

SUNDAY: OCTOBER 1

17th Sunday after Pentecost

TONE 8

Protection of the Theotokos and Ever-Virgin Mary

Venerable Romanus the Melodist, Apostle of the Seventy Ananias

"Lord I Call..." – Tone 8

Lord, I call upon You, hear me!

Hear me, O Lord!

Lord, I call upon You, hear me!

Receive the voice of my prayer,
when I call upon You!//

Hear me, O Lord!

Let my prayer arise
in Your sight as incense,
and let the lifting up of my hands
be an evening sacrifice!//

Hear me, O Lord!

The musical score consists of five staves of music. The top staff is for Soprano and Alto, the middle for Tenor and Bass, and the bottom three are for the organ/bell. The music is in common time, with a key signature of one flat. The vocal parts sing in unison, while the organ/bell provides harmonic support. The lyrics are integrated into the musical lines, with some words underlined to indicate where they should be sung. The score is divided into four sections by vertical bar lines, each containing a different part of the hymn's text.

Soprano
Alto

Tenor
Bass

Lord, I call up - on You, hear me. Hear me, O Lord!

Lord, I call up - on You, hear me; re - ceive the voice of my prayer

when I call up - on You. Hear me, O Lord! Let my prayer a - rise

in Your sight as in - cense, and let the lift - ing up of

my hands be an eve - ning sac - ri - fice. Hear me, O Lord!

Reader: (Reads text from service book)

v. (10) Bring my soul out of prison, that I may give thanks to Your name!

We offer to You, O Christ,
our evening song and reasonable service,
for You willed to have mercy on us//
by Your Resurrection.

The musical notation consists of two staves. The top staff begins with a treble clef, a key signature of one flat, and a common time signature. The lyrics are: "We of - fer to You, O Christ, our evening song and reasonable ser - vice!" The bottom staff begins with a bass clef, a key signature of one flat, and a common time signature. The lyrics continue: "For You willed to have mer - cy on us by Your Re - sur - rec - tion!" A circled number "8" is positioned to the right of the second staff.

v. (9) The righteous will surround me; for You will deal bountifully with me.

Lord, Lord, do not cast us away from Your face!

For You willed to have mercy on us//
by the Resurrection.

The musical notation consists of two staves. The top staff begins with a treble clef, a key signature of one flat, and a common time signature. The lyrics are: "Lord, Lord, do not cast us a - way from Your face! For You willed to". The bottom staff begins with a bass clef, a key signature of one flat, and a common time signature. The lyrics continue: "have mer - cy on us by the Re - sur - rec - tion!" A circled number "8" is positioned to the right of the second staff.

v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!

Rejoice, holy Zion!

Mother of the churches, the abode of God!

For you were the first to receive remission of sins//
by the Resurrection.

Re-joice, O holy Zi - on! Mother of the churches, the a - bode ____ of God!

For you were the first to re-ceive re - mis-sion of sins by the Re-sur-rec - tion!

v. (7) Let Your ears be attentive to the voice of my supplications!

The Word of God the Father,
begotten before the ages,
in the latter times willed to be incarnate of the Virgin
and endured crucifixion unto death.
He has saved mortal man//
by His Resurrection.

The Word of God the Fa - ther, begotten before the a - ges

in the latter times willed to be in - car - nate of the Vir - - gin

and endured cruci-fi-xion un-to death. He has saved mor - tal man by His Re-sur-rec - tion!

v. (6) In the First Tone, If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.

O pure Theotokos, fount of wisdom, and great help to those in distress,
you are a speedy aid, protectress, and support of the world.

We, the faithful, sing in praise of her who is a sea of compassion,
ineffably praising her radiant omophorion:

"Rejoice, O Maiden, full of grace,
the Lord is with you,/
granting the world great mercy through you!"

The musical notation consists of five staves of neumes on a staff system. The top staff has a treble clef, the second and third staves have bass clefs, and the bottom two staves have bass clefs. The music is in common time. The lyrics are written below each staff, corresponding to the neumes. The notation uses black neumes on white lines, with some neumes having vertical stems or horizontal strokes.

O pure The o - to - kos, fount of wisdom, and great help to those in dis - tress,
you are a speedy aid, protectress, and sup - port of the world.
We, the faith - ful, sing in praise of her who is a sea of com - pas - sion,
ineffably praising her ra - di - ant o - mo - pho - ri - on: Re - joice, O Maid - en, full of grace,
the Lord is with you, granting the world great mer - cy through you!

v. (5) *For Your name's sake I have waited for You, O Lord, my soul has waited for Your word; my soul has hoped on the Lord.*

The wondrous Isaiah prophesied:

"In the latter days," said he, "it will come to pass
that the mountain of the Lord shall be manifest,
and the house of the Lord shall be upon the summit of the mountain."

And of this, O sovereign Lady,
we have seen, in you, the true fulfillment,
for the mountains and hills are adorned with churches
that bear the many names of your festivals.
Therefore, joyfully we sing to you:

"Rejoice, O highly favored Maiden, the Lord is with you,//
granting the world great mercy through you!"

The wondrous I-sa-iah proph-e-sied: In the latter days, said he, it will come to pass
that the moun - tain of the Lord shall be man - i - fest,
and the house of the Lord shall be upon the sum - mit of the moun - tain.
And of this, O sov-er-eign La-dy, we have seen, in you, the true ful - fill - ment,
for the moun - tains and hills are adorned with church - es
that bear the many names of your fes - ti - vals. There - fore, joyfully we sing to you:
Rejoice, O highly favored Maiden, the Lord is with you,

v. (4) *From the morning watch until night, from the morning watch, let Israel hope on the Lord!*

Oh, how marvelous an adornment are you to all the faithful!
 You are the true fulfillment of the prophecies,
 the glory of the Apostles and the beauty of the Martyrs,
 the boast of virginity and the marvelous protection of the whole world.
 O sovereign Lady, protect, with the omophorion of your tender mercy,
 all the people who cry out to you:
 "Rejoice, O Virgin, full of grace,
 the Lord is with you,/
 granting the world great mercy through you!"

all the people who cry out to you: Re - joice, O Virgin, full of grace,
the Lord is with you, granting the world great mer - cy through you!

v. (3) *In the Same Tone, For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.*

The melodious harp of the Divine Spirit, the flute of the Church,
the nightingale, the cicada, chanting the hymns of God,
places his melodious compositions before us all,/
gladdening those who are wise in God.

The melodious harp of the Divine Spirit, the flute of the Church,
the nightingale, the cicada, chanting the hymns of God,
plac-es his melodious compositions be-fore us all, gladdening those who are wise in God.

v. (2) *Praise the Lord, all nations! Praise Him, all peoples!*

The most radiant and shining lampstand,
the sweetly-sounding harp
whose strings are the words of the Spirit, true in meaning,
sings and teaches to the ends of the earth,/
glorifying the brightness of God with never-ceasing hymns.

The most ra - di - ant and shin - ing lamp - stand, the sweet - ly soun - ding harp
whose strings are the words of the Spirit, true in mean - ing,
sings and teach - es to the ends of the earth,
glor - i - fy - ing the bright - ness of God with nev - er ceas - ing hymns.

v. (1) *For His mercy is abundant towards us; and the truth of the Lord endures for ever.*

Now you stand with boldness, O Father, before the Master of all.

Pray that we who celebrate your memory and splendid feast

may be delivered from misfortunes and dangers,//

O divinely blessed Romanus!

Now you stand with boldness, O Father, before the Mas - ter of all.
Pray that we who celebrate your memory and splen - did feast

may be de-liv-ered from mis-for-tunes and dan-gers, O divinely blessed Ro-man-us!

In the Eighth Tone, Glory to the Father, and to the Son, and to the Holy Spirit;

Today the Powers of Heaven rejoice with us,
and the souls of the just are spiritually assembled
to behold the Queen and Mother glorified by the faithful.

They witness the vision of the Mother of God:
her arms outstretched upon the clouds in prayer,
entreating peace for the world,/
strength for Orthodox Christians, and salvation for our souls.

To - day the Powers of Heaven re - joice with us,

and the souls of the just are spiritually as - sem - - bled

to behold the Queen and Mother glo - ri - fied by the faith - ful.

They wit - ness the vision of the Moth - er of God:

her arms outstretched upon the clouds in prayer, en - treat - ing peace for the world,

strength for Orthodox Christians, and salvation for our souls.

In the Same Tone, now and ever, and unto ages of ages. Amen.

The King of heaven, because of His love for man,
appeared on earth and dwelt with men.

He took flesh from the pure Virgin
and after assuming it, He came forth from her.

The Son is one: in two natures, yet one Person.
Proclaiming Him as perfect God and perfect Man,
we confess Christ our God!//

Entreat him, O unwedded Mother, to have mercy on our souls!

The King of Heaven, because of His love for man,
appeared on earth and

dwelt with men. He took flesh from the pure Virgin;

and after assuming it, He came forth from her. The Son is one; in two

natures, yet one person. Proclaiming Him as perfect God and perfect Man,

8

Priest: Wisdom! Let us attend!

Choir: O Gladsome Light ...

Prokeimenon of the Day, Three Readings

Old Testament Readings

Genesis 28:10-17

Ezekiel 43:27-44:4

Proverbs 9:1-11

Priest: Wisdom!

Reader: The reading from the First Book of Moses called Genesis. (*Genesis 28:10-17*)

Priest: Let us attend!

Reader: Jacob left Beersheba and went toward Haran. And he came to a certain place and stayed there that night, because the sun had set. Taking one of the stones of the place, he put it under his head and lay down in that place to sleep. And he dreamed, and behold, there was a ladder set up on the earth, and the top of it reached to heaven. And behold, the angels of God were ascending and descending on it! And behold, the Lord stood above it and said, "I am the Lord, the God of Abraham your father and the God of Isaac. The land on which you lie I will give to you and to your offspring. Your offspring shall be like the dust of the earth, and you shall spread abroad to the west and to the east and to the north and to the south, and in you and your offspring shall all the families of the earth be blessed. Behold, I am with you and will keep you wherever you go, and will bring you back to this land. For I will not leave you until I have done what I have promised you." Then Jacob awoke from his sleep and said, "Surely the Lord is in this place, and I did not know it." And he was afraid and said, "How awesome is this place! This is none other than the house of God, and this is the gate of heaven."

Priest: Wisdom!

Reader: The reading from the prophecy of Ezekiel. (*Ezekiel 43:27-44:4*)

Priest: Let us attend!

Reader: The Lord said, "From the eighth day onward the priests shall offer on the altar your burnt offerings and your peace offerings, and I will accept you, declares the Lord God."

Then he brought me back to the outer gate of the sanctuary, which faces east. And it was shut. And the Lord said to me, "This gate shall remain shut; it shall not be opened, and no one shall enter by it, for the Lord, the God of Israel, has entered by it. Therefore it shall remain shut. Only the prince may sit in it to eat bread before the Lord. He shall enter by way of the vestibule of the gate, and shall go out by the same way."

Then he brought me by way of the north gate to the front of the temple, and I looked, and behold, the glory of the Lord filled the temple of the Lord.

Priest: Wisdom!

Reader: The reading from Proverbs. (*Proverbs 9:1-11*)

Priest: Let us attend!

Reader: Wisdom has built her house; she has hewn her seven pillars. She has slaughtered her beasts; she has mixed her wine; she has also set her table. She has sent out her young women to call from the highest places in the town, "Whoever is simple, let him turn in here!" To him who lacks sense she says, "Come, eat of my bread and drink of the wine I have mixed. Leave your simple ways, and live, and walk in the way of insight." Whoever corrects a scoffer

gets himself abuse, and he who reproves a wicked man incurs injury. Do not reprove a scoffer, or he will hate you; reprove a wise man, and he will love you. Give instruction to a wise man, and he will be still wiser; teach a righteous man, and he will increase in learning. The fear of the LORD is the beginning of wisdom, and the knowledge of the Holy One is insight. For by me your days will be multiplied, and years will be added to your life.

Then, the Augmented Litany

Aposticha – Tone 8

Descending from heaven to ascend the Cross,
the Eternal Life has come for death
to raise those who are fallen;
to enlighten those in darkness.//
Jesus, our Savior and illuminator, glory to You!

The musical score consists of three staves of music. The top staff starts with a treble clef, followed by a bass clef, and then another treble clef. The middle staff starts with a treble clef, followed by a bass clef. The bottom staff starts with a bass clef. The music is in common time. The lyrics are written below the notes in blue ink. The first staff contains the text: "De-scend - ing from heaven to as-cend the Cross, the eternal Life has". The second staff contains the text: "come for death to raise those who had fall - en; to enlighten". The third staff contains the text: "those in dark - ness! O Jesus, our Saviour and Illuminator, glo - ry to You!" There are several slurs and grace notes throughout the music.

v. *The Lord is King; He is robed in majesty!*

We glorify Christ, who rose from the dead.
He accepted the human body and soul,
and freed both from sufferings.
His most pure soul descended to Hades, which He spoiled.
His holy body did not see corruption in the tomb.//
He is the Redeemer of our souls.

We glo - rify Christ Who rose from the dead! He accepted the human

bo - dy and soul, and freed both from suf - fer - ings! His most pure

soul descended to Ha - des, which He spoiled! His holy body did not see

cor -rup - tion in the tomb! He is the Re-deem - er of our souls!

v. For He has established the world, so that it shall never be moved.

In psalms and songs we glorify Your Resurrection from the dead, O Christ.

By it, You have freed us from the tortures of hell//
and as God have granted us eternal life and great mercy.

In psalms and songs we glorify Your Resurrection from the dead, O Christ!

By it, You have freed us from the tor - tures of hell,
and as God have granted us eternal life and great mer - cy!

v. Holiness befits Your house, O Lord, forevermore!

O Master of all, incomprehensible Creator of heaven and earth,
by Your suffering on the Cross You have gained passionlessness for me.
Accepting burial and arising in glory,
You resurrected Adam with Yourself by Your almighty hand.
Glory to Your rising on the third day!
By it You have granted us eternal life and cleansing of sins//
as the only compassionate One.

O Ma - ster of all, incomprehensible Creator of hea - ven and earth!
By Your suffering on the Cross You have gained pas - sion - less - ness for me!
Accepting burial and a - ris - ing in glo - ry, You resurrected Adam

with Yourself by Your Al - might - y hand! Glory to Your rising
 on the third day! By it You have granted us eternal
 life and clean - sing of sins as the only com-pas - sion-ate One!

In the Sixth Tone, Glory to the Father, and to the Son, and to the Holy Spirit;

O Romanus, our father,
 you showed yourself to be the first-fruits of good works,
 a starting point of salvation;
 for, composing angelic songs, you revealed your life to be divine.
 Entreat Christ God
 that He may deliver from dangers and tribulations//
 those who sing praises to you!

O Romanus, our fa-ther, you showed yourself to be the first-fruits of good works,
 a starting point of sal - va - tion;

for, composing angelic songs, you revealed your life to be di-vine. Entreat Christ God
that He may deliver from dangers and tri-bu-la - tions those who sing prais-es to you!

In the Second Tone, now and ever, and unto ages of ages. Amen.

The Church of God is adorned as with a shining crown
by your precious veil, O Theotokos.

Today she shines with joy,
celebrating mystically and crying to you:
“Rejoice, precious raiment and crown of the glory of God!
Rejoice, only fulfillment of glory and eternal joy!
Rejoice, haven of those who run to you,/
our deliverance and our salvation!”

The Church of God is adorned as with a shin - ing crown
by your precious veil, O The - o - to - kos.
To - day she shines with joy, celebrating mystically and cry - ing to you:
Rejoice, precious raiment and crown of the glor - y of God!

Re - joice, only fulfillment of glory and e - ter - nal joy!

Rejoice, haven of those who run to you, our deliverance and our sal - va - tion!

(at Great Vespers)

Tone 8

Troparion

(Resurrection)

You descended from on high, O Merciful One!

You accepted the three day burial to free us from our sufferings!//

O Lord, our Life and Resurrection, glory to You!

You de - scend - ed from on high, O Mer - ci - ful One!

You ac-cept-ed the three-day burial to free us from our suf - fer - ings!

O Lord, our Life and Re - sur - rec - tion: Glo - ry to You!

Glory to the Father, and to the Son, and to the Holy Spirit;

Tone 4

Troparion

(for Venerable Romanus)

You gladdened Christ's Church by your melodies
like an inspired heavenly trumpet.

You were enlightened by the Mother of God
and shone on the world as God's poet.//

We lovingly honor you, righteous Romanus.

Soprano
Alto

You gladdened Christ's Church by your mel - o - dies

Tenor
Bass

like an inspired heavenly trum - pet. You were

enlightened by the Moth - er of God and shone on the

world as God's po - et. We lovingly honor you,

righteous Ro - man - us.

now and ever, and unto ages of ages. Amen.

Tone 4

Troparion

(for the Protection)

Today the faithful celebrate the feast with joy,
illumined by your coming, O Mother of God.

Beholding your pure image, we fervently cry to you:

"Encompass us beneath the precious veil of your protection;
deliver us from every form of evil
by entreating Christ, your Son and our God,//
that He may save our souls."

Soprano
Alto

Today the faithful celebrate the feast with joy

Tenor
Bass

illumined by your coming, O Moth - er of God. Beholding

your pure image we fervently cry to you: "Encompass us

beneath the precious veil of your pro - tect - ion; deliver us

from every form of e - vil by entreating Christ,

your Son and our God that He may save our souls."

(at the Divine Liturgy)

Tone 8

Troparion

(Resurrection)

You descended from on high, O Merciful One!
You accepted the three day burial to free us from our sufferings!//
O Lord, our Life and Resurrection, glory to You!

The musical score consists of three staves of music for two voices. The top staff uses soprano and alto voices, while the bottom staff uses tenor and bass voices. The music is in common time, with a key signature of one flat. The lyrics are written below each staff. The first staff contains the text "You de-scend-ed from on high, O Mer-ci-ful One!". The second staff contains "You ac-cept-ed the three-day burial to free us from our suf-fer-ings!". The third staff contains "O Lord, our Life and Re-sur-rec-tion: Glo-ry to You!".

Tone 4

Troparion

(for the Protection)

Today the faithful celebrate the feast with joy,
illumined by your coming, O Mother of God.
Beholding your pure image, we fervently cry to you:
“Encompass us beneath the precious veil of your protection;
deliver us from every form of evil
by entreating Christ, your Son and our God,//
that He may save our souls.”

The musical score consists of four staves of music for four voices: Soprano, Alto, Tenor, and Bass. The music is in common time, with a key signature of one flat. The lyrics are written below each staff. The lyrics are: "Today the faithful celebrate the feast with joy".

illuminated by your coming, O Moth - er of God. Beholding
 your pure image we fervently cry to you: "Encompass us
 beneath the precious veil of your pro - tect - ion; deliver us
 from every form of e - vil by entreating Christ,
 your Son and our God that He may save our souls."

Tone 4

Troparion

(for Venerable Romanus)

You gladdened Christ's Church by your melodies
like an inspired heavenly trumpet.

You were enlightened by the Mother of God
and shone on the world as God's poet.//
We lovingly honor you, righteous Romanus.

Tone 8

Kontakion

(for Venerable Romanus)

You were adorned from childhood with the godly virtues of the Spirit;
you were a precious adornment of the Church of Christ, all-wise Romanus,
for you made it lovely with beautiful hymnody.

Therefore we entreat you, grant your divine gift to those who desire it, that we may cry out to you: "Rejoice, all-blessed Father, beauty of the Church!"

Soprano
 Alto

You were a - dorned from childhood with the godly
 virtues of the Spir - it; you were a pre- cious a - dorn-ment
 of the Church of Christ, all - wise Rom - an - us, for you
 made it love - ly with beautiful hym - no - dy. There - fore,
 we en - treat you, grant your divine gift to those who
 de - sire it, that we may cry out to you: "Rejoice, all -

Glory to the Father, and to the Son, and to the Holy Spirit;

Tone 3

Kontakion

(for the Protection)

Today the Virgin stands in the midst of the Church,
and with choirs of saints she invisibly prays to God for us.
Angels and bishops worship,
Apostles and Prophets rejoice together,//
since for our sake she prays to the pre-eternal God.

Soprano
Alto

To - day the Virgin stands in the midst of the Church

Tenor
Bass

and with choirs of saints she invisibly prays to God

for us. An-gels and bi - shops wor - ship, apostles and

prophets rejoice to - geth - er, since for our sake she

prays to the pre - e - ter - nal God.

now and ever, and unto ages of ages. Amen.

Tone 8

Kontakion

(Resurrection)

By rising from the tomb, You raised the dead and resurrected Adam.

Eve exults in Your Resurrection,

and the world celebrates Your rising from the dead, O greatly Merciful One!

By ri-sing from the tomb, You raised the dead and resurrected A - dam.

Eve ex - ults in Your Re-sur-rec - tion. And the world ce - le - brates Your

rising from the dead, O great - ly Mer - ci - ful One!

Prokeimenon, Tone 8

Reader: The Prokeimenon, in the 8th Tone: Pray and make your vows before the Lord, our God!

Choir: Pray and make your vows before the Lord, our God!

Pray and make your vows
be - fore the Lord our God!

Reader: In Judah God is known; His name is great in Israel.

Choir: Pray and make your vows before the Lord, our God!!

Pray and make your vows
be - fore the Lord our God!

Reader: In the 3rd Tone, the Song of the Theotokos, My soul magnifies the Lord, and my spirit rejoices in God my Savior.

Choir: My soul magnifies the Lord, and my spirit rejoices in God my Savior.

My soul mag - ni - fies the Lord; and my spirit re - joic - es in
God, my Sav - - - ior.

Deacon: Wisdom!

Epistle: (182-ctr) – 2 Corinthians 6:16-7:1 and (320) – Hebrews 9:1-7 (Protection)

Reader: The Reading from the Second Epistle of the Holy Apostle Paul to the Corinthians.

Deacon: Let us attend!

Reader: Brothers and sisters, you are a sanctuary of the living God. Even as God said, "I will dwell in them, and walk in them; and I will be their God, and they will be my people."

Therefore:

'Come out from among them and be separate,' says the Lord.

'Touch no unclean thing. I will receive you.'

I will be a Father to you.

You will be to me sons and daughters,'

says the Lord Almighty."

Since we have these promises, beloved, let us purify ourselves from all defilement of flesh and spirit, so that we may bring our holiness to completion in the fear of God.

Brothers and Sisters, even the first tabernacle and covenant had ordinances of divine service and an earthly sanctuary. A tabernacle was set up: the lampstand, the table, and the show bread were in the first part which is called the Holy Place. Beyond the second veil was found the tabernacle, which is called the Holy of Holies. It had a golden altar of incense and the Ark of the Covenant all covered with gold. The Ark contained a golden jar holding the manna, Aaron's rod that budded, and the tablets of the covenant. Above it, cherubim of glory overshadowed the mercy seat, but now we cannot speak about these things in detail. According to this arrangement, priests are continually entering the outer tabernacle, accomplishing the rites of offering divine service. Into the second tabernacle, only the high priest enters, once a year and with blood, which he offers for himself and for the sins committed in ignorance by the people.

Priest: † Peace be to you.

Alleluia: Tone 8

Reader: **And to Your spirit.** In the 8th Tone: Alleluia, Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior!

Choir: Alleluia! Alleluia! Alleluia!

Reader: Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise!

Choir: Alleluia! Alleluia! Alleluia!

Reader: In the Same Tone, Hear, O daughter, and see, and incline your ear!

Choir: Alleluia! Alleluia! Alleluia!

Gospel: (26) – Luke 6:31-36 and **(54)** – Luke 10:38-42; 11:27-28 (*Protection*)

Priest: The reading from the Holy Gospel according to St. **Luke**

Choir: Glory to You O Lord, Glory to You.

Priest: The Lord said, As you would like others to do to you, do the same to them. If you love those who love you, what credit is that to you? Even sinners love those who love them! And if you do good to those who do good to you, what credit is that to you? For even sinners do the same! If you lend to those from whom you hope to receive back, what credit is that to you? For even sinners lend to sinners, to receive back as much. But love your enemies, and do good, and lend, expecting nothing back. Then your reward will be great and you will be children of the Most High, for he is kind even to the ungrateful and evil.

Therefore, be merciful, even as your Father is also merciful.

At that time, Jesus entered into a village, and a certain woman named Martha received him into her house. She had a sister called Mary who also sat at Jesus' feet and listened to his word. However, Martha was distracted with much serving. She came up to Jesus, and said, "Lord, do you not care that my sister has left me to serve alone? Ask her to help me!"

But Jesus answered, "Martha, Martha, you are anxious and troubled about many things! Yet one thing is needed, and Mary has chosen the good part, which will not be taken away from her."

As Jesus was saying these things, a woman called out from the crowd and said to him, "Blessed is the womb that bore you, and the breasts which nursed you!"

But Jesus said, "Yes, and more than that, blessed are those who hear the word of God and keep it."

Choir: Glory to You O Lord, Glory to You.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest!

I will receive the cup of salvation and call on the name of the Lord.

Alleluia, Alleluia, Alleluia!