



**Holy Transfiguration  
Orthodox Church**

*a mission parish of the Orthodox Church in America*

*Twenty-first Sunday after Pentecost*  
**Sunday, October 29, 2017**

*Martyr Anastasia the Roman  
Venerable Abramius the Recluse, and his niece Blessed Mary*

Fr. Martin D. Watt, Priest-in-Charge  
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**Welcome!** We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets available with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

*Regular services:*

**Great Vespers**, *Saturday at 6:30pm*

**Confession**, *immediately following Great Vespers, other times by appointment.*

**Third and Sixth Hour Prayers**, *Sunday at 9:40am*

**Divine Liturgy**, *immediately following the hours.*

621 Kellogg Avenue, Ames, Iowa 50010  
*(corner of 7<sup>th</sup> and Kellogg)*

*Resurrectional Troparion – Tone 4*

When the women Disciples of the Lord  
learned from the Angel the joyous message of the Resurrection,  
they cast away the ancestral curse  
and elatedly told the Apostles:

“Death is overthrown!

Christ God is risen,//

granting the world great mercy!”

*Troparion for St. Anastasia – Tone 4*

Your lamb Anastasia calls out to You, O Jesus, in a loud voice:

“I love You, my Bridegroom, and in seeking You I endure suffering.

In baptism I was crucified so that I might reign in You,

and I died so that I might live with You.

Accept me as a pure sacrifice,

for I have offered myself in love!”//

Through her prayers save our souls, since You are merciful!

*Troparion for St. Abramius – Tone 8*

The image of God was truly preserved in you, O Father,

for you took up the Cross and followed Christ.

By so doing you taught us to disregard the flesh for it passes away

but to care instead for the soul, since it is immortal.

Therefore your spirit, venerable Abramius, rejoices with the Angels.

*Kontakion for St. Abramius – Tone 3*

You lived in the flesh on earth as an angel,

and through your ascetic life you became like a tree nourished by the  
waters of abstinence and flourished.

You have washed away stains with the streams of your tears

and so you have been revealed, Abramius,

to be a God-like vessel of the Spirit.

*Glory to the Father, and to the Son, and to the Holy Spirit,*

*Kontakion for St. Anastasia – Tone 3*

Purified by the waters of virginity,

righteous Anastasia, you were crowned by the blood of martyrdom.

You grant healing and salvation to those in need,

and who call on you from their hearts,//

for Christ gives you strength, pouring out on you ever-flowing grace.

*now and ever, and unto ages of ages. Amen.*

*Resurrectional Kontakion – Tone 4*

My Savior and Redeemer as God

rose from the tomb and delivered the earth-born from their chains.

He has shattered the gates of Hades,

and as Master,//

He has risen on the third day!

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*Epistle: (203) – Galatians 2:16-20*

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*Prokeimenon, Tone 4*

*Reader:* The Prokeimenon, in the 4<sup>th</sup> Tone: O Lord, how manifold are  
Your works; in wisdom have You made them all.

*Choir:* O Lord, how manifold are Your works; in wisdom have You made  
them all.

*Reader:* Bless the Lord, O my soul! O Lord, my God, You are very  
great!

*Choir:* O Lord, how manifold are Your works; in wisdom have You made  
them all.

*Reader:* O Lord, how manifold are Your works; ...

*Choir:* ... in wisdom have You made them all.

*Deacon:* Wisdom!

*Reader:* The Reading from the Epistle of the Holy Apostle Paul to the  
Galatians.

*Deacon:* Let us attend!

*Reader:* Brothers and sisters, knowing that no one is justified by the  
works of the law but through faith in Jesus Christ, we believed in Christ  
Jesus, so that we might be justified by faith in Christ, and not by the  
works of the law, because no one will be justified by the works of the  
law. But if, even though we desired to be justified in Christ, we were  
found to be sinners, does that mean that Christ is a servant of sin?  
Certainly not! Indeed, if I build up again those things which I once  
destroyed, I show that I am breaking the law. For I, through the law, died  
to the law, so that I might live to God. I have been crucified with Christ,  
and it is no longer I who live, but Christ who lives in me. I now live this  
life in the flesh, but I live it by faith in the Son of God, who loved me and  
who gave himself up for me.

*Priest:* † Peace be to you.

*Alleluia: Tone 4*

*Reader:* **And to Your spirit.** In the 4<sup>th</sup> Tone: Alleluia, Alleluia, Alleluia!

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* Go forth, prosper and reign, for the sake of meekness,  
righteousness and truth!

*Choir:* Alleluia! Alleluia! Alleluia!

*Reader:* For You love righteousness, and hate iniquity.

*Choir:* Alleluia! Alleluia! Alleluia!

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*Gospel: (38) – Luke 8:26-39*

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*Priest:* The reading from the Holy Gospel according to St. **Luke**

*Choir:* Glory to You O Lord, Glory to You.

*Priest:* At that time, Jesus reached the country of the Gadarenes, which is opposite Galilee.

When Jesus stepped ashore, a man from the town who had had demons for a long time came to meet him. This man wore no clothes, and he did not live in a house, but in the tombs. When he saw Jesus, he cried out and fell down before him. With a loud voice, he said, "What do you want from me, Jesus, you Son of the Most High God? I beg you, do not torment me!"

(For Jesus commanded the unclean spirit to come out of the man). The unclean spirit had often seized the man and he was kept under guard, bound with chains and fetters. But he had been breaking the chains and was driven by the demon into deserted places.

Jesus asked him, "What is your name?"

He replied, "Legion," for many demons had entered into him. And he begged Jesus not to command them to go into the abyss. Now there was a large herd of swine feeding on the mountain, and the demons begged him that he would allow them to enter into those pigs; and Jesus allowed them. The demons came out from the man and entered into the pigs. Then the herd rushed down the steep bank into the lake and the swine were drowned. When the people who fed the pigs saw what had happened, they fled and told the story in the city and in the countryside.

Then people went out to see what had happened. They came to Jesus and found the man from whom the demons had gone out. He was sitting at Jesus' feet, clothed and in his right mind; and they were afraid. Those who had seen it told the people how the demon-possessed man had been delivered. All the people of the surrounding country of the Gadarenes asked Jesus to depart from them, because they were extremely afraid. So he got into the boat and went back. The man from whom the demons had gone out begged to go with Jesus, but Jesus sent him away, saying: "Return to your house and proclaim what great things God has done for you." So the man went on his way, proclaiming throughout the whole city what great things Jesus had done for him.

*Choir:* Glory to You O Lord, Glory to You.

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***Please join us in our fellowship hour immediately following the dismissal!***

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