

*Hieromarty Zenóbius
and his sister Zenobia*

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Welcome! We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

Regular services:

Great Vespers, *Saturday at 6:30pm*

Confession, *immediately following Great Vespers, other times by appointment.*

Third and Sixth Hour Prayers, *Sunday at 9:40am*

Divine Liturgy, *immediately following the hours.*

Music Rehearsals, *Saturday at 6:00pm*

621 Kellogg Avenue, Ames, Iowa 50010
(corner of 7th and Kellogg)

Resurrectional Troparion – Tone 2

When You descended to death, O Life Immortal,
You destroyed hell with the splendor of Your Godhead.
And when from the depths You raised the dead,
all the powers of heaven cried out://
“O Giver of life, Christ our God, glory to You!”

Troparion for Ss. Zenóbius and Zenobía – Tone 4

As brother and sister united in godliness
together you struggled in contest Zenóbius and Zenobía.
You received incorruptible crowns
and unending glory
and shine forth with the grace of healing upon those in the world.

Glory to the Father and to the Son and to the Holy Spirit,

Kontakion for Ss. Zenóbius and Zenobía – Tone 8

Let us honor with inspired hymns the two martyrs for truth:
the preachers of true devotion, Zenóbius and Zenobía;
as brother and sister they lived and suffered together//
and through martyrdom received their incorruptible crowns.

now and ever and unto ages of ages, amen.

Resurrectional Kontakion – Tone 2

Hell became afraid, O almighty Savior,
seeing the miracle of Your Resurrection from the tomb!
The dead arose! Creation, with Adam, beheld this and rejoiced with You,//
and the world, my Savior, praises You forever.

Epistle: (194) – 2 Corinthians 11:31-12:9

Prokeimenon, Tone 2

Reader: The Prokeimenon, in the 2nd Tone: The Lord is my strength and my song; He has become my salvation.

Choir: The Lord is my strength and my song; He has become my salvation.

Reader: The Lord has chastened me sorely, but He has not given me over to death.

Choir: The Lord is my strength and my song; He has become my salvation.

Reader: The Lord is my strength and my song ...

Choir: ... He has become my salvation.

Deacon: Wisdom!

Reader: Brethren, the God and Father of our Lord Jesus Christ, he who is blessed unto the ages, knows that I do not lie. In Damascus, the governor of King Aretas guarded the city, desiring to arrest me. But I was let down in a basket along the wall through a window, and this is how I escaped from his hands.

Without a doubt, it is not profitable for me to boast, but I will now discuss visions and revelations from the Lord. I know a man in Christ who fourteen years ago was caught up into the third heaven (whether it was in the body, I do

not know, or whether out of the body, I do not know; God knows). Yes, I know such a man (whether in the body, or outside of the body, I do not know; God knows), how he was caught up into Paradise, and heard ineffable words, which it is not lawful for anyone to utter. On behalf of such a person, I will boast, but on my own behalf I will not boast, except in my weaknesses. If my intention is to boast, I will not be foolish: I will speak the truth. But now, I shall stop, so that no one may think more of me than what is seen in me or heard from me. Because of the tremendous greatness of these revelations, a thorn in the flesh was given to me, a messenger of Satan that torments me, so that I would not be too exalted. Concerning this thing, I begged the Lord three times that it might depart from me, but he replied to me, “My grace is sufficient for you, for my power is made perfect in weakness.” And so, it is with joy that I would rather find glory in my weaknesses, so that the power of Christ may rest on me.

Priest: Peace be to you.

Alleluia: Tone 2

Reader: **And to Your spirit.** In the 2nd Tone: Alleluia, Alleluia, Alleluia!

Choir: Alleluia! Alleluia! Alleluia!

Reader: May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you!

Choir: Alleluia! Alleluia! Alleluia!

Reader: Save the King, O Lord, and hear us on the day we call!

Choir: Alleluia! Alleluia! Alleluia!

Gospel: (38) – Luke 8:26-39

Priest: The reading from the Holy Gospel according to St. **Luke.**

Choir: Glory to You O Lord, Glory to You.

At that time, Jesus reached the country of the Gadarenes, which is opposite Galilee.

When Jesus stepped ashore, a man from the town who had had demons for a long time came to meet him. This man wore no clothes, and he did not live in a house, but in the tombs. When he saw Jesus, he cried out and fell down before him. With a loud voice, he said, “What do you want from me, Jesus, you Son of the Most High God? I beg you, do not torment me!”

(For Jesus commanded the unclean spirit to come out of the man). The unclean spirit had often seized the man and he was kept under guard, bound with chains and fetters. But he had been breaking the chains and was driven by the demon into deserted places.

Jesus asked him, “What is your name?”

He replied, “Legion,” for many demons had entered into him. And he begged Jesus not to command them to go into the abyss. Now there was a large herd of swine feeding on the mountain, and the demons begged him that he would allow them to enter into those pigs; and Jesus allowed them. The demons came out from the man and entered into the pigs. Then the herd rushed down the

steep bank into the lake and the swine were drowned. When the people who fed the pigs saw what had happened, they fled and told the story in the city and in the countryside.

Then people went out to see what had happened. They came to Jesus and found the man from whom the demons had gone out. He was sitting at Jesus' feet, clothed and in his right mind; and they were afraid. Those who had seen it told the people how the demon-possessed man had been delivered. All the people of the surrounding country of the Gadarenes asked Jesus to depart from them, because they were extremely afraid. So he got into the boat and went back. The man from whom the demons had gone out begged to go with Jesus, but Jesus sent him away, saying: "Return to your house and proclaim what great things God has done for you." So the man went on his way, proclaiming throughout the whole city what great things Jesus had done for him.

Choir: Glory to You O Lord, Glory to You.

Please join us in our fellowship hour immediately following the dismissal!

Annual Meeting – November 13 immediately after the Divine Liturgy

It is annual meeting time! We will elect members to the Mission Parish Council for 2017, and adopt our operating budget. Please plan on attending!

Our anticipated budget for 2017 is around \$60,000. We ask all members to prayerfully consider a pledge amount for the upcoming year. Our budget is what provides for the maintenance and upkeep of the building, the Temple where we worship, and allow us to enhance the facilities here for the benefit of the community. It also allows us to do outreach and publicize our presence in the Ames/Central Iowa area, and to support the ministry to students in our community.

Longer term goals include growing the parish to allow us to attain full parish status within the Diocese and the OCA, to provide charity for those in need beyond what we currently do, to provide for a full-time salary for a priest, and to develop ministries to meet the needs of our neighbors in Central Iowa. Providing a full-time salary for the priest, while some ways away, will allow us to have a more full cycle of services, including weekday services and festal services.

In the Old Testament, the first 10% was offered to the Lord (via the Temple) and almsgiving was on top of that. In the Book of the Acts of the Apostles, it indicates the first believers gave 100% of their income and resources! Then the Church gave back to each according to need. (Thank God we don't do *that* anymore!)

Spiritually, the more one gives the less they are inhibited by worry and the more they become detached from possessions – a great spiritual benefit! The Lord promises us that our needs will be met, so that we can be generous.

So, consider your Love for God, and for his bride, the Church, and please pledge, and give, generously.