the LORD hears when I call to him.
- Be angry, and do not sin; ponder in your own hearts on your beds, and be silent.
- Offer right sacrifices, and put your trust in the LORD.
- There are many who say, "Who will show us some good?"
- Lift up the light of your face upon us, O LORD!"
- You have put more joy in my heart than they have when their grain and wine abound.
- In peace I will both lie down and sleep;
- For you alone, O LORD, make me dwell in safety.

Al - le - lu - i - a, al - le - lu - i - a,

al - le - lu - i - a.

The image shows a musical score for a vocal line and a piano accompaniment. The vocal line is in the treble clef with a key signature of one sharp (F#) and a time signature of 4/4. The lyrics are "al - le - lu - i - a." The piano accompaniment is in the bass clef with the same key signature and time signature. The score consists of two staves. The vocal line has a melodic line with a fermata over the word "i". The piano accompaniment has a simple harmonic accompaniment. There are two large ovals in the vocal line, one over the word "lu" and one over the word "i".