



**Holy Transfiguration  
Orthodox Church**

*a mission parish of the Orthodox Church in America*

*Fifth Sunday after Pentecost*  
**Sunday, July 1, 2018**

*Holy Wonderworkers and Unmercenaries  
Cosmas and Damian*

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**Welcome!** We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets available with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments. Please leave the hardback versions for future parishioners to use.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

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*Regular services:*

**Great Vespers**, *Saturday at 6:30pm*

**Confession**, *immediately following Great Vespers, other times by appointment.*

**Third and Sixth Hour Prayers**, *Sunday at 9:40am*

**Divine Liturgy**, *immediately following the hours.*

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621 Kellogg Avenue, Ames, Iowa 50010  
*(corner of 7<sup>th</sup> and Kellogg)*

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*(Resurrectional Troparion – Tone 4)*

When the women Disciples of the Lord learned from the Angel  
the joyous message of Your Resurrection,  
they cast away the ancestral curse  
and elatedly told the Apostles:

“Death is overthrown!

Christ our God is risen,//

granting the world great mercy!”

*(Troparion for the Wonderworkers – Tone 8)*

Holy Unmercenaries and Wonderworkers, Cosmas and Damian, heal  
our infirmities!

Freely you have received; freely you give to us.

*Glory to the Father, and to the Son, and to the Holy Spirit;*

*(Kontakion for the Wonderworkers – Tone 2)*

Having received the grace of healing,  
you grant healing to those in need.

Glorious wonder-workers and healers, Cosmas and Damian,  
visit us and put down the insolence of our enemies,//  
and bring healing to the world through your miracles!

*now and ever and unto ages of ages, amen.*

*(Resurrectional Kontakion – Tone 4)*

My Savior and Redeemer as God

rose from the tomb and delivered the earth-born from their chains.

He has shattered the gates of Hades,

and as Master,//

He has risen on the third day!

*(then p. 83)*

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*Prokeimenon, Tone 4*

*Priest:* Let us attend! † Peace be unto all!

*Reader:* And with your spirit!

*Priest:* Wisdom!

*Reader:* The Prokeimenon, in the 4<sup>th</sup> Tone: O Lord, how manifold are  
Your works; in wisdom have You made them all.

*Choir:* O Lord, how manifold are Your works; in wisdom have You made  
them all.

*Reader:* Bless the Lord, O my soul! O Lord, my God, You are very  
great!

*Choir:* O Lord, how manifold are Your works; in wisdom have You made  
them all.

*Reader:* O Lord, how manifold are Your works; ...

*Choir:* ... in wisdom have You made them all.

*Deacon:* Wisdom!

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## Epistle – (103) Romans 10:1-10

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### **Reader: The Reading from the Epistle of the Holy Apostle Paul to the Romans.**

*Deacon:* Let us attend!

*Reader:* Brothers and sisters, my heart's desire and my prayer to God are for Israel, that they may be saved. Certainly, I testify about them that they have a zeal for God, but not according to accurate knowledge. Being ignorant of God's righteousness, and seeking to establish their own righteousness, they did not subject themselves to the righteousness of God.

For Christ is the fulfillment of the law for righteousness to everyone who believes. Moses writes about the righteousness of the law, "The one who does them will live by them." But the righteousness which is of faith speaks this way, "Do not say in your heart, 'Who will ascend into heaven?' (that is, to bring Christ down); or, 'Who will descend into the abyss?' (that is, to bring Christ up from the dead.)" But what does it say? "The word is near you, in your mouth, and in your heart;" that is, the word of faith, which we preach. If you will confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. With the heart, one believes, resulting in righteousness; and with the mouth confession is made, resulting in salvation.

*Priest:* † Peace be to you!

*Alleluia: Tone 4*

*Reader: **And to Your spirit.*** In the 4<sup>th</sup> Tone: Alleluia, Alleluia, Alleluia!

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* Go forth, prosper and reign, for the sake of meekness, righteousness and truth!

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* For You love righteousness, and hate iniquity.

*Choir:* Alleluia! Alleluia! Alleluia!

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## Gospel – (28) Matthew 8:28-9:1

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*Priest:* The reading from the Holy Gospel according to St. **Matthew.**

*Choir:* Glory to You O Lord, Glory to You.

*Priest:* At that time, when Jesus arrived on the other side, into the country of the Gergesenes, two men possessed by demons met him there, coming out of the tombs. They were extremely violent, so much that nobody could pass that way. Behold, they cried out, saying, "What do we have to do with you, Jesus, Son of God? Have you come here to torment us before the time?" Now there was a herd of many pigs

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feeding at some distance from them. The demons begged him, saying, “If you cast us out, allow us to go away into the herd of pigs.”

He said to them, “Go!”

The demons came out and went into the herd of pigs: and behold, the whole herd of pigs rushed down the cliff into the sea and died in the water.

Those who fed them fled and went into the city where they told everything, including what had happened to those who were possessed with demons. Behold, the entire city came out to meet Jesus. When they saw him, they begged that he would depart from their borders.

Jesus entered into a boat, crossed over the lake and came into his own town.

*Choir:* Glory to You O Lord, Glory to You.

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**Sermon**

*(then p. 89)*

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**Communion Hymn**

Praise the Lord from the heavens! Praise Him in the highest! Alleluia,  
Alleluia, Alleluia!

*(then, p. 132)*

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*Please join us in our fellowship hour immediately following the dismissal!*

**Upcoming Events:**

**Diocesan Assembly and Sobor**, Many thanks, and many years, to Fr. Elias Khouri serving this morning as Matushka and Fr. Marty attend the Diocesan Assembly and Sobor in Fenton, Michigan.

**July 12 – 14**, Fr. Marty and Dr. Jose Rosa will attend the Small Parish Forum, sponsored in part by our Bulgarian Diocese. Please remember us in your prayers for safe travel, and that we might discover how to bring our parish community closer to holiness.

**July 15 Fellowship Hour**, our fellowship time will be held at the home of Ed and Rania Nassif, to honor those families who are leaving us this summer. Please plan on attending!

**July 23 – 27**, 19<sup>th</sup> All American Council, Matushka Candy and Fr. Marty will attend the All American Council in St. Louis on these dates. Please keep them in your prayers, and pray for the council that we might administer the Church in wisdom and discernment. These gatherings are every three years, however there is a discussion to move to every four years. Thus, the next meeting will likely be in 2022.

**Little Food Pantry:** Thank you to all who contribute faithfully to the Little Food Pantry. It is a needed resource in our neighborhood. Please continue, and if you haven't brought some staples, canned goods, or toiletries, please consider this worthwhile ministry.