

*Sunday of the Forefathers of Christ
Repose of St. Herman of Alaska*

Fr. Martin D. Watt, Priest-in-Charge

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Welcome! We are honored that you have joined us in our celebration of the Lord's resurrection this day.

If you are a first time visitor to our parish, we invite you to sign our guest book. If you have a question, a prayer request, or any need, please speak with Fr. Marty, or with any parish member.

For our friends present with us who are not Orthodox Christians, please note that we have specific disciplines regarding receiving Communion. We ask that you refrain from going to Communion until you have spoken with Fr. Marty and understand our discipline and piety regarding this sacrament and its implication for responsibility towards and membership in the Orthodox Church. The bread and wine offered after communion and the bread offered at the end of the service is available to all.

If you are an Orthodox Christian from another parish who has prepared in accordance with your discipline, and have a blessing from your home priest to do so, we invite and encourage you to partake of Holy Communion.

This booklet contains the variable hymns and readings specific to today. Please feel free to take it with you. There are coil-bound booklets with the text for the Divine Liturgy – if you find it useful, please feel free to take one of those as well, with our compliments.

We also hope you will stay and join us in our coffee and fellowship hour, which immediately follows the service. We want the opportunity to get to know you, and for you to get to know us. Again, welcome!

Regular services:

Great Vespers, Saturday at 6:30pm

Confession, immediately following Great Vespers, other times by appointment.

Third and Sixth Hour Prayers, Sunday at 9:40am

Divine Liturgy, immediately following the hours.

Music Rehearsals, Saturday at 6:00pm

621 Kellogg Avenue, Ames, Iowa 50010
(corner of 7th and Kellogg)

Resurrectional Troparion – Tone 3

Let the heavens rejoice!

Let the earth be glad!

For the Lord has shown strength with His arm.

He has trampled down death by death.

He has become the first born of the dead.

He has delivered us from the depths of hell,

and has granted to the world//

great mercy.

Troparion for St. Herman – Tone 7

Joyful North Star of the Church of Christ,

guiding all people to the Heavenly Kingdom;

teacher and apostle of the True Faith;

intercessor and defender of the oppressed;

adornment of the Orthodox Church in America:

Blessed Father Herman of Alaska//

pray to our Lord Jesus Christ for the salvation of our souls!

Troparion for the Forefathers – Tone 2

Through faith You justified the Forefathers,

betrotting through them the Church of the gentiles.

These saints exult in glory,

for from their seed came forth a glorious fruit:

she who bore You without seed//

So by their prayers, O Christ God, have mercy on us!

Kontakion for the Forefathers – Tone 6

You did not worship the graven image,

O thrice-blessed ones,

but armed with the immaterial Essence of God,

you were glorified in a trial by fire.

From the midst of unbearable flames you called on God, crying:

“Hasten, O compassionate One!

Speedily come to our aid,//

for You are merciful and able to do as You will!”

Glory to the Father and to the Son and to the Holy Spirit,

Kontakion for St. Herman – Tone 3

The eternal light of Christ our Savior

guided you, blessed Father Herman,

on your evangelical journey to America

to proclaim the Gospel of peace.

Now you stand before the throne of glory;

intercede for your land and its people:

peace for the world and salvation for our souls!

now and ever and unto ages of ages, amen

Resurrectional Kontakion – Tone 3

On this day You rose from the tomb, O Merciful One,

leading us from the gates of death.

On this day Adam exults as Eve rejoices;
with the Prophets and Patriarchs//
they unceasingly praise the divine majesty of Your power.

Epistle: (257) – Colossians 3:4-11 (for the Forefathers) and (213) Galatians 5:22-6:2 (for St. Herman)

Priest: Let us attend! +Peace be unto all!

Reader: And with your spirit!

Priest: Wisdom!

Prokeimenon, Tone 4

Reader: The Prokeimenon, in the 4th Tone, the Song of the Fathers: Blessed are You, O Lord God of our fathers, and praised and glorified is Your name forever!

Choir: Blessed are You, O Lord God of our fathers, and praised and glorified is Your name forever!

Reader: The Lord has chastened me sorely, but He has not given me over to death.

Choir: Blessed are You, O Lord God of our fathers, and praised and glorified is Your name forever!

Reader: In the Seventh Tone, Precious in the sight of the Lord is the death of His saints.

Choir: Precious in the sight of the Lord is the death of His saints.

Deacon: Wisdom!

Reader: The Reading from the Epistle of the Holy Apostle Paul to the Colossians.

Deacon: Let us attend!

Reader: Brethren, When Christ Who is our life, shall appear, then shall ye also appear with Him in glory. Therefore mortify your worldly members: fornication, pollution, passion, evil desire, and covetousness, which is idolatry: for which things the wrath of God is coming upon the children of disobedience, in which you also once walked when you lived in them. But now you must also put away all anger, wrath, malice, blasphemy, [and] filthy speech out of your mouth. Do not lie to one another, since you have put off the old man with his deeds, and have put on the new man who is renewed in knowledge according to the image of Him Who created him, where there is neither Greek nor Jew, circumcision nor uncircumcision, Barbarian, Scythian, bond nor free, but Christ is all, and in all.

Brethren, the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, self-control. Against such there is no law. And they that are Christ's have crucified the flesh with its passions and lusts. If we live in the Spirit, let us also walk in the Spirit. Let us not be desirous of vainglory, provoking one another, envying one another. Brethren, if a man is overtaken by any fault, you, who are spiritual, restore such a one in a spirit of meekness, considering thyself lest thou also be tempted. Bear ye one another's burdens, and so fulfill the law of Christ

Priest: Peace be to you.

Alleluia: Tone 4

*Reader: **And to Your spirit.** In the 4th Tone: Alleluia, Moses and Aaron were among His priests; Samuel also was among those who called on His Name.*

Choir: Alleluia! Alleluia! Alleluia!

Reader: They called to the Lord and He answered them.

Choir: Alleluia! Alleluia! Alleluia!

Reader: In the Sixth Tone, His seed shall be mighty in the land.

Choir: Alleluia! Alleluia! Alleluia!

Gospel: (76) – Luke 14:16-24 (*Forefathers*) and (24) Luke 6:17-23 (*St. Herman*)

Priest: The reading from the Holy Gospel according to St. **Luke**.

Choir: Glory to You O Lord, Glory to You.

Priest: Let us Attend!

The Lord said this parable: "A certain man gave a great supper and invited many, and sent his servant at supper time to say to those who were invited, 'Come, for all things are now ready.' But they all with one accord began to make excuses. The first said to him, 'I have bought a piece of ground, and I must go and see it. I ask you to have me excused.' And another said, 'I have bought five yoke of oxen, and I am going to test them. I ask you to have me excused.' Still another said, 'I have married a wife, and therefore I cannot come.' So that servant came and reported these things to his master. Then the master of the house, being angry, said to his servant, 'Go out quickly into the streets and lanes of the city, and bring in here the poor and the maimed and the lame and the blind.' And the servant said, 'Master, it is done as you commanded, and still there is room.' Then the master said to the servant, 'Go out into the highways and hedges, and compel them to come in, that my house may be filled. For I say to you that none of those men who were invited shall taste my supper.' For many are called, but few are chosen."

At that time, Jesus stood on a level place with a crowd of His disciples and a great multitude of people from all Judea and Jerusalem, and from the seacoast of Tyre and Sidon, who came to hear Him and be healed of their diseases, as well as those who were tormented with unclean spirits. And they were healed. And the whole multitude sought to touch Him, for power went out from Him and healed them all. Then He lifted up His eyes toward His disciples, and said: "Blessed are you poor, For yours is the kingdom of God. Blessed are you who hunger now, For you shall be filled. Blessed are you who weep now, For you shall laugh. Blessed are you when men hate you, And when they exclude you, And revile you, and cast out your name as evil, For the Son of Man's sake. Rejoice in that day and leap for joy! For indeed your reward is great in heaven.

Choir: Glory to You O Lord, Glory to You.

Communion Hymn:

Praise the Lord from the heavens! Praise Him in the highest! Rejoice in the Lord, O you righteous; praise befits the just! The righteous shall be in everlasting remembrance. He shall not fear evil tidings.
Alleluia, Alleluia, Alleluia!

Please join us in our fellowship hour immediately following the dismissal!
