



**Holy Transfiguration  
Orthodox Church**

*a mission parish of the Orthodox Church in America*

*Thirty-sixth Sunday after Pentecost*  
**Sunday, February 3, 2019**

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*Afterfeast of the Meeting of our Lord  
Righteous Simeon the God-receiver and Anna the Prophetess*

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Fr. Martin D. Watt, Priest-in-Charge

*Mailing address  
and rectory:*

1411 Wilson Avenue  
Ames, Iowa 50010

frmarty@amesorthodox.org  
(515) 337-1192 (rectory)

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***“Lord, it is good for us to be here!”***

*(Peter, an Apostle, on Mount Tabor at the Transfiguration of our Lord, Gospel of St. Matthew 17:4)*

**Welcome!** We are honored that you have joined us in our celebration of the Lord’s resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets available with the text and notes for the Divine Liturgy – if you find it useful, please ask to take one of those with you, with our compliments. Please leave the hardback versions for future parishioners to use.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

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*Regular services:*

**Great Vespers**, *Saturday at 6:30pm*

**Confession**, *immediately following Great Vespers, other times by appointment.*

**Third and Sixth Hour Prayers**, *Sunday at 9:40am*

**Divine Liturgy**, *immediately following the hours.*

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621 Kellogg Avenue, Ames, Iowa 50010  
*(corner of 7<sup>th</sup> and Kellogg)*

*(Resurrectional Troparion – Tone 3)*

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,

and has granted to the world//

great mercy.

*(Troparion for the Feast – Tone 1)*

Rejoice, O Virgin Theotokos, Full of Grace!

From you shone the Sun of Righteousness, ^Christ our God,  
enlightening those who sat in darkness.

Rejoice and be glad, O righteous Elder,

you accepted in your arms the ^Redeemer of our souls,

Who grants us the Resurrection!

*Glory to the Father, and to the Son, and to the Holy Spirit*

*(Kontakion for the Feast – Tone 1)*

By Your Nativity You sanctified the Virgin's womb

and blessed Simeon's hands, ^O Christ God.

Now You have come and saved us through love.

Grant peace to all Orthodox Christians,

O only Lover of Man!

*now and ever, and unto ages of ages. Amen.*

*(Resurrectional Kontakion – Tone 3)*

On this day You rose from the tomb,

O Merciful One,

leading us from the gates of death.

On this day Adam exults as Eve rejoices;

with the Prophets and Patriarchs they unceasingly praise //

the divine majesty of Your power.

*(then, p. 83)*

*Prokeimenon, Tone 3*

*Priest:* Let us attend! † Peace be unto all!

*Reader:* And with your spirit!

*Priest:* Wisdom!

*Reader:* The Prokeimenon, in the 3<sup>rd</sup> Tone: Sing praises to our  
God, sing praises! Sing praises to our King, sing praises!

*Choir:* Sing praises to our God, sing praises! Sing praises to our King, sing praises!

*Reader:* Clap your hands, all peoples! Shout to God with loud songs of joy!

*Choir:* Sing praises to our God, sing praises! Sing praises to our King, sing praises!

*Reader:* In the Third Tone, the Song of the Theotokos, My soul magnifies the Lord, and my spirit rejoices in God my Savior.

*Choir:* My soul magnifies the Lord, and my spirit rejoices in God my Savior.

*Deacon:* Wisdom!

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**Epistle:** (280-ctr) – 1 Timothy 1:15-17

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*Reader:* The Reading from the First Letter of the Holy Apostle Paul to Timothy.

*Deacon:* Let us attend!

*Reader:* My son Timothy, this saying is faithful and worthy of all acceptance: that Christ Jesus came into the world to save sinners of whom I am the first. This is how I obtained mercy, so that in me as ‘the first,’ Jesus Christ might show all his patience as an example for those who would believe in him for eternal life.

Now to the eternal King, immortal, invisible, to God who alone is wise, be honor and glory unto ages of ages. Amen.

*Priest:* † Peace be to you!

*Alleluia:* Tone 3

*Reader:* **And to Your spirit.** In the 3<sup>rd</sup> Tone: Alleluia! In You, O Lord, have I hoped; let me never be put to shame!

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* Be a God of protection for me, a house of refuge in order to save me!

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* In the Eighth Tone, Lord, now let Your servant depart in peace, according to Your word, for my eyes have seen Your salvation!

*Choir:* Alleluia! Alleluia! Alleluia!

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**Gospel:** (62) – Matthew 15:21-28

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*Priest:* The reading from the Holy Gospel according to St. Matthew.

*Choir:* Glory to You O Lord, Glory to You.

*Priest:* At that time, Jesus then left that area and withdrew into the region of Tyre and Sidon. Behold, a Canaanite woman came out from those borders and cried out, “Have mercy on me, Lord, son of David! My daughter is severely demonized!”

But Jesus did not answer her a word.

His disciples came and begged him, saying, “Send her away! She is shouting after us!”

However, Jesus answered, “I was not sent to anyone but the lost sheep of the house of Israel.”

Still, the woman came forward and expressed adoration to him, saying, “Lord, help me.”

But he answered, “It is not right to take the children’s bread and throw it to the little dogs.”

But she replied, “Yes, Lord, but even the little dogs eat the crumbs which fall from their masters’ table.”

Then Jesus answered her, “Woman, great is your faith! Let it be done to you even as you desire.” And her daughter was healed from that hour.

*Choir:* Glory to You O Lord, Glory to You.

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### **Sermon**

*(then p. 89)*

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***(Instead of “It is truly meet ...,” we sing:)***

O Virgin Theotokos, hope of all Christians,  
protect, preserve, and save those who hope in you!

In the shadow and letter of the Law,  
let us, the faithful, discern a figure:

every male [child] that opens the womb is holy to God.

Therefore we magnify the firstborn Word of a Father Who has no  
beginning, //

the Son firstborn of a Mother who had not known man.

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### **Communion Hymns**

Praise the Lord from the heavens! Praise Him in the highest! I will  
receive the cup of salvation and call on the name of the Lord.

Alleluia, Alleluia, Alleluia!

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*Please join us in our fellowship hour immediately following the dismissal!*

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