



**Holy Transfiguration  
Orthodox Church**

*a mission parish of the Orthodox Church in America*

*Third Sunday of Pascha*  
**Sunday, April 22, 2018**

*Sunday of the Myrrhbearing Women  
St Theodore the Sykeote*

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Fr. Martin D. Watt, Priest-in-Charge  
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***Christ is Risen! Indeed, He is Risen!***

**Welcome!** We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets available with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

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*Regular services:*

**Great Vespers**, *Saturday at 6:30pm*

**Confession**, *immediately following Great Vespers, other times by appointment.*

**Third and Sixth Hour Prayers**, *Sunday at 9:40am*

**Divine Liturgy**, *immediately following the hours.*

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621 Kellogg Avenue, Ames, Iowa 50010  
*(corner of 7<sup>th</sup> and Kellogg)*

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*Priest:* “Blessed is the Kingdom ... “      *Choir:* “Amen.”

*Priest:* “Christ is risen ... “ (2 ½ times)

*Choir:* “and upon those in the tombs bestowing life!”

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*Resurrectional Troparion – Tone 2*

When You descended to death, O Life Immortal,  
You destroyed hell with the splendor of Your Godhead.  
And when from the depths You raised the dead,  
all the powers of heaven cried out://  
“O Giver of life, Christ our God, glory to You!”

*Troparion from the Pentecostarion – Tone 2*

The noble Joseph,  
when he had taken down Your most pure Body from the Tree,  
wrapped it in fine linen and anointed it with spices,  
and placed it in a new tomb.  
But You rose on the third day, O Lord,//  
granting the world great mercy.

*Troparion from the Pentecostarion – Tone 2*

The Angel came to the Myrrhbearing Women at the tomb and said:  
“Myrrh is fitting for the dead;  
but Christ has shown Himself a stranger to corruption!  
So proclaim: ‘The Lord is risen,//  
granting the world great mercy.’”

*Glory to the Father, and to the Son, and to the Holy Spirit;*

*Kontakion from the Pentecostarion – Tone 2*

You commanded the Myrrbearers to rejoice, O Christ God.  
By Your Resurrection, You stopped the lamentation of Eve, the first mother.  
You commanded them to preach to Your Apostles://  
“The Savior is risen from the tomb!”

*now and ever, and unto ages of ages. Amen.*

*Kontakion for Pascha – Tone 8*

You descended into the tomb, O Immortal,  
You destroyed the power of death.  
In victory You arose, O Christ God,  
proclaiming: “Rejoice!” to the Myrrhbearing Women,//  
granting peace to Your Apostles, and bestowing Resurrection on the fallen.

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***Epistle:*** (16) Acts 6:1-7

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*Prokeimenon, Tone 6*

*Reader:* The Prokeimenon in the 6<sup>th</sup> Tone, O Lord, save Your people and bless  
Your inheritance!

*Choir:* O Lord, save Your people and bless Your inheritance! Your inheritance!

*Reader:* To You, O Lord, will I call. O my God, be not silent to me!

*Choir:* O Lord, save Your people and bless Your inheritance! Your inheritance!

*Reader:* O Lord, save Your people ...

*Choir:* ... and bless Your inheritance! Your inheritance!

*Deacon:* Wisdom!

*Reader:* The Reading from the Acts of the Apostles.

*Deacon:* Let us attend!

*Reader:* In those days, when the number of the disciples was multiplying, a complaint arose from the Hellenists against the Hebrews, because their widows were neglected in the daily service of food distribution.

The Twelve summoned the multitude of the disciples and said, “It is not appropriate for us to abandon the word of God in order to serve tables. Therefore, select from among you, brethren, seven men of good reputation, full of the Holy Spirit and wisdom. We will appoint them over this necessary task and devote ourselves to prayer and to the ministry of the word.”

These words pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolaus, a proselyte of Antioch. They presented these men to the apostles, who prayed and laid their hands on them. Thus, the word of God spread and the number of disciples greatly multiplied in Jerusalem, and a large number of Jews became obedient to the faith.

*Priest:* † Peace be to you.

*Alleluia:* Tone 8

*Reader:* **And to Your spirit.** In the 8<sup>th</sup> Tone: Alleluia! Alleluia! Alleluia!

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* O Lord, You have been gracious to Your land; You have turned back the captivity of Jacob.

*Choir:* Alleluia, Alleluia, Alleluia!

*Reader:* Mercy and truth have met, righteousness and peace have kissed each other.

*Choir:* Alleluia! Alleluia! Alleluia!

Alleluia, Alleluia, Alleluia!

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***Gospel:*** (69) – Mark 15:43-16:8

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*Priest:* The reading from the Holy Gospel according to St. **Mark**

*Choir:* Glory to You O Lord, Glory to You.

*Priest:* At that time, Joseph of Arimathea (a prominent council member who was also looking for the Kingdom of God), came forward. He boldly went in to Pilate and asked for Jesus’ body. Pilate wondered if Jesus was already dead. Calling the centurion, he asked him whether Jesus had been dead for a long time. Having been assured of this by the centurion, he granted the body to Joseph. Accordingly, Joseph bought fine linen, took Jesus down and wrapped him in the linen cloth. Having placed him in a tomb which had been cut out of a rock, he rolled a stone against the door of the tomb. Mary Magdalene and Mary, the mother of Joses, saw where Jesus had been laid. When the Sabbath was past, Mary Magdalene, Mary the mother of James, and Salome, bought spices in order to come and anoint him. Very early on the first day of the week, they arrived at the tomb when the sun had risen. They were saying among themselves, “Who will roll away the stone from the door of the tomb for us?” But when they looked up, they saw that the stone was already rolled back, although it was extremely large. Entering into the tomb, they saw a young man sitting on the right side, dressed in a white robe, and they were amazed. He

said to them, "Do not be amazed! You seek Jesus the Nazarene, who has been crucified. He has risen! He is not here! Behold, the place where they laid him! But go, tell his disciples and Peter, 'He goes before you into Galilee. There you will see him, as he told you.'" They went out and fled from the tomb, for trembling and astonishment had come upon them. They said nothing to anyone because they were afraid.

*Choir: Glory to You O Lord, Glory to You.*

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***(Instead of "It is truly meet ... " we sing the following)***

The Angel cried to the Lady, full of grace:

"Rejoice, O pure Virgin! Again, I say: 'Rejoice, your Son is risen from His three days in the tomb! With Himself He has raised all the dead.'"

Rejoice, O you people!

Shine, shine, O new Jerusalem!

The glory of the Lord has shone on you!

Exult now, and be glad, O Zion!

Be radiant, O pure Theotokos,  
in the Resurrection of your Son!

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**Communion Hymns**

Receive the Body of Christ; taste the fountain of immortality! Praise the Lord from the heavens! Praise Him in the highest! Alleluia, Alleluia, Alleluia!

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***Communion of the Faithful***

*Priest: "In the fear of God ..."*

*Choir: "Blessed is He that comes in the Name of the Lord ..."*

***After the Communion:***

*Priest: O Lord, save Your people and bless your inheritance. "*

*Choir: "Christ is risen from the dead ... " (sung once, instead of "We have seen the True Light ... )*

*Priest: "Always, now and ever ..."*

*Choir: "Let our mouths be filled ..."*

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***Dismissal***

*At the Dismissal, the Priest says: "Glory to You, O Christ....," and the choir sings "Christ is risen from the dead..." (thrice). The Priest offers the Dismissal. Then, the Choir: And unto us He has given eternal life. Let us worship His Resurrection on the third day!*

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*Please join us in our fellowship hour immediately following the dismissal!*

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***Upcoming Events:***

*Today, at 5:00PM: Vespers for St. George the Great Martyr at St. George Church, Des Moines. Reception to follow*

*May 4, 5 and 6: Visit from Fr. Andrew Jarmus and Fr. Gabriel Bilas from our Diocese.*

*May 20: Recognition of Graduates from High School and Undergraduate programs.*